



The COMMITTED

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Dreams



Dear Readers,

We have now reached the age of ten. Ten years amounts to a strong accumulation of memories. Especially when we are talking about the memories stored up in the pages of a magazine. In celebrating this milestone, I would like to express my gratitude towards the editorial board along with all of those who contributed to the production of this very special edition of the Committed.

In my view, dreams are the only things which can never be taken away from a person and the individual choices we determine for ourselves are the royal road to realising our most heartfelt dreams.

As a civil society organisation dedicated to the provision of quality educational opportunities, our dreams have always been invested in the youth of Turkey. In order to turn these dreams into reality, we continue to forge ahead relentlessly. It is at this point that I would like to appeal to the families of our students and all of the educationalists in our network, DREAM AND TEACH OUR STUDENTS TO DREAM!

I find the following quote from Malcom Gladwell's 'Outliers' particularly instructive:

"...The tallest oak in the forest is the tallest not just because it grew from the hardest acorn; it is the tallest also because no other trees blocked its sunlight, the soil around it was deep and rich, no rabbit chewed through its bark as a sapling and no lumberjack cut it down before it grew large."

It falls upon us to give free reign to our own oak trees, when necessary to protect them against the harshest of winds, to teach them the way to grow and to flourish to their maximum potential.

So, my greatest wish for the cherished youth of our country is simply this... dream! Dream for your own future, dream to become the person you want to be, dream for a better world for all. Dream for all of these things but never, ever give up on your dreams. To realise all of your dreams just close your eyes and really think, 'What do I need to do? How can my dreams come true?' Once you have asked yourself this question, we will do our very best to help you achieve your dreams.

It is fitting to conclude with some lines from John Lennon's 'Imagine':

*Above us only sky
Imagine all the people
living for today...
No need for greed or hunger
A brotherhood of man
Imagine all the people
Sharing all the world...
You may say I'm a dreamer
but I'm not the only one
I hope some day you'll join us
And the world will live as one*

With my sincere best wishes.

Selçuk PEHLİVANOĞLU
Turkish Education Association President



The CommitTED

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Dreams

For this year's edition of CommitTED we have simply provided our writers with a concept, that of 'dreams' and invited them to respond to and interpret it in any way they choose.

Of course, the notion of 'dreams' immediately divides into two branches of interpretation. In the first, students may approach the theme with a literal definition of a 'dream' as a succession of images that emerge in the mind while sleeping. By perceiving the concept of 'dreams' in this way, our students were given the opportunity to give full freedom to their storytelling skills when recounting meaningful, portentous, amusing, bizarre or surreal dreams they had experienced. As the very earliest verbal means of social or group bonding, the ability to tell a story well is still a hugely important one and it was good to see that our students have honed this most vital of social skills to an impressive degree. Given that the memory is unreliable and the details of the previous night's dream can so easily slide away upon waking, our students also needed to use their creativity to recall, piece together and provide narrative coherence to their stories. It should also be remembered that, although the theme of 'dreams' might suggest a positive interpretation, students were also given scope to describe nightmares, by expressing their deepest fears and anxieties regarding the present and the future.

The second reaction to the theme was to interpret 'dreams' as future-oriented ambitions or aspirations. In this volume we see that our students' 'dreams' in this respect are often of a truly inspirational and uplifting nature. On a micro level, students recounted what they hope to achieve during their own personal

lives. It was heartening here to get a measure of our students' ambition and the heartfelt belief and confidence that they will be able to truly make a significant difference in life. On a macro level, students were able to articulate their hopes, ambitions and positive wishes for their society, country, or humankind more generally. During a time when the whole world is collectively going through the same apprehensions and uncertainties, this global attention to the condition of our common humanity allowed us to glimpse an impressive level of maturity and empathy among our students.

Despite going through a year of unprecedented upheaval and disruption in their own lives (and also in the lives of their parents and teachers), the level of positivity, energy and optimism which our students have revealed in this collection is both reassuring and cheering.

All this makes for an especially interesting edition of CommitTED where our students have responded to the theme with creativity, originality and, above all else, in a deeply personal and individual way. The sheer variety of contributions in this volume make it a particularly memorable one which is entirely fitting for the 10th year of the CommitTED journey.

To conclude with Paulo Coelho from his novel, 'The Pilgrimage':

"We must never stop dreaming. Dreams provide nourishment for the soul, just as a meal does for the body."

CONTENTS

TED ADANA COLLEGE

- 08 *Take Action For Your Dreams* by Ada PAKYÜREK
- 09 *Tears of Happiness* by Doğa PAKYÜREK
- 10 *Dreams* by Kaan ATAMAN
- 11 *Dreams* by Oktay Atakan TOSUN
- 12 *Dreams* by Şebnem GÖKTAŞ

TED AFYON COLLEGE

- 13 *A Song to Sing* by Batuhan ULUKÜTÜK
- 14 *Dreams: Reality or Fiction?* by Akifenur KIRKER
- 15 *A Happy Man Is A Dreaming Man!* by Güneş Yaren İSPİR
- 16 Cenk Berk YARDIMCI

TED ALANYA COLLEGE

- 17 *I'm Living In My Own Little World* by Alp Deniz ABDUŞ
- 18 *Some Dreams* by İlkim ASLAN
- 19 Nehir ERSOY

TED ALİAĞA COLLEGE

- 20 *Infinity & Limits* by Deniz Ece ERPINAR
- 21 *What is My Dream?* by Ege LAÇİNEL
- 22 Berinay ERİM
- 23 Eda Nehir DENİZ
- 24 Nehir TOKER

TED ANKARA COLLEGE

- 25 *Worth Telling* by Defne ADİLOĞLU
- 26 *The Empty Talk of the Dreamer* by Özgür ARSLAN
- 27 *Imaginary Senses* by Selin KAYA
- 30 *Hope Is The Key* by Ceylin ÇELİKDEMİR
- 31 *Dreamers* by Doğa SİVRİ
- 32 *I Have A Dream* by Elif Naz KOÇ
- 33 *Waiting Room* by Naz ESKİN
- 35 *Mountain* by Zeynep Mira UTKU

TED ANTALYA COLLEGE

- 36 *Dreams* by Dilara UYAR
- 37 *One Step Closer* by Arda YILDIZ
- 38 Özge ÇITAK

TED ATAĞENT ESENYURT COLLEGE

- 39 *Dream Hot Chocolate for Winter* by Defne ALOĞLU
- 40 *Lime The Mime* by Ayşenaz BAIN
- 41 *5 Interesting Facts About Dreams:* by Talya KATZ
- 42 Simge ATASOY
- 43 Ayşe Nil CEMİLOĞLU

TED ATAĞENT HALKALI COLLEGE

- 44 *Dreams Are Awesome* by Bora ARSLAN
- 45 *Dream of an Equal World* by Kaan KÜÇÜKEMİROĞLU
- 46 *That's What I Dream* by Onur YİĞİT
- 47 Beril HIZLI
- 48 Ceren AKDENİZ

TED BATMAN COLLEGE

- 49 *A Torch From Batman* by Ayşegül GÜLTEKİN
- 50 *Nourish Your Soul With Music* by Cemre EREN
- 51 *After It Ends* by Elif TANRISEVEN
- 52 *A Year In House* by Gazal Naz KUYUMCU

TED BODRUM COLLEGE

- 53 *Dream* by Berker ŞAYLAN
- 54 *A Product of the Subconscious: Dream* by Esmâ NAYIR
- 55 *Michael's Dream* by Cemre İLHAN
- 56 Mehmet Ali KOĞA

TED BURSA COLLEGE

- 57 *Dreams* by Gülsün PAMUK
- 58 *Achieving Your Dreams* by İsa Yusuf SEVİ
- 59 *Limitless Thoughts* by Sahra TUNA
- 60 *What Happens To The Brain During Sleep?* by Selen GÜNERİ
- 63 *Shadows and Voices* by Zeynep AKDOĞAN

TED ÇORUM COLLEGE

- 64 *Dreaming* by Berin TARGAN
- 65 *10 Years Ago* by Muhammet Yağız ILGAZ
- 66 *My Dream World* by Naz ZEREN
- 67 *Impressions from my school in the UK* by Yusuf GERGERLİOĞLU

TED DENİZLİ COLLEGE

- 68 *No Dream No Gain* by Şevval BERBER
- 69 *Dream It Till You Make It* by Demiralp DEYNELİ
- 70 *Need For Dreams* by Selin SELÇUK
- 71 *I Dream Therefore I Am* by Selbin DUMAN
- 72 İrem ARAZ

TED DİYARBAKIR COLLEGE

- 73 *Dreams* by Beyza KAYA
- 74 *Dreams* by Kemal YAZICIOĞLU
- 75 *Follow Your Dreams* by İlkin TOKLU
- 76 *Determine Your Dream* by Öykü İrmak BAYINDIR-Rojin Asmin ARSLAN
- 77 Asmin KAYA

TED EDİRNE COLLEGE

- 78 *An Interview On Dreams* by Ayşe Nil ERMEYDAN
- 79 *Dreams Make My World Spin* by İrmak Tuana ÖZTURAN
- 81 *Dreams* by Nehir GÖNÜL
- 82 *Dream* by Işık ÇELİK

TED EGE COLLEGE

- 83 *Ballad Of The Wildest Dreams* by Sude SERTDURAK
- 84 *Dream Life* by Ceren ERHÜNER

- 85 *Cosmos* by Ebru KARAGÖZ
- 86 *Dreams* by Sude Suğra KURT
- 87 Nehir KARAEMİNOĞULLARI

TED ELAZIĞ COLLEGE

- 88 *My Future Dream* by Uğur CAN
- 89 *Shipwreck* by Arda GÜRSEL

TED ESKİŞEHİR COLLEGE

- 90 İrem Başak ERDOĞAN

TED GAZİANTEP COLLEGE

- 91 *The Mysteries of Dreams* by Melis ÖZPEKMEZCİ - Sena ÇİNPOLAT - Zeynep ÖZCAN

TED HATAY COLLEGE

- 92 *Why Do We Dream?* by Aliye ÇAĞLAR
- 93 *The World In My Dreams* by Defne Sevinç ÇELENK
- 94 *My Dream: Recycling For A Better Life* by Ferit ÇOLAK
- 95 *Dreams Can Come True* by Liza İrmak ATAHAN
- 96 *Imagination* by Selin KARAGÖZ

TED İSPARTA COLLEGE

- 97 Zara Nur BAŞODA

TED İSTANBUL COLLEGE

- 98 *My Dreams* by Naz Ayşe CEYLAN
- 99 *My Dad's Dream* by İrem PEKMEZCİ
- 101 *What Are Dreams?* by Burcu BİRLER
- 102 *The Day Will Come* by Çağla Su GÜREŞ
- 103 *Dreams They Say...* by Defne KIRLAK

TED İZMİR COLLEGE

- 104 *I Dream of Fun* by Arseli Yağmur KURT
- 105 *World Peace Recipe* by Eylül ELMACIOĞLU
- 106 *Our Way* by Kardelen ÖZKAN
- 107 *Everywhere* by Merve Begüm ALTUNTAŞ
- 109 *Imagine* by Begüm ONAT

TED KARABÜK COLLEGE

- 111 *Dream Further* by Enes ÇÖTÜR
112 *Imagination* by Nurten Irmak SOYSAL
113 *Dreams* by Zeynep YAVAŞ
114 Ayşe AKIN

TED KAYSERİ COLLEGE

- 115 *The Dancer* by Ceylin Jessica BAYRAM
116 *Dreams & Hopes* by Sumru Naz SİSLİER
117 Duygu ÇANDIR
118 Ekin ENDİRLİK
119 Elif SAY

TED KDZ. EREĞLİ COLLEGE

- 120 *Women's Rights* by Elçin ASLAN
121 *Dreams* by Delfin ÖZEN
122 *The Perception Of Beauty In My Imagination* by Duru TAK
123 *A Tough Journey* by Suay TOSYALI
125 *Dreams* by Hande ALKAN

TED KOCAELİ COLLEGE

- 126 *Dreams* by Naz Aleyna AYDIN
127 *Daydreaming Turns Into Detention* by Nisa Suay SAYGILI
128 *Is It A Dream: Gender Equality?* by Yağmur AKAR
129 Özge KORKMAZ

TED KONYA COLLEGE

- 130 *Why Is It Important To Dream?* by Balca Nisa GÖZETLİK
131 *Dream Recipe* by Melih Serdar TEKİN
132 *Dream On The Road Of Belle Glade* by Sezin MALYEMEZ -
Merve KOÇYİĞİT

TED MALATYA COLLEGE

- 133 *Never Give Up* by Ebubekir Mert YÜKSEL
134 *Follow Your Dreams* by Ecem KARACA
135 *To Have A Better Life* by Elif COŞKUN
136 *The Burden Of University Exam* by İlke GÜVEN
137 *Silence* by Sudenaz KALAYCIK

TED MERSİN COLLEGE

- 138 *Pursuit Of Dreams* by Melisa ÖZÇOBAN
139 *I Have A Dream* by Murat GALİN
140 *Dreams About The World* by Emine MUHLİSE
141 *Dreaming* by Hanımşah TEZEL
142 Nehir ÖZDOĞAN

TED NORTHERN CYPRUS COLLEGE

- 143 *Not A Dream* by Hüsniye IRIKOĞLU
144 *Dreams* by Ülkü EVGİN
145 *Recipe For the Dream World* by Cemaliye POLATCAN
146 *Dreams* by Devin CANBAZ
147 *Dreams* by Emine AYDOĞDU - Sonya BEN
148 Fendiye AYDOĞDU

TED POLATLI COLLEGE

- 149 *Dreams* by Elifsu ÖZ
150 *Should Computers Dream?* by Görkem ARSLAN
151 *The Epitome of Perseverance* by Hilmi Batuhan GÜVENÇ
152 *The Influence of Dreams on Reality* by Salih ŞEN
153 Alper AYDIN

TED RÖNESANS COLLEGE

- 154 *Dreams* by Elif Deniz TÜRKMEN
155 *Don't Stop Yourself* by Eylül ÖZCAN
156 Nil KOROĞLU
157 Doğa GÜNER
158 Ece YÜCELAY

TED SAKARYA COLLEGE

- 159 *Dreams* by Beren BEZİRGAN
160 *Midnight* by Ezgi ERDOĞAN
161 *My Dream Of Space* by Mustafa Efe GÜZEL
162 *Art of Dreams* by Osman TAKA
163 *Dream To Survive* by Zeynep Rana YAVUZ

TED SAMSUN COLLEGE

- 164 *Dreams* by Bade ÖZAL
165 *Dreams - Two Sides Of A Coin* by Furkan ÇİLESİZ - Hasan DORUEL
166 *Past Dream* by Hürcan AKGÜN
167 *Higher Dreams* by İdil EROĞLU
168 Kağan İŞBİLEN

TED SİVAS COLLEGE

- 169 *Dreaming At Any Age* by Emin COŞKUN
170 *Who has not got dreams?* by Defne Naz MERT
171 *Dreams are the Architects of Life* by Tarık AKBULUT
172 *My Dreams* by Yağmur YUNAL
173 *The Importance Of Dreams* by Kerem KAYAPINAR

TED ŞANLIURFA COLLEGE

- 174 *Daydreaming* by Behiye Nil AVCI
175 *Dreams* by Elif YILDIRIM
176 *My Dreams* by Öznur KIRMIZI
177 *The Goodness Vaccine* by Sıla VARDİN

TED TRABZON COLLEGE

- 178 *Why Do We Have Dreams?* by Dila NUMANOĞLU
179 *L'esprit De L'eslacier'* by Elif Dila TOPAL
180 *Our Mirrors: Dreams* by Nilsu AYHAN

TED VAN COLLEGE

- 181 *Dreams In Another Universe* by Elif Naz ERDOĞDU
182 Öykü SEHEROĞLU
183 Setenay DAĞLI
184 Şeymanur DAĞAYNASI

TED ZONGULDAK COLLEGE

- 185 *Somebody's Light* by Beren Ada ÖZGÜMÜŞ
186 *Make Time For Your Dreams* by Defne GÖKÇE
187 *That Dream I Had* by Lena YILMAZ
188 *I Had A Dream* by İlker GENİŞ

Other Languages

TED BODRUM COLLEGE

- 189 *Los Sueños* by Nehir ÖZTÜRK

TED ÇORUM COLLEGE

- 190 *Aller Dans L'espace* by Eylül DİNLER

TED EDİRNE COLLEGE

- 191 *Träume Werden Wahr* by Sude KAHRAMAN

TED ESKİŞEHİR COLLEGE

- 192 *Langweile In Qarantäne* by Merve Naz ERDOĞAN

TED ISPARTA COLLEGE

- 193 Dilge DİNÇ

TED KOCAELİ COLLEGE

- 194 *Coronavirus-Impfstoff von Biontech* by Gözde Seray BANABAK

TED KONYA COLLEGE

- 195 *Mein Traum Du bestimmst deine Zukunft* by Esmanur DEVECİ

TED TRABZON COLLEGE

- 196 *Машина Времени* by Tekin ÇAĞLAR

TED ZONGULDAK COLLEGE

- 197 *Croyez En Vos Rêves* by İclal Sena ERKAYMAZ

Take Action For Your Dreams

Ada PAKYÜREK —

Dreams are expectations that represent our demands and wishes throughout our lives. They help us to deal with problems, improve ourselves, keep on fighting; in other words, they lead us to success in the life marathon. Moreover, we are inspired by them to do our best. Most of us want to take action for our dreams. So, how can we motivate ourselves, reach our goals or upgrade our potentials?

First of all, I want to start with motivation. Motivation is the process that activates, guides and maintains target behavior and it is also the vital key to reach our dreams. So, if you want to motivate yourself you need to see the good side in every situation and keep on being positive. This is the most important aspect of a self-confident person. Make sure you never compare yourself with other people on the way because everyone walks their own path with their own pace. Do only a few lucky people get to reach their goals? Of course not! There are some important points to be considered along the way. For example, set achievable goals, always plan things beforehand and review your progress regularly. These steps lead you to success.

On the other hand, you may make lots of mistakes. Try to learn from your mistakes and be loyal to your dreams. As Edison said “Great success is built on failure, frustration, even catastrophe.” So never give up trying even in the worst crisis. With hard work and determination everything is possible. So are dreams!

To sum up, like Colin Powell says “Success is the result of perfection, hard work, learning from failure, loyalty and persistence.” Everybody has to take action for their dreams and fight for their goals. This way we can make our journeys more meaningful and worth living.



Tears of Happiness

Doğ̃a PAKYÜREK

I dream bigger
About future, time, eternity...
I dream broader
About amity, joy, dignity...

I aim further
To flow in the sky,
I aim higher
To touch the brightest star.

I have faith boundlessly
Of things beyond this world,
I have faith limitlessly
To be the light of netherworld.

I try harder
To find my inner power,
I try tighter
To be as pure as gillyflower.

I wish within truth
To live in my dreams,
I wish within hope
To laugh in tears.



Dreams

Kaan ATAMAN

His dream was to own a restaurant and serve people. During the pandemic, he is one of the million people who had to shut down their business. Unfortunately, his dream came to halt.



Dreams

Oktay Atakan TOSUN

Everyone has dreams
Ali wants to be a lawyer
Mehmet wants to write lyrics
Except you, no one is the decider.

But there are difficulties surely.
People are challenged longly.
Someone can say “sweet dreams”
Don’t give up, keep trying for your dreams!

I want to play chess,
I want to find happiness,
I want to sing my own songs,
I want to find somewhere I belong.



Dreams

Şebnem GÖKTAŞ

Sitting in the shade of a tree
The dreams fruit dripping on me
Wind caresses my face, on warmly dreams
Dancing with the angels and bees

Sick of just seeing you in dreams
Begging you to come, on my knees
Waiting with berries and cherries
Do not want too much, just a kiss

Sitting on the sail in the sea
Dark blue waves fascinating me
Mermaids' sirens, on gloomy dreams
Hoping to find an escape and leave

Still hoping to find you in dreams
Tired to wait, just want to relief
Lies which I tried to believe
Whole time my roses were hiding



A Song To Sing

Batuhan ULUKÜTÜK

Birth and existence are the notions that people have been scrutinizing for centuries. These two notions which form the basis of sciences, arts and philosophy are the first step in the human mind. Mankind wants to create something and endeavours for it by nature. Humans performing this action create a new turnout. This can be described as “artificial birth”. But this new creation is not a result of a single-phase production process. Before taking action to produce, contemplation shines out, in other words, we dream. The power in the core of all these interwoven notions is dreaming.

Dreams gain importance as they come true and every important event occurring in parallel with a dream ignites the wick. The best example to explain this fact is Martin Luther King’s words: I have a dream! How simple but effective sentence it is, right? These words that shed light on a struggle for rights, constituted the first step in the development of many good or bad events, before and after 1963.

Dreaming is one of the finest divine gifts given to humans. Dreams that use the curves of human brain as a stage which always continues even while sleeping. People think day and night just like filling an endless canvas and their dreams change shape, wear colourful dresses and leave the stage by saluting in the most beautiful form. Because there are other places to go, they come to be a dab at the brush of a painter, signature of an entrepreneur, smile of happiness.

ABBA describes dreaming in its song, “A song to sing”, and you can write, change and embellish it as much as you want until you sing it. You do not even have to end it. It is possible to direct your dreams the way you want and go as far as you wish. Let the song of the best dreams always be on our lips and let the first wind blow into the sail.



Dreams: Reality or Fiction?

Akifnur KIRKER

Dreams are stories fictionalized by our brains that we do not design. Also, these might be connected to our subconscious. Well, if this is so, could our dreams only be made up of fiction or, are these shaped by what we go through? These seem like brainteaser questions. For this reason, dreams are one of the biggest unsolved mysteries of science.

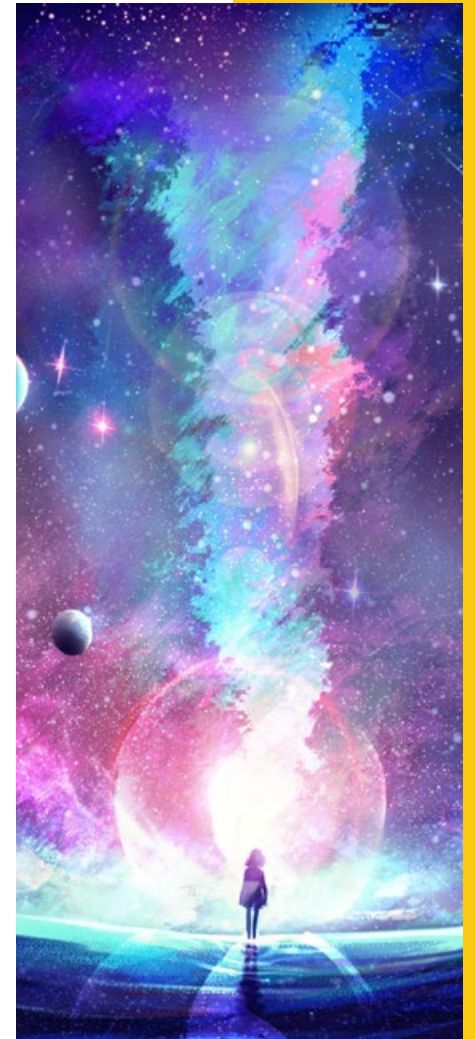
When we have a look at the history of people dealing with what dreams are, we see that Mesopotamian kings recorded and interpreted their dreams on wax tablets in the third millennium BCE. A thousand years later, Ancient Egyptians wrote a dream book. Therefore, we can say that studies about dreams have a long history. Despite all those studies, we still haven't found satisfactory answers about dreams.

Many people believe that dreams have implications not only about the future but the present as well. There are many theories about this, such as John Dunne theory. This theory was formulated by John William Dunne (1875–1949). He was a British soldier and a philosopher. Moreover, he drew the plans of Britain's first military plane. As a matter of fact, if he hadn't seen the plan of the military plane in his dreams, he might not have drawn it. Indeed, he implemented

the plan of the military plane that he had envisioned in his dream. J. W. Dunne believed that dreams reflect reality. This issue has been researched extensively, and almost all the studies suggest that it is possible to see the future through dreams. One should not, however, take all the things in your dreams literally in your life. This can lead to very bizarre and dangerous consequences.

There are also some prophecies associated with dreams. To illustrate, throughout the year 2020, we all had troubled times such as fires, epidemics, earthquakes and as you may know there were people who predicted this like a shaman who had dreams showing that the bird flu and swine flu would be nothing compared to the epidemic to be experienced and the world would cope with great economic troubles. Although these are actually very odd events, it seems like we can't understand this until the mystery about dreams is solved.

As a conclusion, I want to quote a saying from "Walking Life", which is my favorite movie: "Most people are either sleep walking through their walking life or wake walking through their sleeping life, either way they're not getting much out of it."



A Happy Man Is A Dreaming Man!

Güneş Yaren İSPİR

Have you ever looked at happy people? These people, who are happy as they reach their goals, basically always start by dreaming. Imagination always keeps a person one step ahead, which is a wonderful feature that distinguishes them from other people. Let's have a look at how people who dream act and feel in their social relationships and personal lives.

People who strengthen their imagination find faster and more practical solutions to problems. Dreamers looking at the world through a wider window think about plans on many possibilities and imagine their lives based on these plans. Finding more than one alternative instead of a single solution also makes these people happy.

In their social environment, people who always focus on the bright side of the things also dream a lot and easily cope with minor problems. In addition, they are loved by their friends and family, as they are always more sharing, easy going and positive people. With these features, they become more productive and active while finding a job, making friends, working and even establishing a family.

Of course, patience is also very important while dreams come true. Every brilliant result carries the traces of a tiring road behind it. In spite of this, people who follow their dreams can reach real success and happiness fearlessly.

As you can see, happiness starts with dreams and dreams inspire each other. We all have a lot to learn from our dreams. We all possess a closed box full of extraordinary possibilities before us to which dreams are the key.



Cenk Berk YARDIMCI

The most extraordinary breakthroughs
have their roots in our wildest dreams.
It just takes a little courage to let them
work out for you...



I'm Living In My Own Little World

Alp Deniz ABDUŞ

I'm living in my own little world.
I'm happy there, it's okay.
It's much more fun than the real one,
For the sun shines every day.



Some Dreams

İlkim ASLAN

Some dreams can be a passion,
Some dreams can be just a dream,
Some dreams can be a goal,
Some dreams can be a nightmare.
All dreams take you somewhere...
Maybe in a bad way, maybe in a good way.
But the thing is...decide on what you're gonna do
with this dream!
Decide on who you become with this dream!



Nehir ERSOY



Infinity & Limits

Deniz Ece ERPINAR

You don't need much to dream

It is enough to have the desire to dream in one's soul

Sometimes with a song, sometimes with fire, water, earth, air ...

We can dream anytime, anywhere, as long as we want.

Today's technology and the system have given us speed

But speed has restricted our passions and dreams

We have become lonelier, and we have learnt to be lonely in the crowd

We have got lost daily hustle and bustle

But when we are lost in dreams, we are lost in time.

Dreams have fallen into the hands of capitalism

Sharing on social media has become our dream

Our dreams have become so restricted and simple

It must be limitless in a boundless universe that we call dream

We can do anything in dreams, we are free and limitless

Sometimes we limit ourselves within the limitlessness

We live within rules and limits. There are limits to what we can do

There is no money, no rule nor limit that stop us

It doesn't matter if we're happy, sad, rich or poor

The wealth of our soul is important as it is the greatest treasure

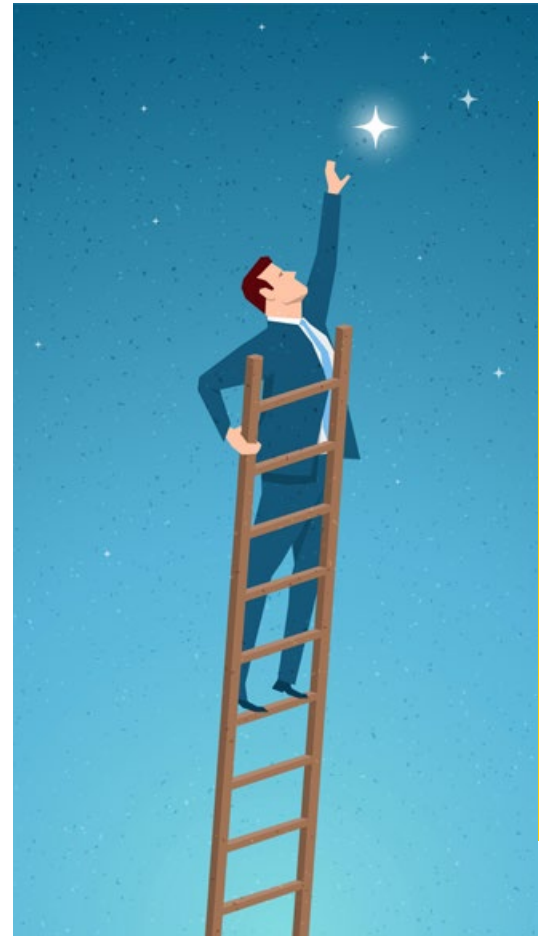
Dreams are different for everyone, special for everyone, and they are unique

Dreams give people strength, while struggling with life, there will be hope and life will be loving

We must not forget that we can make our dreams come true, but patience is required

You shouldn't give up on your dreams and hopes

Let's embrace our dreams for a hopeful future full of dreams



What Is My Dream?

Ege LAÇİNEL

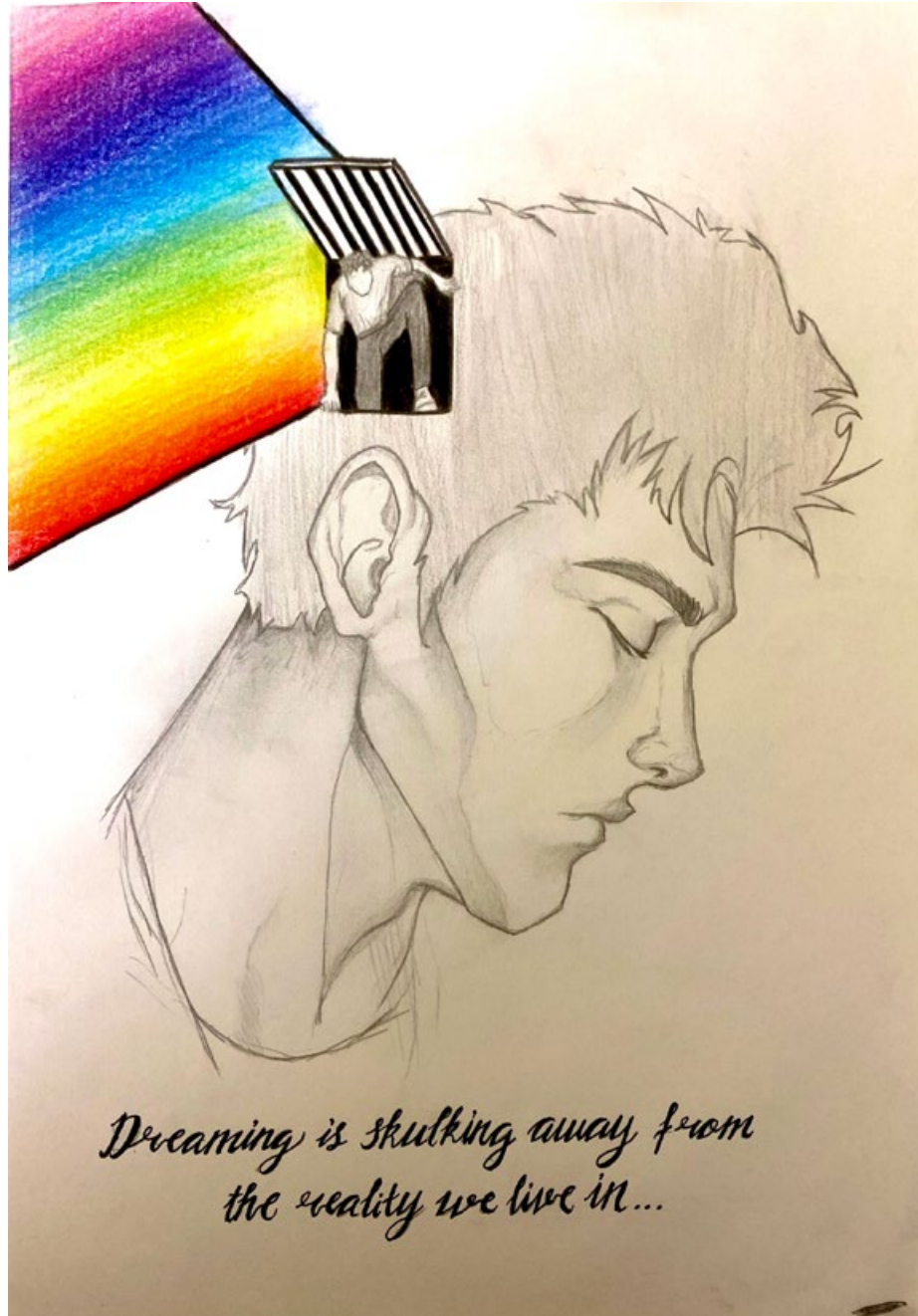
What is my dream?
Leave a kite to the sky,
To be able to walk on the seas.
Maybe it's the purity of my thoughts.

My dream is to make the world more beautiful.
Waking up in the morning with a child smile.
Running freely in the woods.
Glide over frozen waters.

I have a dream to get wet in the rain.
Or I'd like to fly in the windy weather.
I want to wave to the snowflake.
I have more beautiful emotions in my dreams.
Serenity in my feelings.



Berinay ERİM



Eda Nehir DENİZ



Nehir TOKER



Worth Telling

Defne ADİLOĞLU

*Do you have dreams worth telling?
Do you have dreams that run faster than you ,
Yelling hope, with every word of it?
Do you have dreams worth composing a song ?
I saw dreams in fingerprints;
That even caps couldn't solve;
I saw dreams from coal;
In a world with diamonds blinking at me,
Herds of dinosaurs, I saw on the roads,
Saw mistakes that are accepted as true.
The dead, shot and hurt colors I saw
Which, are actually the same;
But; all together wanted to be the sky in a painting
I saw, winding roads passing through the nature;
But actually want to be straight
And I saw straight roads crowded;
But; actually, they want to be silent winding roads.
I saw miracles;
That breath -
I saw puppets on roads;
That go out of view
Because of their own shadow.
I saw puddles;
That wish to join the ocean
I saw newborn monkeys;
That count the stars in midnights.
I saw the moon -
That draws its own path and shines alone.
At last, I saw the world, where I live
And, where I am blind.
But;
I always had a dream.*



The Empty Talk of the Dreamer

Özgür ARSLAN

One way to stay afloat
On this furious ocean called earth
An abstract compass
Whose pointer is always the heart

Navigating the hidden monster
That's in all of us
The torch I take with me
To the devil's den

The alley of the soul
The place to enjoy the parole
One warm hug this is
By whom?
We'll never know



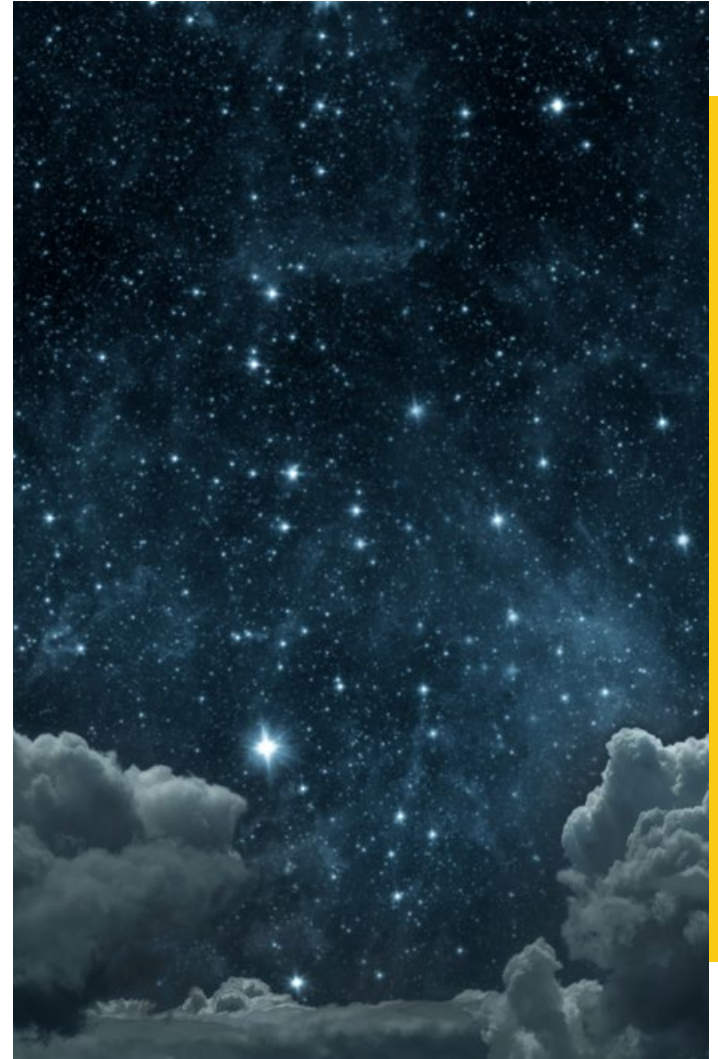
Imaginary Senses

Selin KAYA —————

It's so easy to perceive the world around us. We can smell it, hear it, taste it, see it and feel it. But as humans we have the power to escape from reality and create our own senses. We can blind the world and let our creativity build up an imaginary world called "dreams" where every existing thing is your own, and which is ready to welcome all the wishes of your imagination. Things are a little different in the subliminal world, however. You can't decide on the path here, but the wind does and you can't control it, because you're on a sail from now on. Nevertheless, you keep dreaming in another form which is also called "dreams", yet are the ones we dream usually while sleeping. A majority of theories suggest that dreams contribute to memory formation and problem solving. Investigations on dreams aren't new, though. These question marks have conserved their presence for as long as humans have existed. However, the function of our dreams wasn't the only aspect that has been examined by the scientists. The world has also wondered its history in ancient societies, dreams in philosophy, and the science of it.

Brief History of Dreams in Ancient Societies

Dream interpretation was considered an art form in ancient societies such as Mesopotamia, Egypt, Greece, and Rome. These civilizations used their intelligence and even divine inspiration when interpreting dreams. It became a topic of interest not only for writers and poets but for scientists and philosophers as well. Although dreams were sometimes seen as clear messages, sometimes they were thought to come as



symbols needed to be analyzed. Dream incubation was another well-known practice in many ancient civilizations and its application was nearly identical in all societies. During dream incubation, the dreamer would sleep in a temple, expecting a dream to enlighten a problem and guide the dreamer. According to a professor of religious history at the University of Strasbourg, Jean-Marie Husser, dreams were seen as a “recognized means of access to divine wisdom” by the people of the Old Testament world (meaning the time and place covered by the first part of the Bible.)

Dreams in Philosophy

When it comes to philosophers, the amount of curiosity increases, since they love asking questions. Many philosophers have questioned throughout history: “Where do dreams come from? Do they have a deeper meaning? Can they predict our future?” The famous neurologist Sigmund Freud and psychiatrist Carl Jung claimed that dreams are the unconscious pursuits of the human mind. Other philosophers believed that dreams were a bridge between the human soul and the supernatural world. They called these “true dreams”. Centuries later, a modern philosopher named Norman Malcolm denied that dreams have any meaning and argued that people can’t be mentally active when sleeping.

The Science of Dreams

The philosophers’ questions didn’t remain as questions but have turned into answers, by means of science. There is even an independent branch of science, called “oneirology” - the scientific study of dreams. Scientists believe that there’s a relationship between dreaming and brain functions. So much so that certain parts of oneirology overlaps with neurology. They seek to understand how our



brain works while dreaming, pertaining to memory formation and mental disorders. What makes oneirology different from dream interpretation is its quantitative approach as opposed to the qualitative approach of the latter. Science says that dreams can be either “authentic” (composed of our experiences or memories) or “illusory” dreams (that consist of unrealistic scenarios due to small errors in the brain.)

The Personal Aspect of Dreams

The dreams that we see while sleeping are all a product of the world, coded in our subliminal mind. And none of these slumber dreams belong to us. But when they do, things get a lot more fun, indeed. And that “dream” has a very different meaning: creating your own senses independent from the world. Buildings can be in any shape and color that you desire. The air can smell however you want. All the characters in your dream are who you want them to be. And interestingly, you’re one of those characters too, which shapes all the future paths that you will follow – the path to your goal! Dreaming is the first and the biggest step on that path. Achieving your goals starts with a dream, followed by hope, action, hope, action, and hope... Then, you arrive at the last step: reaching your dreams at the top of the mountain. You must keep on climbing no matter what obstacles you are faced with. And may your dreams be the fires that illuminate your nights and fuel your ambitions on the path to the summit.



Hope Is The Key

Ceylin ÇELİKDEMİR

Living requires hope.
So you'd better get your rope
in order to be able to cope.

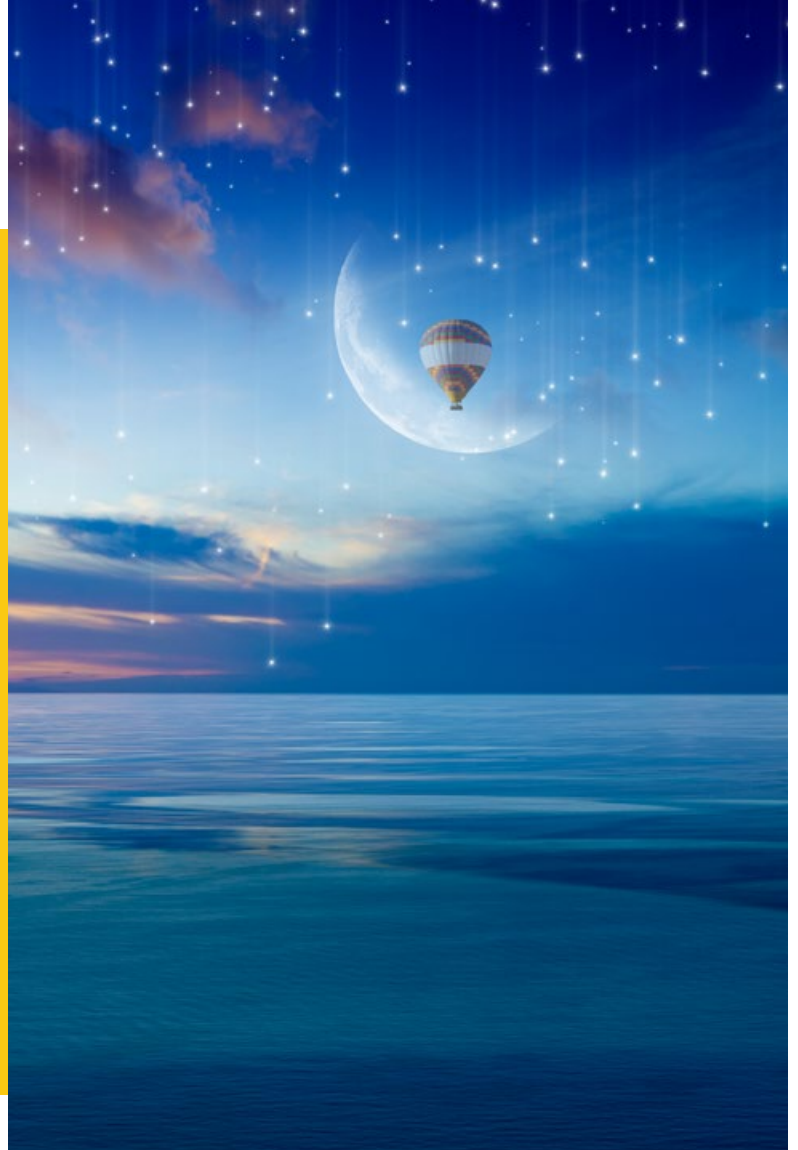
Hope is valuable
as much as pleasure.
Hope is also a sparkle.
If you get into trouble,
you need to keep your sparkle.

The starting point of beautiful thoughts
is hope of course.
Everyone wants a pill for happiness
Maybe just one dose.

You never need anything like this,
believe me.
Only smile and trick your brain,
hope and see.

Hope is the key
which opens all the good things.
You have a chance one more time
to change perspectives.

First be optimistic
and then teach another one.
Remember, one day good things like the sun
are going to come and shine.



Dreamers

Doğ a SİVRİ —

John Lennon once said “You may say I am a dreamer, but I am not the only one.” That is very well said Mr. Lennon. We are all dreamers. You, me, your next-door neighbor, the homeless man on the street...Most of the people I talk to say that dreams aren’t that important for the living. I have to disagree. I believe that dreaming is a need much like breathing or eating. Us, humans can’t survive without it. In your dreams, you have the power to do anything or be whoever you want to be. A person without a dream might look alive on the outside, but they are certainly dead on the inside... because our dreams open a door to hope. What are we without our dreams?

Reality is hard. It is like a brick wall or like a pebble stone on the ground, it hurts you when you least expect it. Our dreams are our escape from reality. Much like a good book, it is our happy place.

Whatever life puts in front of you, never stop dreaming. Emily Bronte said “I’ve dreamt in my life dreams that have stayed with me ever after.” So next time you are bored, try dreaming, which will give you dreams that will stay with you forever, you won’t regret it. And... when you do it, remind yourself that “the future belongs to those who believe in the beauty of their dreams”.



I Have A Dream

Elif Naz KOÇ

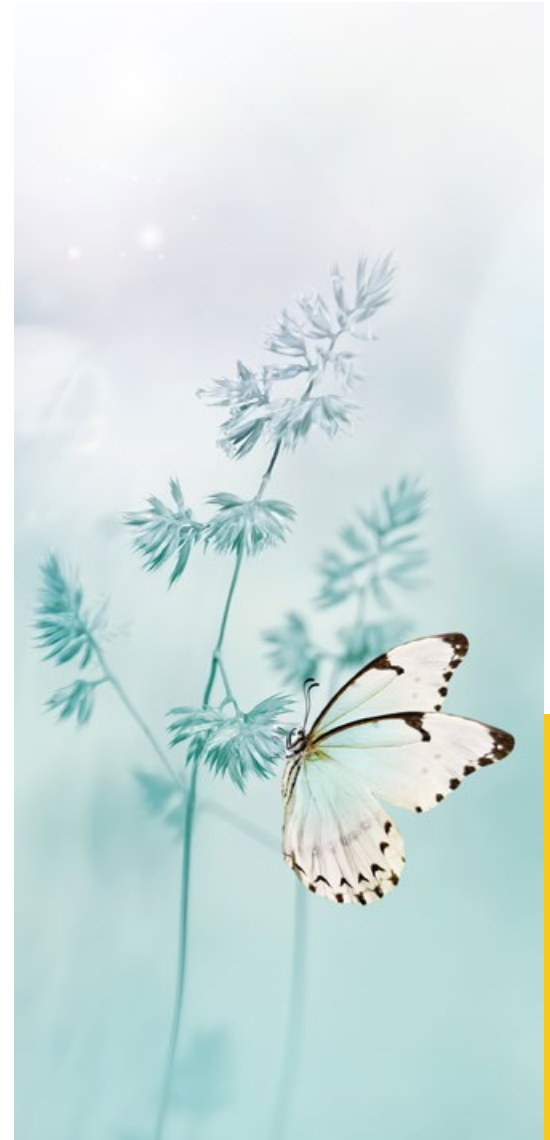
What is a dream? It is the motivation to continue, a vision of your future, what you can be. It is what you want from life, the reason you study, work and practise. Everything is unbelievably connected to our dreams. At the end of the day, our lives consist of our dreams. Have you ever asked yourself why you have chosen that particular thing? Even the simplest decision we make, every action of ours form a path for us. But how do we really decide? Is it just about our personality, our perspective, or can there be more? We make decisions based on our desires and dreams. Our expectations from life basically determine our place in the world. Since our dreams are shaped by who we are; as our goals change, our dreams are not the same anymore.

Why do we need dreams? What is life without uncertainty, hope, passion? Someone who does not dream is a person who has given up on life. Someone who expects nothing, gets nothing. Those people who lack imagination and happiness, are empty

inside. It is a great gift to see the world as not what it is, but what it should be. We need dreams. We need them to expand our reality, to belong to somewhere, to wake up and be clear about our actions. Someone who doesn't dream, doesn't have a future.

In 1963, at the speech that Martin Luther King gave, he said "I have a dream" and that line gave hope to millions of people. It is extraordinarily incredible how one's idea of future could influence so many. Years later in 2009, Barack Obama was elected as the president. Every day after that, his dream of equality started to become more and more real.

Dreams have power. They effect the future in every possible way. They make history, good or bad. Don't dream just for yourself, dream for a better world full of hope, justice, equality and understanding. Keep dreaming, keep trying, you can make it. And remember, dreams have the power to change the world!



Waiting Room

Naz ESKİN

Dreams are... incredible!

Some of them are too good to be true, and they make you say, "I wish," every time, "I wish I wasn't so much tempted to think of impossible dreams." You want your creativity to seep into reality with every speck of you; thoughts are intense, kneaded in your mind, make you confused and dance to some Lana Del Rey songs. Sometimes they become uncontrollable and you feel as if a layer of dreams has formed around your brain, as the layer thickens gradually, it comes out of your skull, and all thoughts begin to flow out of your ears, nostrils and eye sockets. At that moment, you understand that the dreams will not be restrained until you stand up and do something for it. And that's how your story of achieving your goals begins.

On the other hand, some dreams are impossible; not difficult to reach, simply impossible. You may want your favorite artist to be your classmate, for instance. Or now you can imagine a more impossible one for yourself. There are times when a beautiful moment in your life comes to an end just like in a John Green novel. Mind you, I'm not talking about all the action your whole life involves, it would be exhausting. I am created for various intrigues, my life is even more complex than soap operas and I'm in the middle of a love problem; as if that wasn't enough, my eighty-third enemy and his gang followed me. No problem, no problem... As I said, I am always like this. I can spray them just like I did to my most ruthless enemy Jerry, but I think I'm going to deal with them a little more, or life will become so monotonous that it will be unbearable.

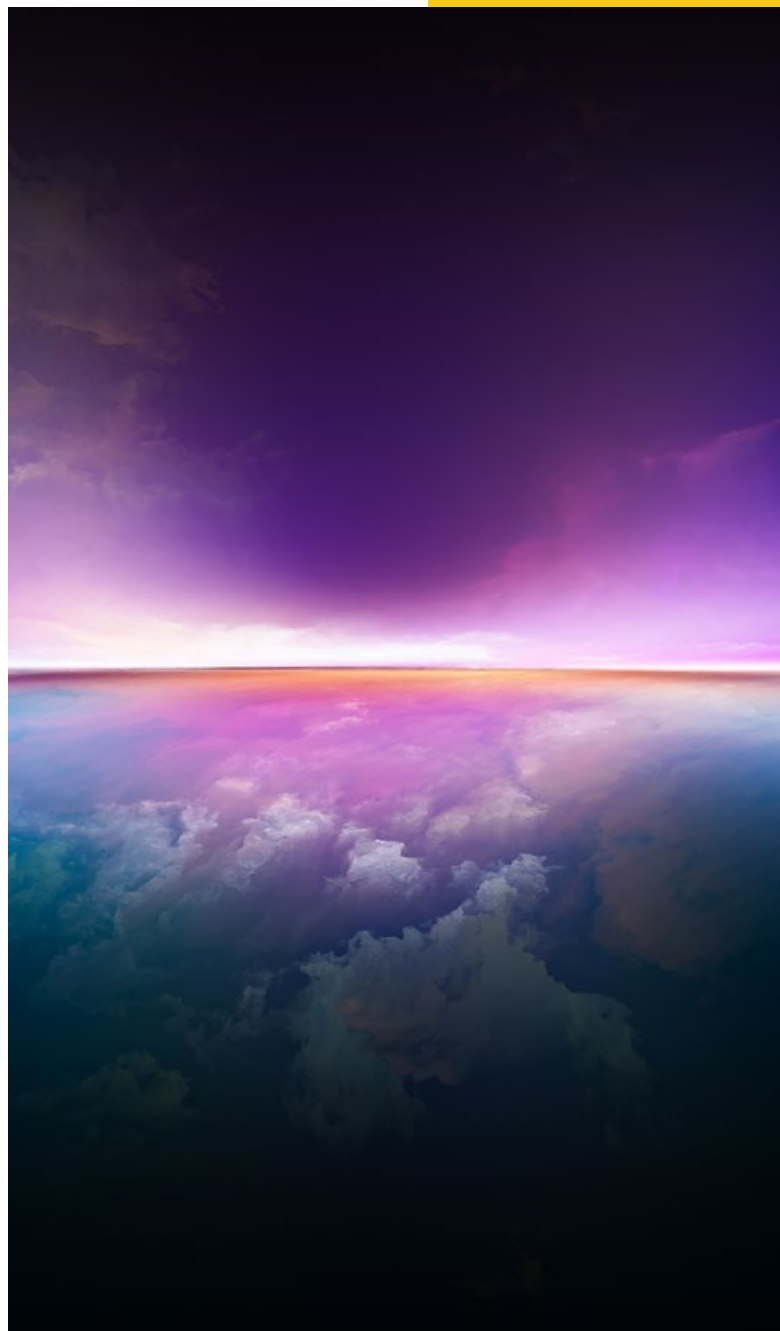


Even if your life is unbearable with its usual monotony, choose a beautiful memory that will make you smile. You must have a beautiful section and it feels oddly good every time: It's like one-day miracles kicking your stomach, you want to get rid of them because (a) you know that you will be able to return to those beautiful days, and (b) each time you go back in time, you feel that acid burns through your stomach that climbs down your throat and won't leave you alone. However, you like this feeling, and you think pain can feel good.

I think everyone has highlights in their lives. This is the good news. The bad news is, we don't know when they will happen. Maybe we have already lived them, maybe tomorrow our best memories will take place or maybe there are more years ahead for this to happen. Waiting for your moment can be tedious. You wait for your turn as if you are in a waiting room. You can do whatever you want in the waiting room; read a book or listen to music – but my only advice is “Do Whatever You Are Doing” You may mostly be occupied with good ideas, but sometimes you even get bored of those and you start to dream at that point: “Just seize your moment.”

Most people hate to admit the possibility of having impossible dreams because they can't handle disappointment. However, I do not agree with this. I think this world will be saved by the impossible dreams of creative children rather than stories of achieving the dreams of successful people.

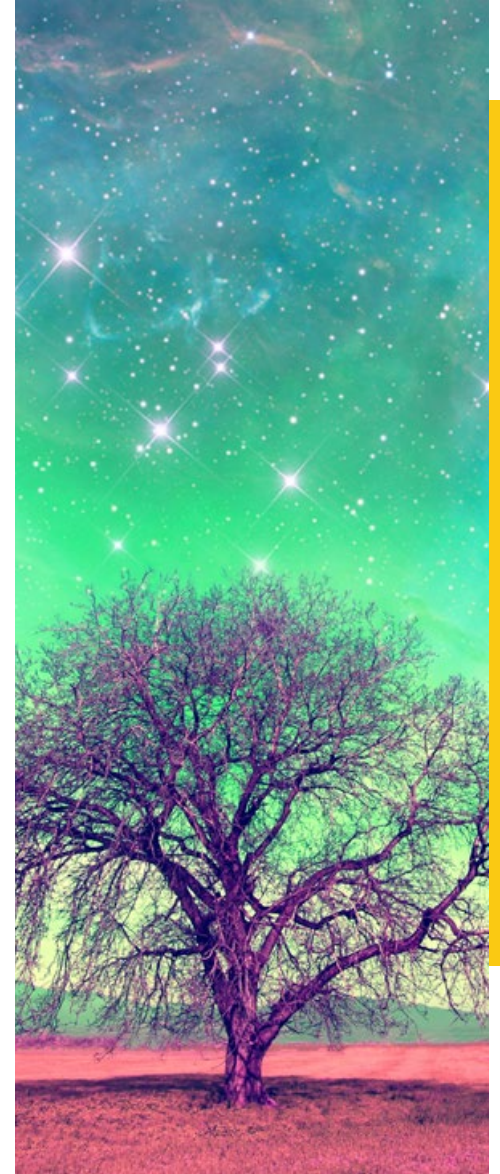
Ladies, gentleman and dreamy kids... You are now in the Waiting Room. Get your book, turn on the music, and whenever you get bored, don't hesitate to dream!



Mountain

Zeynep Mira UTKU —

To dream, to hope
Oh how beautiful to believe, to desire
Like looking up to the sky filled with countless stars
Like feeling the touch of sand on your bare skin
Or filling your lungs with the cold, crispy air.
To fill your mind with warm thoughts and cover yourself with a blanket of yearning.
The thought of infinite possibility coursing through your veins,
Your heart beating for you to find your purpose,
Your legs climbing up the high mountain to reach that sparkle you feel in your bones,
Arms reaching up to find the magic, the warmth.
Don't you dare let go, don't you elope
Don't let the rock sand and steep path lose yourself
Hear a far away friend saying that;
The storm will go away soon enough,
And the tears in your eyes will fade,
your shattered heart will heal.
Rest and breath, lie down and sleep
Just admire how far you've come
The person you so wanted to be becoming reality.
Now look up again
To that high, beautiful, limitless mountain of shades of colour
and never-ending sunshine.
A place filled with euphoria, hankering, tragedy and peace.
A silent, satisfied look it gave you
It knows what you have to do, and you do.
And for the last time, you get up.



Dreams

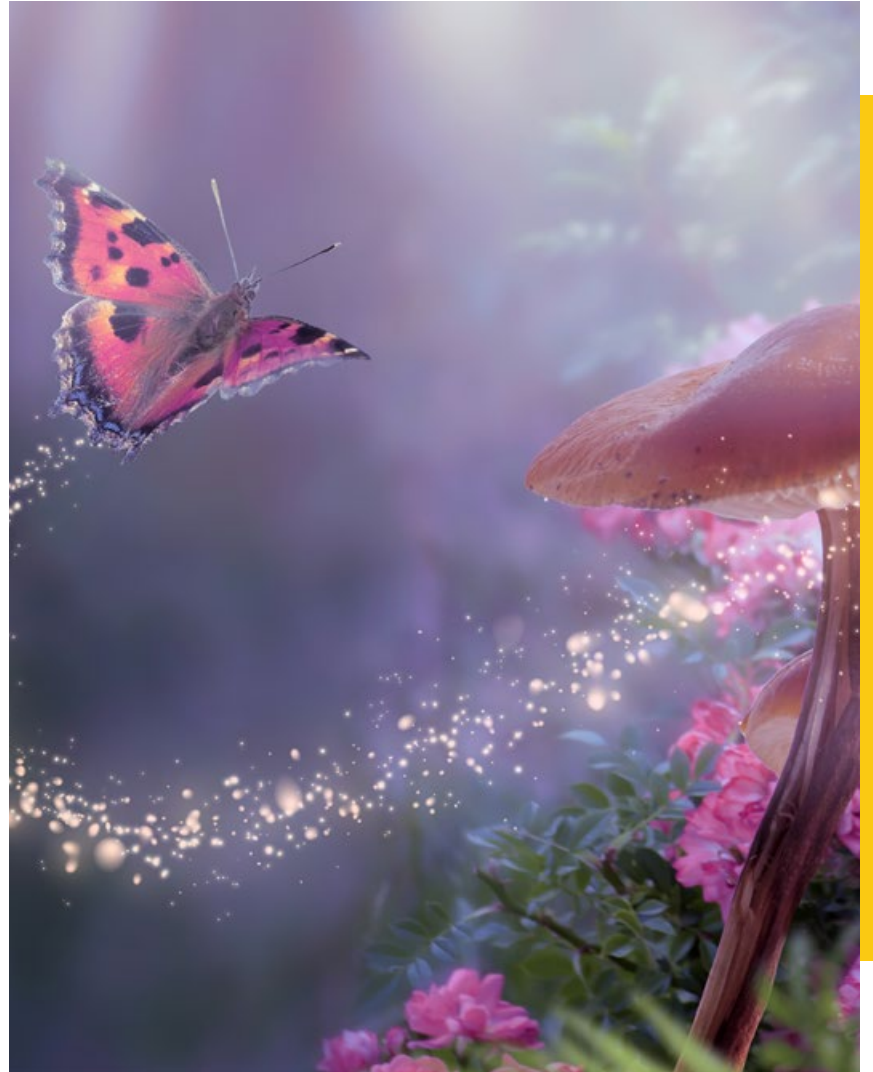
Dilara UYAR

Up in the heavens in the white clouds
Lays a land where no despair is in sight
The land where all and none is said aloud
One that opens its gates in the hours of night

Its existence running on thou memories
Fuelled with thou imagination
Transforming scenes into treasures
In the depth of mind appearing in desperation

Away from the pain misery thou hath lived
Being the sole escape from thousand sorrow
The solitary fortress without demons that thrive
Sanction with no needs for a new tomorrow

Why are dreams the only shrine away from gloom
And why should thou suffer this infernal tomb



One Step Closer

Arda YILDIZ

Does everyone dream? No, I don't think so. I know there are people who are so desperate that they cannot even dream anymore. Do you want to be one of them? No. Because you are not powerless. On the contrary, you have the biggest power in your hands, time. So, go ahead and dream. Dream, dream and dream... Be realistic about what you do to realize your dream, but don't be realistic about your dream. Just know that one day, you will achieve it. Have you ever heard about Martin Luther King Jr. and his famous 'I Have a Dream' speech? Right, it's the proof that dreams are beyond our lives. His dreams are still being realized. Lives end but dreams keep coming true.

The first thing you should do to cover a distance is start right now, not tomorrow or Monday. You should take a step ahead every single day. No matter if it is a small one, just take at least one little step every day. As I mentioned, don't be realistic about dreams but be realistic about your steps. For instance, you can't read 100 pages every day constantly. But you can read 36500 pages a year. This is the whole point. If you keep taking steps every day, one day you'll notice that you have completed the path. Remember, stability will bring success as it is like in the story 'The Tortoise and the Hare.'

The steps taken on the right path always get you closer to your dream. Do not ever give up dreaming...



Özge ÇITAK



Dream Hot Chocolate for Winter

Defne ALOĞLU

Perfect for cold, rainy Sundays. And it takes just 15 minutes to prepare.

Ingredients:

- 250 ml dreamy milk
- 1 tsp hopeful cocoa
- 1-2 tsp pretty brown sugar
- 25 gr relaxing dark or plain chocolate, chopped or grated to serve
- tbsp whipped cream (if you want)

Heat the dreamy milk, hopeful cocoa, pretty sugar and relaxing chocolate in a small saucepan over a medium heat until the chocolate melts. Whisk to dissolve the cocoa.

Pour the mixture into your dreamy favourite mug, then add some cream on the top. Grate over a little more chocolate to serve. You can add a pinch of cinnamon depending on your taste.

Don't forget to sprinkle your cheer on it.

Sit down on a cosy coach, you are ready to dream!

Enjoy it!



Lime The Mime

Ayşenaz BAIN

Once upon a time,
There was a boy named Lime.
He said "My dream is,
To become a famous mime."

He worked a lot,
To be on the top.
If he left practising,
He would be a man with a pot.

He grew and became a man,
Now his dream was a different plan.
"I want to travel around the world,
And show the world what I can."

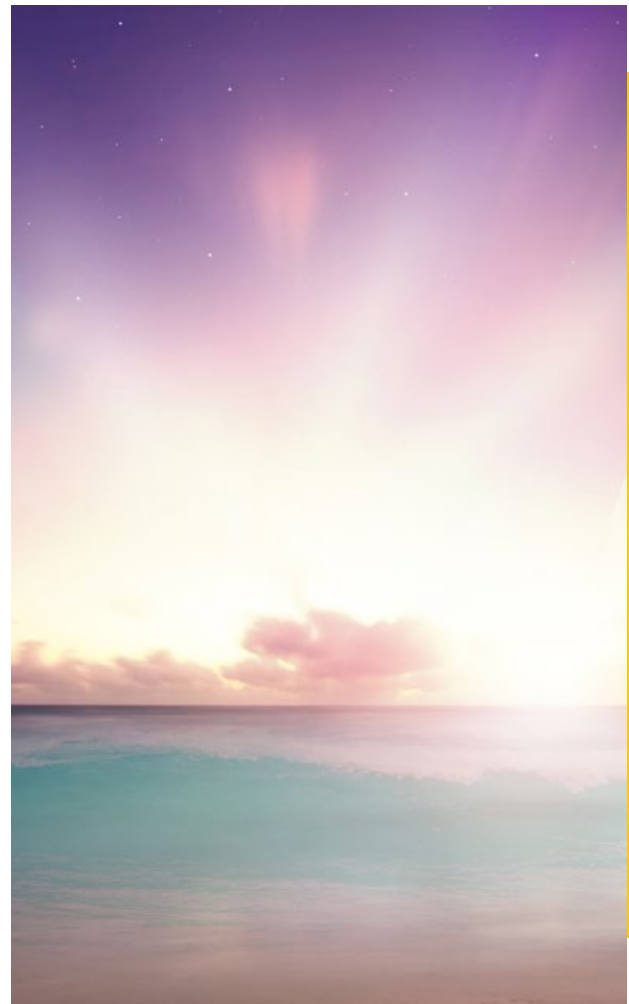
He was the most successful mime,
Travelling around the world with his son, Pine.
Lime was happy.
He says "Fulfilling your dreams is fine".



5 Interesting Facts About Dreams:

Talya KATZ

1. **Blind people can also dream.** People who become blind after birth can see images when they dream but, people who are born blind don't see anything, instead they have dreams involving other senses like smell, sound and touch.
2. **Not all people dream in color.** While people mostly dream in color, there are some people who say that they only dream in black and white.
3. **It's possible to control our dreams.** The term lucid dreaming is basically when the dreamer becomes aware that they are dreaming and the dreamer may gain some amount of control over the dream.
4. **Most dreams are universal.** People from different cultures who go through different experiences have different dreams but there are some common dreams most people know, for example: being chased, being attacked, or falling are very common.
5. **Dreams are mostly based on emotions.** When people dream, they usually have dreams based on strong emotions. One of the most common emotions people experience in dreams is anxiety. In dreams negative emotions are more common than positive ones.



Simge ATASOY



Ayşe Nil CEMİLOĞLU



Dreams Are Awesome

Bora ARSLAN

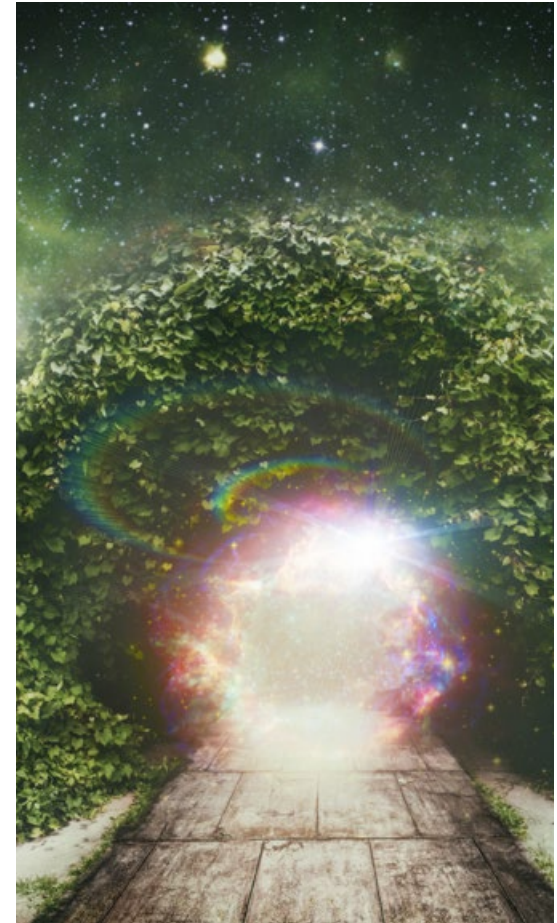
Have you ever wanted to fly or become invisible? You may think it is impossible but there is a way. It's called dreaming. In your dreams everything is possible, you can fly, become invisible and do anything you can imagine!

Dreams are the most unexplainable and mysterious but also one of the most exciting experiences. Dreams have played an important role in human life for many years. Each research done, every question answered about dreams brings up more questions and mysteries. Even if we live in a world where many discoveries about the human body have been made there are still lots of undiscovered things about dreams. It makes them much more interesting.

If you do not find dreams interesting, let me tell you some facts that may change your mind about dreams; like, thinking that some dreams last for a

whole night. The truth is dreams only last for less than 20 seconds. If you didn't find that interesting enough, what if I tell you that visually impaired people can also dream. Yes, visually impaired people can dream too. People with visual impairment may dream based on the images they have seen before. However, people who are born blind cannot see any visual images, but they may feel the same vivid atmosphere as visual dreams with the help of other senses such as hearing, smell and touch. If you are still not interested, did you know that animals can dream too? Scientists have done some experiments on animals. The result of the experiments showed that while animals are dreaming, they exhibit the same brain waves as humans.

As a result, dreams are one of the most bizarre and interesting things in a human's life.



Dream of an Equal World

Kaan KÜÇÜKEMİROĞLU

The world is a marvellous place, where dreams come to life and happiness is abundant. However, this world is also a place for despair, inequality and sorrows. I dream of a world where all is equal, shared and prosperous.

We all have dreams of the future but in our hearts, we must all strive for equality in all aspects of life. In terms of gender, freedom, education and prosperity, the world I dream of would be a better one than we lived in the past. To dream is vital because without your dreams, you are nothing. To get to where we live now, our ancestors dreamt of a better future and a place where our hopes and dreams came to life. They worked for it to make it a reality.

Without a spark, nothing lights up or happens. Nobody should suffer poverty or inequality. We must not turn a blind eye to inequality, and we must work towards our goals. No matter what background a person is from, no matter what their gender or their beliefs are, the only way forward is equality.

I dream of a world where all is equal, shared and prosperous. The sole way for this to happen is to dream because only if you dream and work on them can they come to life and happen. If you don't dream, it won't happen. Never stop dreaming!



That's What I Dream

Onur Yiğit

People were importunate and stolid
Just consuming relentlessly,
The earth, water, resources...
And nature reacted adversely to us: the pandemic
It was a revenge taken for people's actions on Earth.

We were jailed in our own houses like lovebirds
Despite all, the life cycle has maintained its continuity without us
People got wise to that they are not the rightful owner of the nature
And realized the significance of real and spiritual values:
Family, compassion, natural beauties, all living things...

Only changeless thing is dreaming
Dream a world that doesn't pay people back,
A Humanity is born from its ashes,
A Mentality is at peace with the world,
That's what I dream and expect from us...



Beril HIZLI



Ceren AKDENİZ

48

DREAM CAKE

INGREDIENTS

- For cake
- 1 cup white sugar
- ½ cup butter
- 2 eggs
- 2 teaspoons vanilla extract
- ½ cup all-purpose flour
- ¾ teaspoon baking powder
- ½ cup milk
- 1 packet crushed oreos
- For cream
- 1 1/4 cups heavy whipping cream or heavy cream, cold
- 1/2 cup powdered sugar
- 3/4 tsp vanilla extract
- 1 bowl frozen raspberries
- Shredded coconut
- 400 grams pistachios
- For decoration
- Melted chocolate

DIRECTIONS

1. Preheat oven to 175 degrees C. Grease and flour a 22x22 cm pan with paper liners.
2. In a medium bowl, cream together the sugar and butter. Beat in the eggs, one at a time, then stir in the vanilla. Combine flour and baking powder, add to the creamed mixture and mix well. Stir in the milk until batter is smooth. Finally add crushed oreos. Pour batter into the prepared pan.
3. Bake for 30 to 40 minutes in the preheated oven. Cake is done when it springs back to the touch.
4. While your cake is being cooked, start to prepare your cream by adding the heavy whipping cream, powdered sugar and vanilla extract to a large mixer bowl fitted with a whisk attachment.
5. Whisk on high speed until stiff peaks form.
6. Put the prepared cream in two separate bowls, add raspberry extract in one and coconut in the other and mix each bowl well.
7. After resting the baked cake for a while, divide it into 3 equal layers.
8. After applying the raspberry cream on the 1st layer, sprinkle with half of your pistachios. On the 2nd layer, spread the coconut cream and sprinkle the remaining pistachios.
9. Finally, pour the melted chocolate over the cake. If you want, you can garnish it with your favorite chocolates. Enjoy!

EVERYONE'S DREAM AND GOAL IN LIFE IS TO LIVE ALL THE
 BEAUTIES TOGETHER. THIS RECIPE BRINGS TOGETHER THE BEST
 FLAVORS AND OFFERS YOU THE CAKE OF YOUR DREAMS.

COME ON, TASTE IT!

Ceren Akdeniz 9/F
 Edited by Özlem Nuri

A Torch From Batman

Ayşegül GÜLTEKİN

As I'm one of the torches of Turkish Education Association, I would like to mention about its history from past to now briefly.

Turkish Education Association, I mean, Türk Eğitim Derneği, was established on 1st January 1928, under Atatürk's vision and leadership. The organization acquired the status of an 'association for public benefit' in the resolution of the Council of Ministers, on December 12, 1939. Atatürk always believed in the indisputable role of education in the modernization of Turkey.

Education has been one of the areas in which Mustafa Kemal Atatürk, together with the founding of the Republic of Turkey, focuses primarily on and supports all kinds of investments for its development.

TED is an old radical civil society organization which provides scholarship to successful students with low income, opens schools and dormitories, highly emphasizing foreign languages. At the same time, we can say that it is a language school. When the torch of Turkish Education Association started to burn, the foreign languages in Turkish education became active with the vision of this association.

As a student and a torch of TED, I am proud to be in this old radical association and have opportunity to get these privileges and benefits of this organization. I believe with all my heart that the torch of TED is going to light up forever.



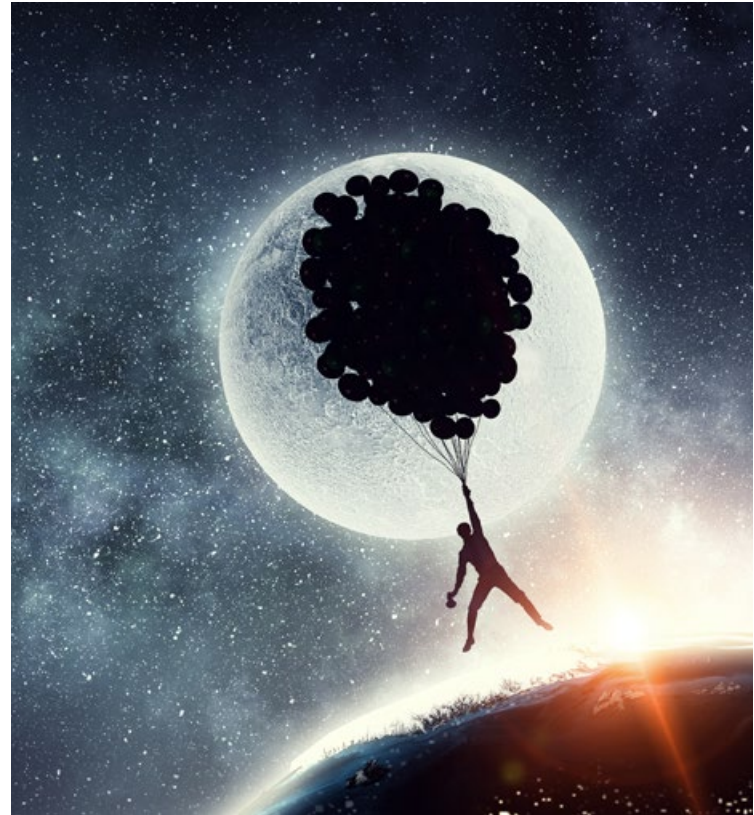
Nourish Your Soul With Music

Cemre EREN —————

Everyone has activities that take them away from all bad things and take them on a journey through their inner world. I am sure that one of them is music. So, what is music? Are they words with several beats or arranged sounds?

Feeling music is very different. You associate yourself with songs, you share your troubles with the singer, then you become friends or sometimes enemies with songs. These few minute adventures are an endless maze in which we find ourselves. If you find your voice and silence in these mazes, you also feel the music. Some people get angry by looking in the mirror and singing, others throw their screams of happiness by listening to songs. In any case, music becomes active in your inner world and helps untie the knots. Of course, it is not easy to explain that how music can make you feel in a few minutes.

In conclusion; going out of reality and jumping into the pool full of your thoughts and sometimes music is like a friend that you can cry with. So, live life to the fullest with music!



After It Ends

Elif TANRISEVEN

The pandemic has changed lots of things in our lives. I miss the way wind touches my face but I also feel like I won't be able to take off my mask easily. It has become a part of my body and I don't feel safe without it. I've accepted the situation.

And it is clear that we all miss our family. After the pandemic is over, I'll hug my mum so tight that she won't even be able to breathe. I can't wait to have a family reunion (I've already planned everything).

I also can't wait to see my friends without a facemask again (I literally forgot how they look like). Furthermore, I wonder how people I've met during the pandemic look like without a mask. I also missed travelling. After the pandemic is over, I'm planning to go on a trip to somewhere (I don't know where, but definitely somewhere).

And last but not least I can't wait to see clearly again. Because I wear glasses, and it is really hard to see clearly when they are foggy.



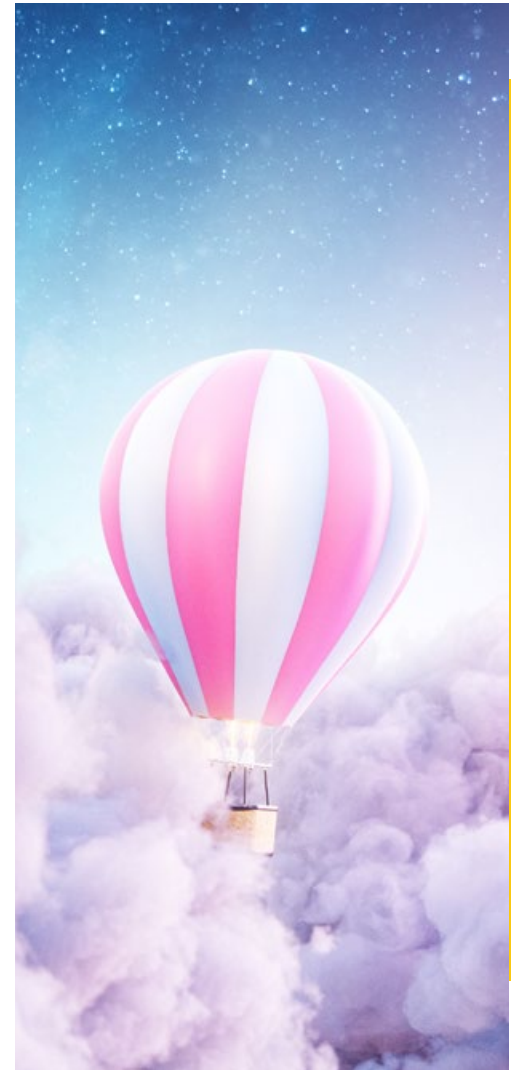
A Year In House

Gazal Naz KUYUMCU

I was talking with my friends about every little thing,
Everybody can see our faces,
Before masks started to cover our hearts,
They told us it will be over,
Will be over in just two weeks,
I start dreaming, type of things happen just in my dreams,
I'll think about them for a long time but I wasn't aware of it,
It's hard to have fun.

I'm losing my faith it's nearly two months at home,
I start dreaming about talking face to face, I just want to go everywhere I can,
Hours of video calls, I'm used to getting bored now, every day is the same,

Just run out of patience it's nearly a year at home, forgot what school means,
Video calls are outdated, I'm doing everything just in my dreams,
Now all I want is to see my beloved ones even if I can't hug them in real,
I'm still waiting for the pandemic to end with a year in house,
Waiting for my dreams to come true.



Dream

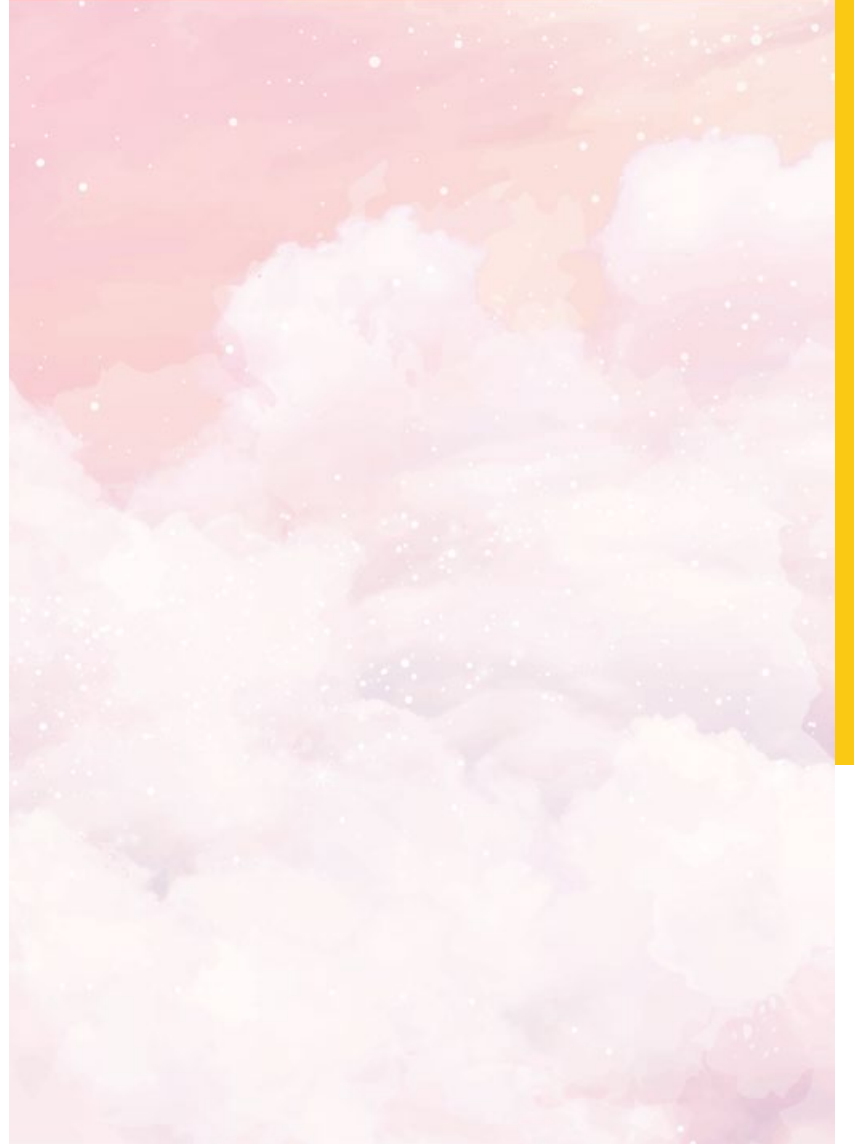
Berker ŞAYLAN

When I fall asleep in fairy tales
When I arrive at a dream island
I met the heroes
Is that real or a dream?

Wings on my back
Birds and clouds
The wind runs with us!
Is that real or a dream?

Pandora's box,
But inside is full of hope!
What was this a lie?
Is that real or a dream?

My epic writer pen,
But my hand never gets tired,
What I write is my destiny!
Is that real or a dream?



A Product of the Subconscious: Dream

Esma NAYIR

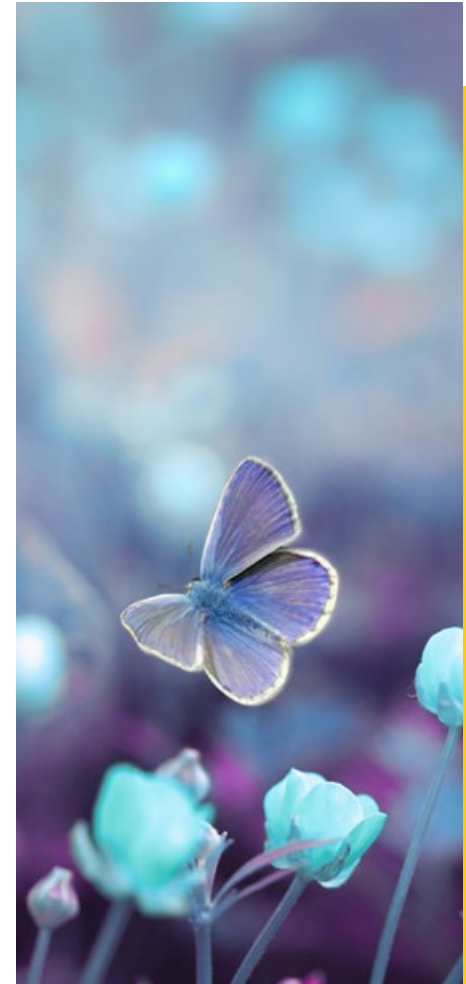
Have you ever witnessed something that you saw in your dreams coming true in real life? Perhaps many of us experienced this situation, but had no idea how it happened. In this article, it is aimed to clarify such events and to eliminate the question marks in your mind under the concept of dreams.

Dream is a succession of images, ideas, emotions, and sensations that usually occur involuntarily in the mind during certain stages of sleep. In ancient times dreams were thought to contain prophecies about the future. As a similar approach; Alfred Adler claims that dreams have the function of helping to plan for the future rather than the past. Human mind is like an iceberg. The small part of the iceberg above water symbolizes consciousness, while the bigger part under the water symbolizes subconscious. Subconscious is the part of us that keeps our body functions working while we are asleep. In periods when your life is under

negative or positive influence, these effects are also reflected in subconscious. That is why dreams you have at such times in your life can be unsettling or peaceful.

Sigmund Freud is the first person that comes to mind when dreams are considered in a psychological perspective. The most discussed view on the meaning and importance of dreams is the “psychoanalytic” dream theory developed by Sigmund Freud. According to Freud, the events seen in dreams are implicit manifestation of unconscious desires.

As a result; dreams have been a subject of curiosity from ancient times to the present day. The meaning and origin of dreams have changed over the centuries by using sources like mythology. People not being able to state precisely why they need dreams reflects how variable both dreams and their uses are.



Michael's Dream

Cemre İLHAN

Once upon a time there were two brothers who lived in one of the biggest kingdoms in the world. One of the brothers, Daniel was very rich. He was so rich that his wealth was heard from other kingdoms in the world. The other brother, Michael was so poor that he did not even have a thing to feed his stomach. That's why he was working as a farmer to take some bread or anything that feeds his stomach. His brother Daniel was very arrogant and he always belittled him. One day Michael was working in the field and then suddenly he fell asleep under the tree. While he was sleeping Daniel came and poked him with his foot and said;

-No food here unless you work, get up now - Daniel said without paying attention;

-Brother, you know, I had a dream. I was very rich, I had vineyards, gardens, mansions. I wish I could see a little more.

And Daniel said;

-You will only see them in your dreams.

His brother gave the following impressive answer loudly after him;

-I think we are both in a dream, my dream has ended when I opened my eyes, yours will end when you close your eyes!

Eight years later, king of the kingdom saw Michael's extraordinary success in farming and he declared him farmer who has the highest rank and he gave him a mansion with a big garden.



Mehmet Ali KOĞA



Dreams

Gülsün PAMUK —————

Have you ever woken up from a dream that was so vivid and lifelike that it actually seemed like you were really living the dream? Even though it's still unknown how we dream or what causes it, the basic definition is that dreams are subconscious images our brain collects while we're asleep. We may not remember all of them, but we dream 6-7 times per night. Even though we don't remember 95% of our dreams, they can be traumatizing for some people.

What causes dreams? Dreams usually happen during REM (rapid eye moment) sleep, the deepest stage of sleep. At this stage, even though you're asleep, your brain is still active, but your thoughts make little or no sense. Dreams can represent people's unspoken desires. However, they can also be influenced by our life when we are awake as our brain processes our emotions, memories and information absorbed during these hours.

Researchers are still not sure what the purpose of dreaming is, but there are some beliefs. Pleasant dreams after a stressful day can be comforting and relaxing, they can help remembering long term memories better, and for an artist, dreams can be their muse.

The occasional nightmare is considered a dream that is more terrifying than a normal dream. Nightmares tend to cause stress and anxiety. Nightmares don't happen frequently and if they do, you might have a sleeping disorder. Regularly occurring night terrors can cause sleeping disorders. If the nightmares cause you stress while going to bed, lack of sleep can bring anxiety.

Researchers have studied dreams for a long time. In ancient times, dreams were connected with religion and dream reading was considered a science by philosophers and physicians. Nowadays, beliefs vary if dream telling is true, but we know that dreams are our unspoken wishes.



Achieving Your Dreams

İsa Yusuf SEVi

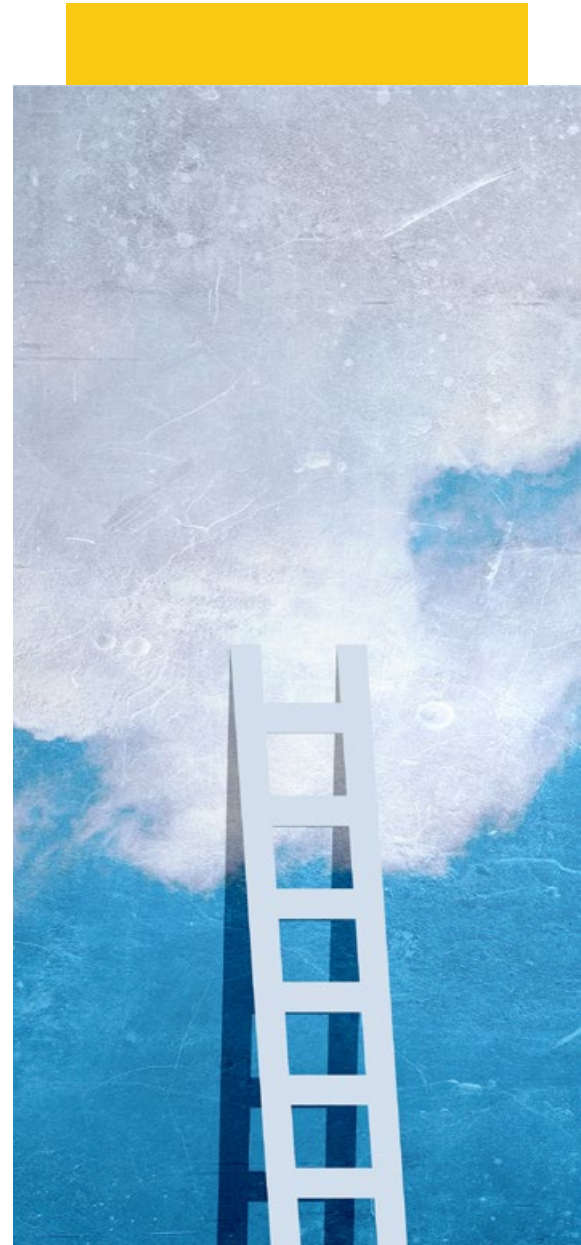
Everyone can have dreams, but only having dreams is not enough to achieve them. You should work on it. You need to have passion and you need to choose the best way to succeed. You have to learn more about what you want. For example, if you want to be a doctor, you need to know how you can help people. If you want to be a teacher, you need to know how you can make children understand the easiest way.

In the future, I want to be a veterinarian because I love animals and I want to help them. I want to save animals in need. There are many animals outside on the streets and they don't have a beautiful life. They have difficulties. I am trying to learn more about animals, their lives and their anatomy. I'm learning how to help animals. However, this is

not enough to achieve my dream because I know that I have to work more.

Another important thing about achieving your dreams, is the way you are trying to do it. You need to choose the best way. You need to choose the way which can help you become experienced, the way that can make you successful, and the way where you can learn more about your dream.

Your school is another important thing. If you are in a school which can't teach you things about your dream, it doesn't matter how much you are working on your dream. For example, I'm at TED because I know that TED is the best to help me achieve my dream. This is because TED has everything I need for my dream. I will achieve my dream because I chose the best way.



Limitless Thoughts

Sahra TUNA

Dreaming is the first step before we achieve our goals and improve ourselves. It helps us to get away from the reality and refresh our mind. We start a journey to the imaginary world where we can organize everything the way we want without anyone or anything standing in our ways. As no one can predict the future, it is important to plan our life, so at times dreaming can be a way out of these difficult endeavors. Nevertheless, there is one main difference between planning and dreaming which is “realism”. Dreaming doesn’t have to become stereotypical in realistic thoughts as it has got no limits. Real life includes both happiness and pain. In this article I will talk about how I want to maintain and probably plan or dream of how my future life should go like or even feels like.

Children of my age are usually obsessed with having fun by having different hobbies such as sports, arts, music, learning different languages and more. One of my dreams is learning four different languages before I reach my 30s. It seems to be hard and will take time but imagination has got no limits, but achieving these, I believe, will take a lot of effort, but dreaming about it will take no effort. It is the joy of just knowing that you can do it and nothing will stop you. Of course, there is a thin line between dreaming and the actual fact of realizing that dream, that is turning it into reality. To fulfil a dream, you have to keep your dream in your mind and believe in it and remind yourself of it every single day. There will be very difficult moments and times when you will just want to say I am done but those are the times that you should remember that staying positive and believing in your goal is important.

After I graduate from university and start to earn a living, I really fancy travelling to the far East countries such as Japan, Thailand, South Korea and China. I have heard a lot about these countries and I have read a lot about them; likewise, dreamt about these countries and the vast cultural differences that my country and its people share with these great countries. My dream is to see that these imaginations of mine become a real feeling that I can actually talk about and even write on them.

As they say, dreams are limitless; I also dream of establishing a new brand in the fashion world where I can exhibit all the creativity in me and bring it into life and see people of the world talking about me, writing about me, fighting on what they think is me and even creating a culture on me. Dreams have no limits and dreams need no effort to create but the actual work of turning them into reality is what makes you and me tired. Imagine people who have never met you talking about you, writing about you just because you are famous. I want to dream without being restricted.

Finally, dreams are unpreventable and no one can intervene in anyone’s dreams. Dreams are the escape realm that everyone has and escaping into it is an important part of human existence. It is our natural right given freely no matter what the color of the skin or the level of education that you might have acquired or the family background that you may be coming from or born into is. So, remember it is important not to stop dreaming.

What Happens To The Brain During Sleep?

Selen GÜNERİ

Where do our minds go when we are asleep? Dreams are a complex part of sleeping. Many people like to perceive dreams in different ways and believe they mean certain things. Some say we see what is going to happen, some say what we see will never happen; sometimes we see our utmost desires, sometimes our formidable fears. Although it is not yet certain in science, many people perceive dreams and believe they have meaning through different elements from different theories: Symbolization, condensation, secondary revision, and displacement – according to Freud's unconscious mind theory¹. As our mind assembles little pieces of sounds and images from our memories and imagination. What the mind goes through, how and why it goes through are some of the many interesting parts of dreaming.

It has been proposed by scientists

before that the dream happens in the few seconds when our mind slowly awakens. With time, that is known to be incorrect. Before going to sleep, the woken mind is incredibly occupied with millions of chattering neurons. The electrical activity of our thoughts creates chaotic electromagnetic waves. As we sleep and start to become unconscious, the waves tend to slow down and brain activity decreases radically. While we are asleep, about an hour and a half later, our brain, in a sense, awakens and neurons start the chatter, sending signals for bodily activities. What keeps us from actually doing so is a small part of the brain called "pons", making the body temporarily paralyzed. The eyes though, are not paralyzed and are the only part of the body that act out the dreams (rapid eye movement, REM). With the REM sleep behavior disorder – also known



¹ Cherry, Kendra. What Do Your Dreams Really Mean? www.verywellmind.com/dream-interpretation-what-do-dreams-mean-2795930#popularizing-dream-interpretation.

as sleep-enacting behavior– people physically act out their dreams by rapid arm and leg movement, making noise, and later remembering the dream better than normal².

As stated, a certain part of our brain sleeps or slows down while we are unconscious. The logical judgement part of the brain – the prefrontal cortex – is off during sleep which allows our dreams to be more bizarre and illogical. Regardless, the emotional parts of the brain – amygdala and hippocampus – become even more active than in any awoken moment. Therefore, the reasoning part of the brain's control over the mind decreases and the emotional parts increase; explaining why dreams tend to leave a feeling rather than logical events in the mind.

It is extremely common for people not to remember their dreams, even though a fifth of the sleep time is spent dreaming. This case is explained by the rapidly decreasing levels of norepinephrine when we are asleep. Norepinephrine³ is a naturally occurring chemical, a neurotransmitter – sending signals between nerves – that acts as a stress hormone causing the body to feel alert and react, allowing the brain to create memories. Hence, the low rates of norepinephrine restrain the mind from turning dreams into memories. Neuroscientist, Robert Stickgold⁴, states he recommends acquaintances to drink more water before sleeping to remember their dreams better. Despite the fact that waking up several times or spoiling the unconsciousness of the brain – by drinking too much water the night before for instance – can make you



2 "REM Sleep Behavior Disorder." Mayo Clinic, Mayo Foundation for Medical Education and Research, 18 Jan. 2018. [www.mayoclinic.org/diseases-conditions/rem-sleep-behavior-disorder/symptoms-causes/syc-20352920#:~:text=Rapid%20eye%20movement%20\(REM\)%20sleep,sometimes%20called%20dream%20enacting%20behavior.](http://www.mayoclinic.org/diseases-conditions/rem-sleep-behavior-disorder/symptoms-causes/syc-20352920#:~:text=Rapid%20eye%20movement%20(REM)%20sleep,sometimes%20called%20dream%20enacting%20behavior.)

3 "Norepinephrine." Encyclopædia Britannica, Encyclopædia Britannica, Inc., www.britannica.com/science/norepinephrine.

4 "The Mind, Explained." Netflix Official Site, 12 Sept. 2019. www.netflix.com/watch/81062189?trackId=13752289&tctx=0%2C1%2C7554da13a08bc9f7fb525bc9ceef1c11f1fa95f%3A277ebe79100ede4619d2cb42fd05c2c9d230eb52%2C7554da13a08bc9f7fb525bc9ceef1c11f1fa95f%3A277ebe79100ede4619d-2cb42fd05c2c9d230eb52%2Cunknown%2C

remember your dreams better. It is to a certain extent and cannot help much, considering the effect of norepinephrine. In addition, expectedly, one of the reasons dreams are not mostly remembered is their importance. Most of the time, dream endings tend to be the most fascinating and important part as well as being the part we tend to remember the best. Dorsolateral prefrontal cortex (DLPFC) is an important part of the human brain when memories are taken into consideration. Most of the remembered dreams, the most bizarre ones, tend to take our attention and create activity in our DLPFC. Thus, we may not remember dreams well, because they are not mostly attention-grabbing.

From a comprehensive view, the act of falling asleep is not a consistent action for the brain. Certain parts of the brain slow down while certain parts speed up which allows a variation of rather unrealistic images, sounds or series of events to occur in our mind. There are many beliefs and theories as to why we have dreams, how we have them, and why we cannot remember them. Keep in mind that most of these theories are considered to be controversial. Still, all the complex concepts of dreams are still of big importance and inspiration for people, whether it is music, screenwriting, or poetry.

INSPIRED BY/REFERENCED FROM

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5 Hartmann, Ernest. “Why Do Memories of Vivid Dreams Disappear Soon After Waking Up?” *Scientific American*, Scientific American, 1 May 2011, www.scientificamerican.com/article/why-do-memories-of-vivid-dreams/#:~:text=WE%20FORGET%20almost%20all%20dreams,rapid%20eye%20movements%20and%20dreaming.&text=The%20dreaming%20Freverie%20end%20involves,and%20%E2%80%9Cfar%20out%E2%80%9D%20material.

Shadows and Voices

Zeynep AKDOĞAN

Hiding behind light beams,
Remembering what life means,
In the streets,
Of their dreams.
Walking down in nightmares,
Until one of them dares,
To at least talk to someone,
Talk to someone who cares.

Raindrops falling,
Shadows are passing,
Are they laughing?
Or just asking?
If they could be set free,
They are willing to agree,
To give up,
To give up their mind's key.

One's own mind,
Should be one of a kind.

Even if they are laughing,
It's because they are blind.
Blind to their own dreams,
Following the voices' schemes,
Just because they are different,
They have to shut down their
screams.

The voices will not become quiet,
They believe they are this one giant,
The only way to make them silent,
Is to team up and start a riot.
Only then,
Can they dream again,
The voices disappear,
The shadows finally can,
Follow their own path,
And write with their own pen.



Dreaming

Berin TARGAN

We all dream. Dreaming shows that we have hope and we are still breathing. It is a sign that we are still alive. We go to bed at night and create different scenarios in our minds. Lots of dreams, lots of adventures... We want to make some of them come true when the right time comes. Dreams connect us to life, whether they come true or not. It's nice to dream. It is even more beautiful when it is real. But what if we live in a world where everyone's dreams come true?

Perhaps, it wouldn't be so good to live in a world where all people's dreams come true. It would probably be a terrible world. Although it sounds perfect at first, it might eventually become boring. Imagine everything we dream is happening. We would have no purpose; we would have no expectations from life. All workplaces and schools are closed because nobody wants

to work. Nobody wants to work because when you want money, you dream of money and you get the money. We would not need anything anymore. Then, what would make it worth living in a world where all your dreams come true? Nothing. What about bad people's dreams? Is the wish of a thief or a murderer useful to humanity? In such a world, the crime rates could reach a high level, and nobody could stay safely at home.

In life, the things we call "how nice it would be if..." are actually not that nice. It might cause many problems. Fortunately, we don't live in such a world, and we can't get things done just by dreaming. Let's keep dreaming anyway, knowing that not all of them can come true. Nothing is impossible when we try to achieve it. Just dream and strive to achieve.



10 Years Ago

Muhammet Yağız ILGAZ

I was about 9-10 years old, as far as I remember while chatting with my mother one day I said, "Mommy, I want to go on a cruise with my friends from different countries alone." My mother looked into my eyes warmly, and she said, "Why not, of course you can, but you need to grow a little bit more." I was very happy and excited.

14 JUNE 2020

The morning of June 14 was very different. This time I woke up spontaneously, not with my mother's kisses. What I saw on the nightstand when I wake up? A white envelope! "Happy birthday, my handsome son." written by my mother with her beautiful hands. I said to myself, "Yes, my mother has prepared a nice surprise." I opened the envelope and saw a Cruise ticket; my dream was standing in front of me. When I jumped out of bed, I ran to my mother. My mother said- Now it's time, after 10 days you will be passenger. Let's see, good luck.

10 DAYS LATER

It was Friday. All my preparations were completed. I was so excited. It was as if there were many birds fluttering in my tiny heart. I heard my mother's voice and she had arrived. I said goodbye to my mother. After a long and pleasant conversation with my father, we had reached the point where I was traveling.

I cannot write down my feelings here. Everybody has to live these feelings. It was the first time I was away from my family. One side of me had the joy of making my dream come true for a long time.

FIRST DAY ON BOARD

- 'Hey dude, what's up?' someone said. I looked back when someone was coming towards me. He sat right next to me before he even asked. I was a little bit angry about this. But I did not show.

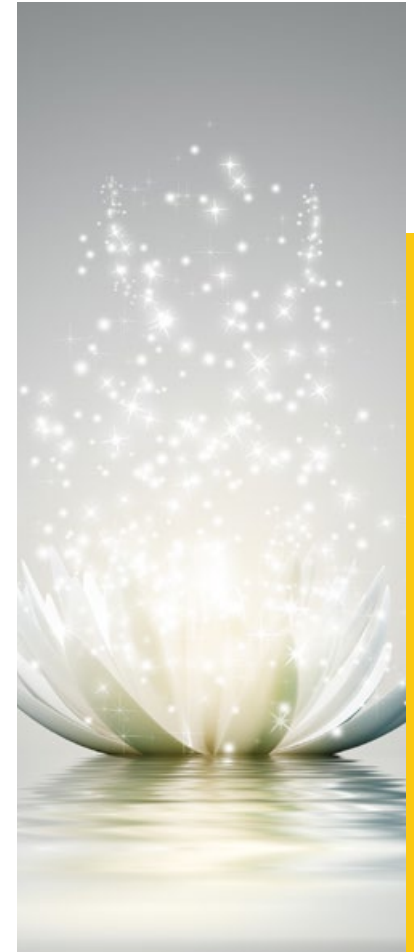
- 'Hello I'm good, how are you.' - 'I am good. How beautiful the ship is, isn't it? Do you like it'?

- 'Good, I like it.' I said.

. We sat down for our meal when two more girls came. - 'Hello'. I said hello, too. Then our meals came. It seemed legendary, my mouth was watery. We had a nice conversation while eating our meals. After we ate our meal, we were on the deck of the ship. The scenery was very beautiful. The sea, birds flying, mountains ...It was all very nice.

It was getting dark after about 4-5 hours. We retreated to our rooms I and lay down on my bed...And went to another dream...

The poorest is not the one who doesn't have a penny, but the one who doesn't have dreams.



My Dream World

Naz ZEREN

We kept staying indoors to protect ourselves.
We had to obey the social distance.
Coronavirus captured our life like the ivy surrounding a tower,
Anyway, I still wish the pandemic was over.
I hope the pandemic is something we won't again need to face,
Wish to be in nature, hang out with friends, and travel as in the old days.

In 2040, there may be lack of water,
They say scarcity can cause disorder.
We saw some beautiful things, the next generations may not,
Some try to save the earth, but policy makers do not.

Lack of water brings along to plants' death,
Which isn't the only faith on the plants' path.
We are all guilty for how the world is now.
We can't return to the first time of the world but we can prevent it from getting worse,
From now on, let's work for nature, don't let nature work for us.

Now I'm dreaming about a new world with coves,
When I go out, I hear the birds' singings, not car noise.
The surroundings are verdant, the sky is deep blue,
Now I'm walking on the coast, Trash? Dead fish? There is no clue.
I'm on the pier, I see seagulls flying in the sky, and colourful fish swimming in the sea,
I guess, I've never seen that much of beautiful things in the world where we used to be.
I don't want it to remain just in my dreams,
Let's make it come true by drawing on how possible it seems.



Impressions from my school in the UK

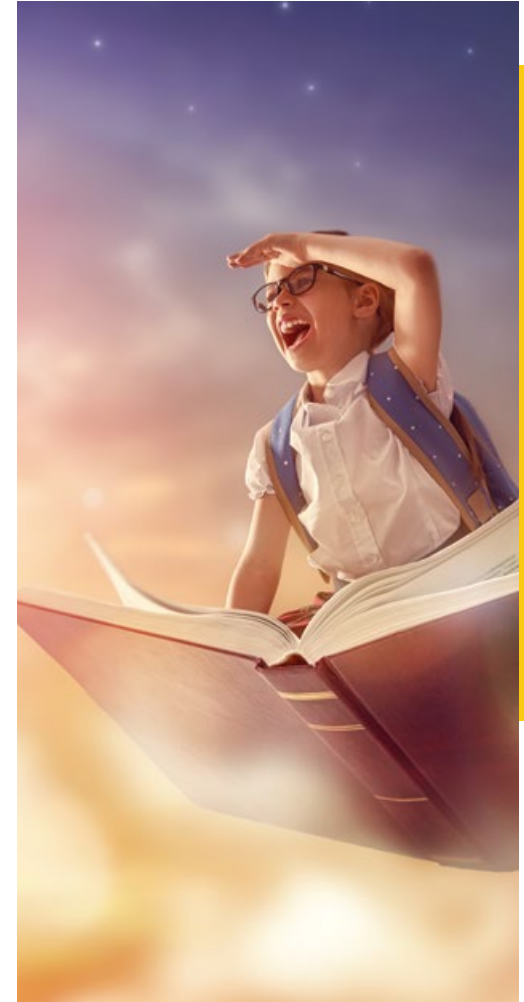
Yunus GERGERLIOĞLU

Have you ever dreamt of studying abroad? I had an opportunity to study in the United Kingdom thanks to my father's project. I studied as a ninth-grader at the Church of England School. This school was quite surprising for many reasons.

Firstly, we had only notebooks rather than coursebooks. The teachers were lecturing while we were taking notes. Secondly, the school had strict rules. For instance, we had to wear black leather shoes and a tie. Even our socks had to be black. Another example is that the pencil cases were regularly checked by the tutors every day to see whether we brought all the materials for the classes. Additionally, when students needed to ask the teachers about a topic, they needed to ask it by using the word "please" at the end. I can clearly remember that once I arrived at the school only a minute late, the school management punished me with break detention.

Secondly, we used to start the school day with a novel. The tutor was reading aloud while we were trying to catch her words by using a ruler. Another thing that surprised me was that some students could get a royal stamped greeting letter once they reached the threshold of the assignment completions. Luckily, I was one of them to take this special letter. My favourite subject was sports studies because I learned a lot of information about some sport branches. These consisted of handball, tennis, ping pong, badminton, and fitness.

Furthermore, there were elective lessons which included catering, photography, crafting, drama, and more. In history lessons students were investigating their history, and also were discussing about the mistakes in Britain's history. Consequently, it was an experience that made me surprised and my dream came true.



No Dream No Gain

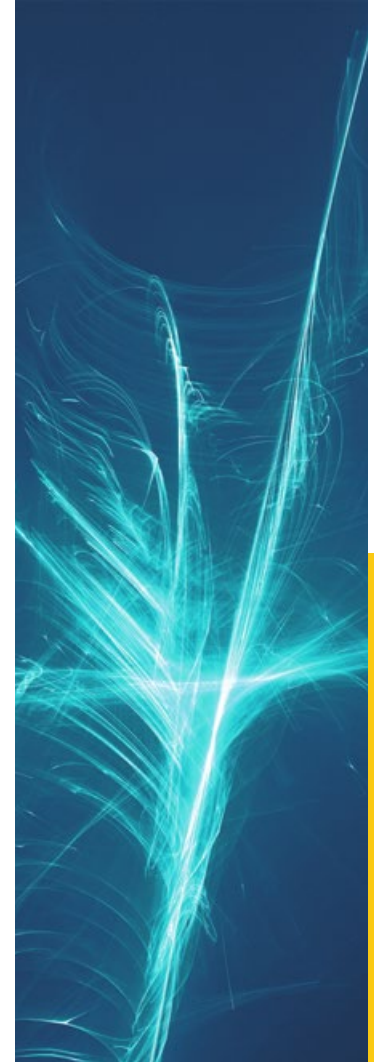
Şewval BERBER

As we all know people have been seeking ways to be successful and admired by other people. For many, this leads people to have the belief that in order to be a successful person you have to have "Dreams." Besides, it can be clearly stated that without dreams, there can be no courage and without courage, there can be no action. Almost all people, especially teenagers, have dreams and targets about a variety of things such as their careers, families, their future, and so on. Since dreams are unique to individuals, everyone has their own way of dreaming and making them come true. Everybody dreams, but not the same way. In other words, we all have dreams. However, in order to make dreams turn into reality, it takes a lot of determination, dedication, self-discipline, and effort.

Everyone wants to be successful and they have targets set in their minds as how they will set to achieve these goals. For example, when we see a successful person, we may have the feeling that "I want to be smart, ambitious and powerful, just like that person." That person could be an actress, a scientist, or even a singer, but I am certain that they also had a dream at one stage of their lives. It is an obvious fact that to accomplish great things we desire in life, we must not only act, but also dream; not only plan but also believe.

Everyone is different and we all dream differently due to the fact that we are individuals. Dreams have only one owner at a time. That is why dreamers are lonely. Even so, firstly we want to achieve them for ourselves, then make our loved ones proud of us at the end. There is no doubt that there is just one way to make dreams come true and it is working hard to get what you want. If you want to achieve something, you have to be persistent and determined, when you do this you can overcome any difficulties that come in your way. You must set small targets and deal with each step as it comes in order to reach the big dream. Through hard work, perseverance, and faith in your dreams, you can fulfil your dreams.

In conclusion, I strongly believe that success is within ourselves. In addition, for our dreams to come true, we need to start with ourselves and take the risk. What I am trying to say is that dream as if you will live forever and live as if you will die today. Nevertheless, always remember that dreams can become a reality when we possess a vision that is characterized by the willingness to work hard, a desire for excellence, and a belief in our rights and our responsibility to be equal members of society.



Dream It Till You Make It

Demiralp DEYNELİ

Everybody has dreams whether it is about themselves, their family, or the world. Some dreams may not be real but it is a hope in our mind. The important thing is implementing your dreams into reality, just like Walt Disney said: "All our dreams can come true if we dare to pursue them."

Firstly, the most important thing about dreams is courage. If you think your dream could be implemented into reality, you have to risk it and do what you can do or you will never achieve your dream. If you do not take a risk, you miss out on what could have been the reality; so, give it a try, as you have nothing to lose but a lot to gain.

Another concern is the world we live in. Our dream is to make it a better place for everyone to live. We do not have to be a genius to be aware of the global environmental mess we have created over the years. The easiest thing we can do for our planet is recycling. Recycling is the process of turning used products-from household use, manufacturing, and many others- into something profitable and advantageous and thereby reducing their negative effects on the environment to make the world a better place to live. This requires all of the human race to dream of

a better place, it should not be the dream of just one person but the dream of the entire universe.

On the other hand, in life people have different dreams and aspirations of the things they wish to accomplish during their lifetime. However, not everyone manages to achieve the goals they set due to different social, political, and economical factors that prevent them from turning dreams into reality. It takes a lot of patience, hard work, and determination to overcome all the obstacles that come our way as we climb up the academic, social, economic, and professional ladder. Whatever the obstacles are, I have a dream that one day I will be able to pursue my studies outside my home country and be able to contribute positively to the development of our world.

I strongly believe that courage and a positive mentality will help us make our dreams come true. If we do not believe in our dreams and the things we do, we will not have the power and will to do anything. If you do not follow your dreams, you will not be happy, you will always wonder what it could have been! Remember nothing is impossible, anything can be done in this world. If you can dream it, you can do it.



Need For Dreams

Selin SELÇUK

It is an undeniable fact that dreams are crucial for our lives. Most people on the planet-regardless of gender, age, profession, and so forth- have the urge to dream of something. As Eleanor Roosevelt said "The future belongs to those who believe in the beauty of their dreams." Moreover, each new goal starts with a dream. For a start, we have a dream which we want to come true, but nothing happens unless first we dream. After that, our dreams become our goals and we start to achieve them, which leads us to pursue our dreams.

Let us think about the role of dreams in our lives. As a matter of fact, it has been statistically determined that the majority of people who have dreams and go for them are happier than others. More importantly, people don't have to be necessarily creative nor be intelligent to dream of something. In contrast, the only thing they are supposed to do is just to think about the situations in which they can feel peaceful and justified in their lives. One thing to keep in mind all the time is that the pursuit of happiness lies inside us, it starts with us!

What could possibly happen if we do not dream? Dreams affect our lives. To clarify, those who do not have big dreams and do not know about their passion will not be able to get fulfilment in life. People who have passion will go after it regardless of the challenges and obstacles they face. Their passion will keep them focused and on track. They will not get discouraged when facing problems and will not get distracted by other things they come across.

To sum up, I strongly believe that dreams, as mentioned above, are everywhere. It is quite necessary here to clarify exactly that dreaming has a great impact on every situation in our lives since dreams are the preconditions for the formation of goals that shape our future. That is exactly why we should never give up on what we really want to do and what we should always bear in mind is that "the person with big dreams is more powerful than the one with all the facts."



I Dream Therefore I Am

Selbin DUMAN

One of the amazing things we have been given as humans is the desire to have dreams of a better life and the ability to establish goals to realise those dreams. We can look deep within our hearts and dream of a better situation for ourselves and our families; dream of better financial lives and better emotional or physical lives; certainly dream of better spiritual lives. It seems to me that every single person should have a dream since dreams connect people to the future and people's goals are what makes things meaningful for their future. People of all ages should dream. Some people aim to get to a good school, some aim to progress in their profession.

There is no person alive that is not filled with dreams, goals, and ideals. These things are a part of life and human nature. We all have the inherited desire for a good life. Dreams are vital in the life of every person. Without dreams, there is nothing to plan or look forward to; therefore, no reason to live. Dreams are what make us who we are. Everyone has a different dream and these dreams are what influence our whole lives. Without dreams, a person has no motivation. There would be no point in going to school

or getting a job since no one would dream of having a career or family. Dreams are what motivates us and keeps us going through the hard times. We dream of something better than we presently have and that motivate us to succeed in achieving our goals.

Therefore, in the path of achieving my dream, it is important that I take one step at a time. Even if I have a very big dream of becoming successful in whatever field I choose, it is best for me to take steady and small steps by setting both short term and long term goals. By doing this, I will always work towards achieving my dream. When I take one step at a time, it helps me not to rush into decisions and take things easy. In addition, these things should be done for yourself and not for others. One should not feel the urge to prove anything to others.

To sum up, I have the belief that dreaming is the freedom, peace, and the desire to live. Dreaming is what all the people in the world should do. Last but not least, people should make their own dreams come true for their own happiness.



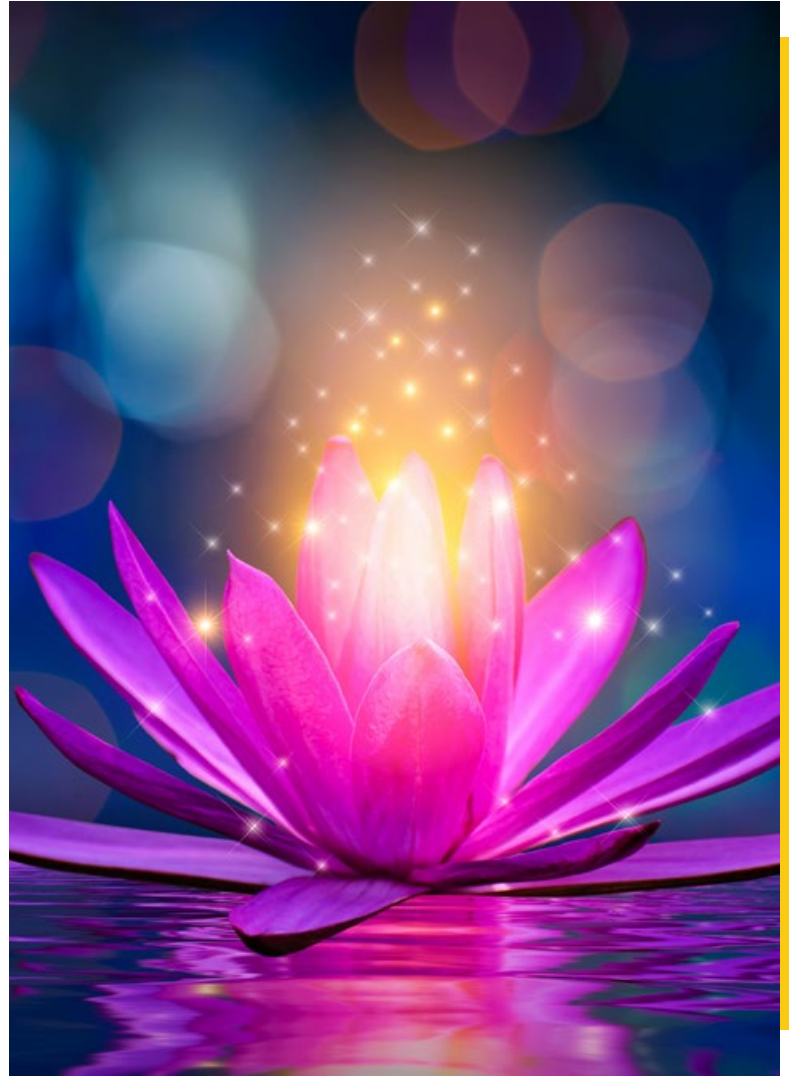
İrem ARAZ



Dreams

Beyza KAYA

Everyone has a dream and our dreams are our friends on the way to our goals. All of us close our eyes when we want to achieve it, we dream about it and it makes us smile. We think that if we smile while just thinking about it, what is going to happen if we live our dreams? And now most of us try to answer this question. Dreams are inseparable part of our lives and this is what makes us motivated. We had different dreams in our childhood. Some of us wanted to be a princess like in the fairy tales, some of us wanted to be a doctor to heal patients, some of us wanted to be an astronaut to explore space, some of us wanted to be a footballer because of being interested in football. But now we are growing up and our ideas are changing day by day. Now our dreams are becoming common. Some of us want to have a job with a good salary but most of us want to be successful in exams. What is the reason for this? Nowadays exams are a way to achieve our dreams. And students are studying for their dreams, athletes do sport for their goals, employees work hard for promotion and some consideration. These are examples of striving. We can dream but we have to take a step to succeed. If you want to have flowers, first you should plant the seeds.



Dreams

Kemal YAZICIOĞLU

I have big dreams just like everyone else. These dreams may be hard to achieve but not impossible. There are some steps to follow to make my dreams come true. I should be keen; I should find an incentive and I should preserve both my physical and mental health. I have unsteady dreams too, like where I want to be or who I want to be in the future because it is really hard to decide. Sometimes I feel like I do not know what I want because the society, family and the people around can make you change your mind and decisions. However, do not let them affect your life. At the end of the day, you just have yourself and the consequences of the decisions that you have made. I want to be really successful in law, maybe a lawyer, judge or prosecutor. As I heard from law students, law school is a little bit hard. They say it is challenging but the outcome is satisfying. I have doubts like what if I cannot be successful like others but these thoughts are temporary. Defending people is exciting and stressful, that is why I want to study law. Some people find this job stressful and they are scared of being ineffectual but in my opinion if you work hard and if you are talkative and ingenious, you will be the person whom you want to be. Just work hard and be independent and eventually your dream will see the lights of day.



Follow Your Dreams

İklim TOKLU

I think there are times when we all dream about things big and small, but sometimes pursuing something so far away from your current state can seem overwhelming, risky or selfish. And I think that it's so much easier to ignore these dreams and not sacrifice the attention they need to become true. Because it can be intimidating to get ready to deal with the hardships that achievement brings, both mentally and physically. As to what I can advise, though I have so much yet to experience and learn myself, is to try your best, be brave and patient and believe in yourself. Then I think it will be easier to accomplish your dreams even when things don't end up in a way you dreamed; both the journey and the conclusion will be rewarding. And if things end up the way you dreamed like, then good for you.



Determine Your Dream

**Öykü Irmak BAYINDIR,
Rojin Asmin ARSLAN**

Nowadays people are incessantly dreaming about what they want it to be or the “dream life” they want to acquire. First, you must carve out your own way to make your dreams accessible. After that, dreams could be more realistic. Sometimes they can be the only reason to wake up. After determining your dream, you should revive and visualize it in your brain.

If you know how to visualize your dream, you can incorporate it into your life and be able to make it concrete. Whether you attain it or not, at least you know you had the potential because you tried, that is the thing that matters. But at the same time, your dreams ought to be related to your lifestyle, on account of that you know as the alternatives to accomplish it. Beyond this, if you have already set your target but you do not know where to start, you should not run before you walk and if you have to crawl ahead of all that, then you should!

It genuinely depends on your status in the society. If you are a student, your dream would be getting accepted to your dream college. For students like us who live in Turkey, their biggest dream is to have an education abroad. Some of them may have some difficulties but that is not a reason not to try. No doubt that your mind and imagination are limitless. Unless you do not push the boundaries, you might not reach your goal. As it is said in the book, What is to be done? “Those who devote themselves to the ideal of a dream come true must have enough material and spiritual strength to make it happen.”



Asmin KAYA



An Interview On Dreams

Ayşe Nil ERMEYDAN

Hi Everyone, today we have a special guest! My mom. She is an English teacher and a life coach! I have some questions for her about dreams.

1- What does dream mean to you?

- Dream means the light of our lives, it gives our lives a lot of sunshine, I believe.

2- Who is your idol about dreaming?

- Atatürk is my idol about dreaming because he created a country with his dreams. The country was poor, shared and controlled by foreign countries. He dreamt about a powerful and an independent country. It was his dream and he achieved it.

3- What do you dream about the most?

- I dream about a happy and healthy life with my whole family.

4- Can dreams change the situation?

- Absolutely yes, all dreams have a power to change people's lives. Our dreams have frequency and if we feel grateful for what we have, it matches with our dreams and after a while we live it as our reality.

5- Do you believe in the power of dreams?

- Yes, because every dream creates new realities.

6- Do you believe that there is something more powerful than dream?

- Yes, our belief system is as strong as our dreams. If we feel invaluable or unsuccessful it may be impossible to reach our dreams.

7- Can dreams change our emotions?

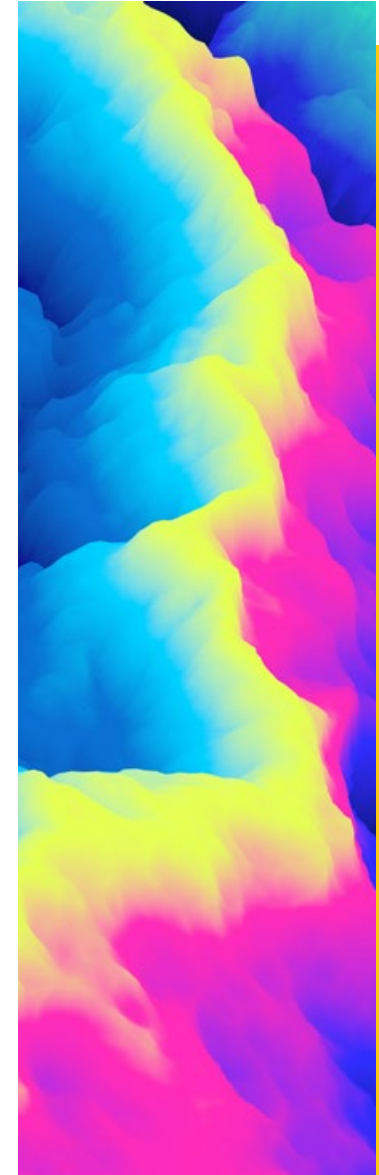
- Absolutely yes. Nice dreams create strong goals.

8- Can dreams give us inspiration?

- Yes, because big dreams start with small inspirations.

9- What is the main rule of dreaming?

- There is no rule of dreaming. Watching the rain, delicious food, etc., can inspire you and cause dreams.

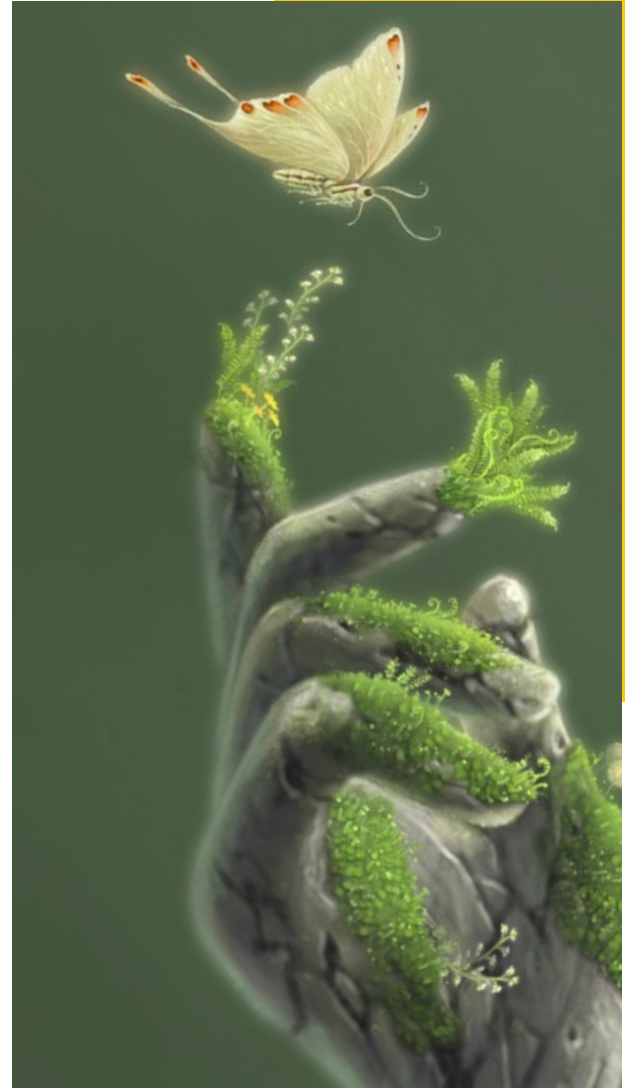


Dreams Make My World Spin

Irmak Tuana ÖZTURAN

I have dreams. My dreams make me who I am. I have dreams that translate my feelings. My dreams may not change the world, but they can change people so that if people change, the whole new world will emerge.

Actually, all my dreams have one thing in common. They all serve the same purpose. Happiness... I have peace in my dreams. In my dreams there are understanding, tolerant people. People who do not care about religion, gender, skin colour, nationality just like the iconic song of John Lennon 'Imagine'. People care about ideas and feelings. There are people who think sensibly, read a lot, watch a lot, talk a lot and listen a lot. There is a world in my dreams which is full of love and happiness. There is love for people, love for animals and love for nature. There are living people, living animals and living plants... Everyone agrees that flowers are beautiful on their branches. They learned to love without killing. They learned that death is very different concept from love. They learned that every living thing and every soul is precious. These people are equal. All genders, all ideas, all hearts are equal. These people are fair. They know how to distinguish right and wrong. They know and apply. These people are not slaves of a system. They are the sun of their own system. In my dreams, people want to live by each other's happiness not by each other's misery. People don't hate and despise one another. What to do and what not to do, are just their choices and decisions. The World has rooms for everyone and the earth is rich in my dreams. Greed can't poison men's souls. The world in my dreams is far away from being barricaded with hate. Being clever doesn't make people hard and unkind. I have honest people in my dreams. People don't need to lie to each other. And there are brave people. Brave people who make every day worth living, not like robots programmed to spend every day in the same way.



There are no people in my dreams who tell you what to do, what to think and what to feel and there are no people in my dreams who rule others' lives. People are not afraid of changing, people who know that the only constant thing is change itself have released their souls to change. There are people who are not afraid of the dark. People who light the dark, know that every night has a day. There are people who are not afraid to be scared. People who know that being afraid is as normal as laughing and crying. There are people who are not afraid of being fearless. People in my dreams have the technology and they use it for the happiness of all mankind, they don't shut themselves in it. There are clean streets. Without dirt, rust, and garbage... Green streets. People have become conscious about environment, they got along with mother nature. The trees are smiling, the flowers twinkling. The birds are humming a song. Which song is this? The song of freedom. There are people who are happy to go to work. There are people who are so caught up in the pleasant voice of freedom that they do not just listen to it, they live it. This beautiful voice has enveloped the whole world, cars have stopped honking not to suppress this beautiful sound. The construction machines stopped making noise and started listening to this beautiful melody. Uncut trees also started to dance next to the machines. They are not the only ones dancing. People also copied them and started dancing. They look at each other with love. They look respectfully. Sometimes these people do not look but instead close their eyes. They breathe in the air. They feel they are living. Life smells different from expensive buildings, luxurious restaurants and

famous companies. It smells of empathy, not expensive perfume, smells respect, not car exhausts. The air smells like that: a little love, a little smell of earth after rain, some fresh coffee, a little happiness... And people feel the air. The air touches their skin gently and leaves a kiss on their cheeks. They feel the wind, caressing their hair. They feel the sun in every particle of their bodies. Their bodies and hearts are getting hot. Happiness is simple. Perhaps walking on the snow-covered street on a winter day, maybe getting wet in a spring rain. Sometimes watching the fallen leaves in autumn, sometimes listening to the sounds of cicadas on a summer night. There is no fight. Problems are solved by talking. People know how to enjoy the moment. They know they will never have those minutes again. They know that they will only live this life once. They know that they will be at the age of 15 or 30 only once. People have stopped doing something to kill time. They are aware of the fact that they have a life that should not be wasted, even a second, every minute is worth living. They don't stick to the past. They are not devoted to the future. They love the present. They love themselves, love their lives, love to live. The kingdom of liberty is within all humans. The decent world in my dreams gives men a chance to work, gives young people a future and gives old people security.

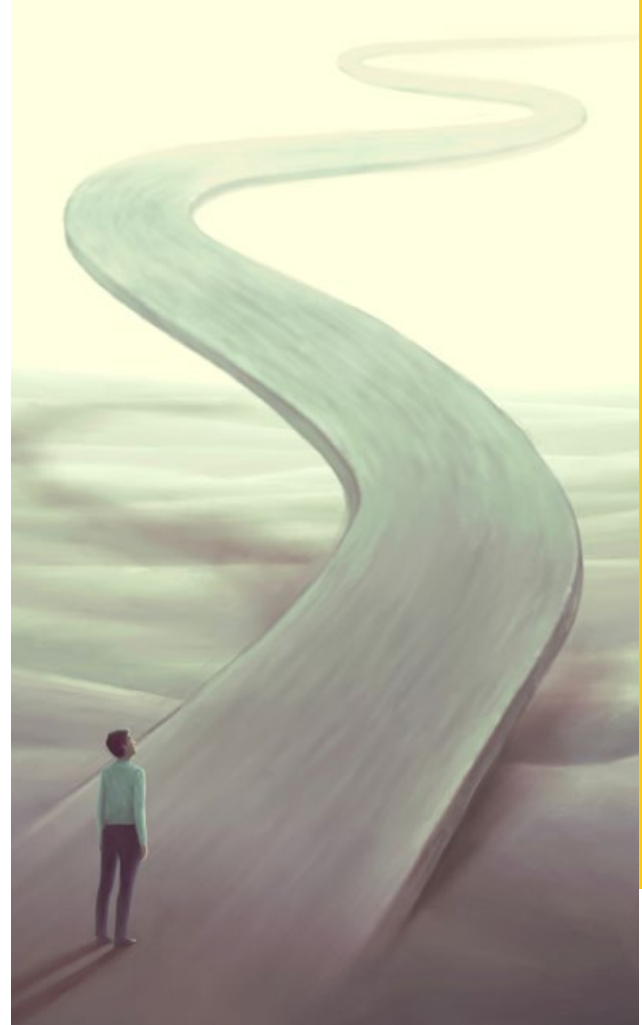
Every moment in their life has a purpose, everything they do has a reason. Happiness... My dream is a world dominated by happiness, lives where the only rule is happiness, people who are happy. I have a dream consisting only of happiness. I have a dream...



Dreams

Nehir GÖNÜL

What do dreams mean to you? For some it's an escape from the ordinary world and being happy with things that really wouldn't happen... Sometimes you create the future in your mind. Dreams mean very different things to many people. If you have a very bad day just close your eyes and lie on a cloud. Feel the colours of the rainbow on your skin. And let it heal your soul. A bad day will disappear in this dream. Do you think the world is a disgusting place? Create your own utopia in your dreams. Think of lush lawns, smiling people, and puppies. At least, you will love your own world now. Somebody said that we could have anything we imagine. That's right unless you want a unicorn! Dreaming leads us to work hard. Because every person wants to live his or her own dream. Dreams make us happy. Because it is possible to see ourselves where we want to be one day. Many people who have accomplished great things say that they are standing in the place where they dream of. Isn't that the secret of happiness? Living and realizing our dreams. If we look at it from another point of view, each of us is living someone else's dream..... We have a happy family, healthy bodies and a warm home. So, dreams are in the middle of our lives while creating our own world and setting our goals... A simple car you see on the road, the clothes you wear, the ordinary chocolate you eat every day are in someone else's dream. You have no reason for not being happy. Even if you think that the place you live in is not beautiful and the people around you are terrible, you can make up your own dream or think that someone else is happy by dreaming about them. Don't forget to live being aware of this beautiful cycle. I hope you have a dream to make this life free, beautiful and meaningful.



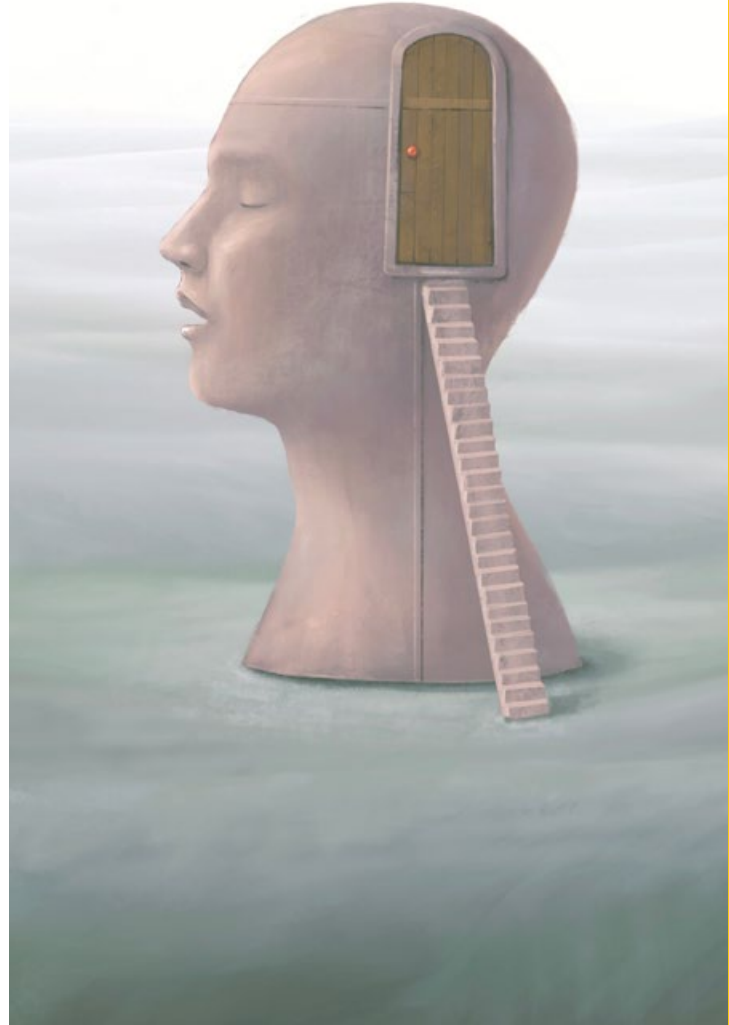
Dream

Işık ÇELİK

Never give up on your dreams
Hold on them tight
If you give up on your dreams
You look like a bird with a broken wing that can't fly.

One day you will wake up from your sleep
The things you've always dreamed of
You will not have time to do
Now it's the time.

Follow your dreams
Never give up
Always keep dreaming
One day they will surely come true.



Ballad Of The Wildest Dreams

Sude SERTDURAK

Detached from the world
With me, myself and I
Heard the ballad of the unheard
Waited eternally for a reply.

It was the voice of the soul
Tells the story of wildest dreams
Strives to make them someone's goal
To end the suffering by all means.

Heart of mine mesmerized by its elegance
Made a vow to spend every second of its existence
To end the tears undeserved to be shed
Spread happiness and serenity instead.

So listen to your heart carefully
You too can hear the never-ending story
Of the heroes who dared to dream
And purified the world from misery.

All we need is courage to speak up
We brighten the world as we raise each other up
Every revolution ignited from a spark
Dream a little dream to shine upon the dark.



Dream Life

Ceren ERHÜNER

Close your eyes.
Imagine the dream life.
No poverty,
No inequality...

Your mind as a pure water,
far from any struggle.
Your thoughts are unfettered performer,
in your unique theatre.

Black&White dancing in harmony.
Peace is singing with dignity.
Racism is fading away.
No riots, no nothing...

You are only you.
With all your feelings.
No fake smiles,
No fake tears...



Cosmos

Ebru KARAGÖZ

Hop on a cloud and fly
Meet me where the dreams start
Sky is a canvas and the wind is your guide
May your feet never touch the ground.

Golden stardust in my hands
I see it shining through your eyes
In your eyes, there are vain and the scars
Let me teach you how to touch the stars.

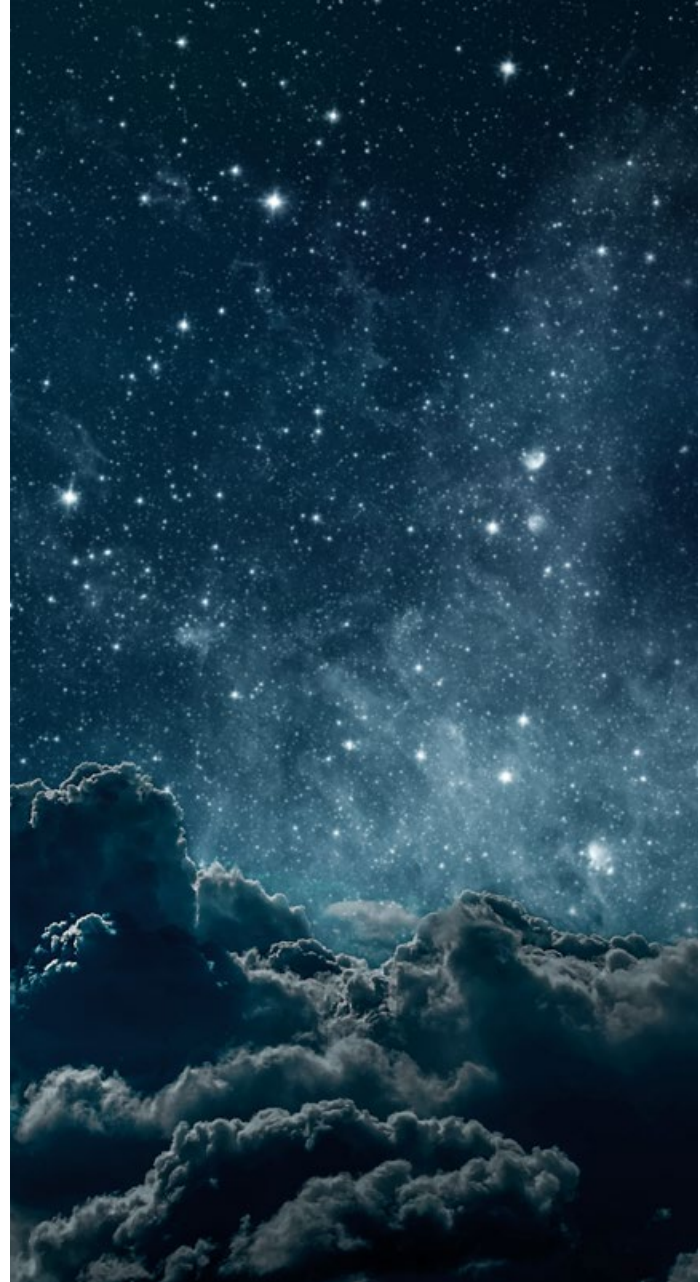
Dive deep into the universe
Follow me through the gates of life
Remember that the cosmos is your mind
And your mind is sharp as a knife.

Hug the silence, love the silence
That's when you hear how the universe sings
It's ruling as the sultans and the kings
As grand and mystic as the great sphinx.

Let your soul be a nomad, step into the misty road
On the never-ending path, pass through houses and inns
Prejudices appear when the knowledge comes to an end
The very moment you destroy them, your odyssey begins.

When everything is pearly and bright
Let go of me where the dreams start
Close your mind and open your eyes
Forget it all like they do in ancient times.

Like Alexandria, it will all turn into ashes and dust
Forget me where the dreams are nothing but a blurry memory
Until you come again, the silence is nothing but a noise
To dream is to be mad and to fly is to be a dove
Until you come again, farewell and stay with love.



Dreams

Sude Suğra KURT

It's funny how nightmares are hated while dreams are loved.
They are both hallucinations after all.
Maybe it's because nightmares and reality have so much in common,
As each of them makes people wish to awaken.

What we call a nightmare could be someone's experience with the world.
You may find it hard to believe yet people go through ordeals daily.
If you change your point of view, nightmares are utile.
They make us realize what we don't want to do with our entity.

Dreams are made of cotton candy.
Really sweet but shouldn't be eaten much if you want to be healthy.
Comparing your life to that lovely dream hasn't done anyone any favors so far,
but chasing them has brought people to the interviews you watch on the TV
every other night.



Nehir KARAEMİNOĞULLARI



My Future Dream

Uğur CAN

I am a fifteen years old student in Elazığ and will be graduating in two years. In this short essay, I would like to say share my future dream, my ambition and what I would like to be doing as an adult.

I would like to study at either Hacettepe University or Cerrahpaşa Medical University. I think that they are among the top universities in our country. My ambition is to become a medical doctor with a specialisation in oncology. Oncology is the branch of medicine that deals with the prevention, diagnosis, and treatment of cancer. A medical professional who practices oncology is an oncologist. So, my ambition is to become an oncologist in the future. After students complete their university studies, there is a very hard exam to take. I think it is the hardest exam in the world. If you get a good mark in this exam then you will choose a department. If I pass, I will choose oncology.

I know it is not easy. If I want to succeed, I know that I have to study a lot and I have to work hard. I am capable and determined. Therefore, nothing will stop me from achieving my dream. I want to help people solve their health problems, especially patients suffering from cancer. Also, I want to help my country. I want to find a cure for cancer. Even though I do not want to be a neuro surgeon like Ben Carson, I would like to be a professor of medicine and a consultant oncologist. When I read Ben Carson's book 'Think Big' I really got motivated. I was inspired!



Shipwreck

Arda GÜRSEL

I can taste water with bitterness
Vertiginous ocean, a bit nervous
Horizon disappears to dark borders
Floating away in the rudderless seas
With indescribably dismayed words

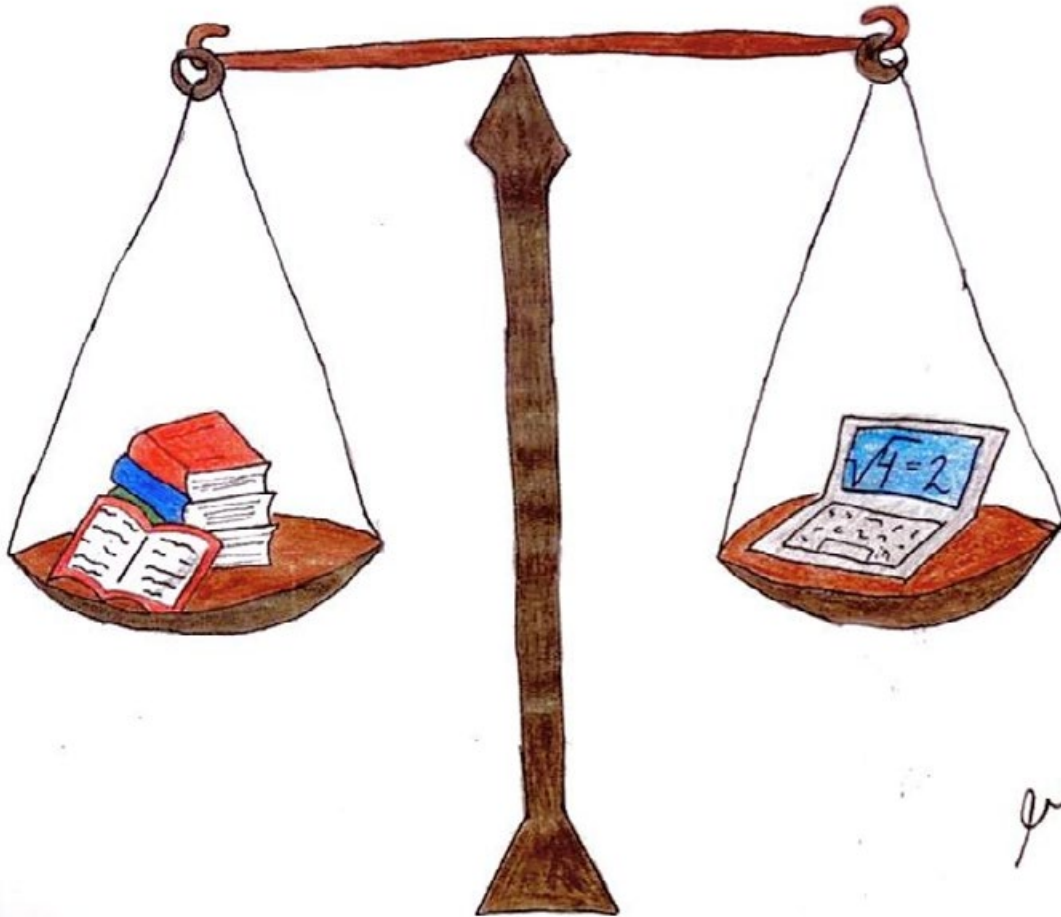
Waking with aches eventually, breathing fresh air.
Thus onto leaves fully aware of
Hungry in minuteness on deserted island,
Harvesting hopes on the no-man's land,
A new home, paradise in hopelands.

Lighten up a kindling around here,
Like misty old days that never let me down.
Eaten fruits, with hesitant moves,
Lost in life, barefoot, there's no further.
At least grass is greener over here

Clear vision of the dark blue coast,
Standing on the wavy ocean, I
Don't know how long to stay here.
Over the deck notion of exploring,
Tearful like the canvas on the road, I
Arise and fall like any other.



İrem Başak ERDOĞAN



The Mysteries of Dreams

Melis ÖZPEKMEZCİ
Sena ÇİNPOLAT
Zeynep ÖZCAN

Dreaming is one general and distinctive characteristics of sleep and it is visual and auditory perception and emotions.

Psychologists have not been able to reach a common answer about the duration of dreams. It may take a few seconds but some don't agree; they think dreams could last for hours. Some psychologists like, an American psychologist, claim that this is true. Dr. B. Klein began intensive research on this subject with his assistants. He hypnotized some sleeping volunteers. After a while, he woke up the volunteers and listened to their dreams.

They obtained this data as a consequence of this research; a dream is too short to exceed 20 seconds. Nonetheless, the volunteers expressed their dreams for hours, which actually lasted 3-5 seconds. The conclusion is that the longest dream cannot exceed 90 seconds.

Dreams develop incredibly quickly. This is why the sense of time does not occur in a dream. Strange, surprising and very difficult events that are thought to last too long follow each other even during a few minutes of a dream. But it's just a collection of moments that, after awakening, we determine the sense of time in accordance with the brain's teachings and habits.



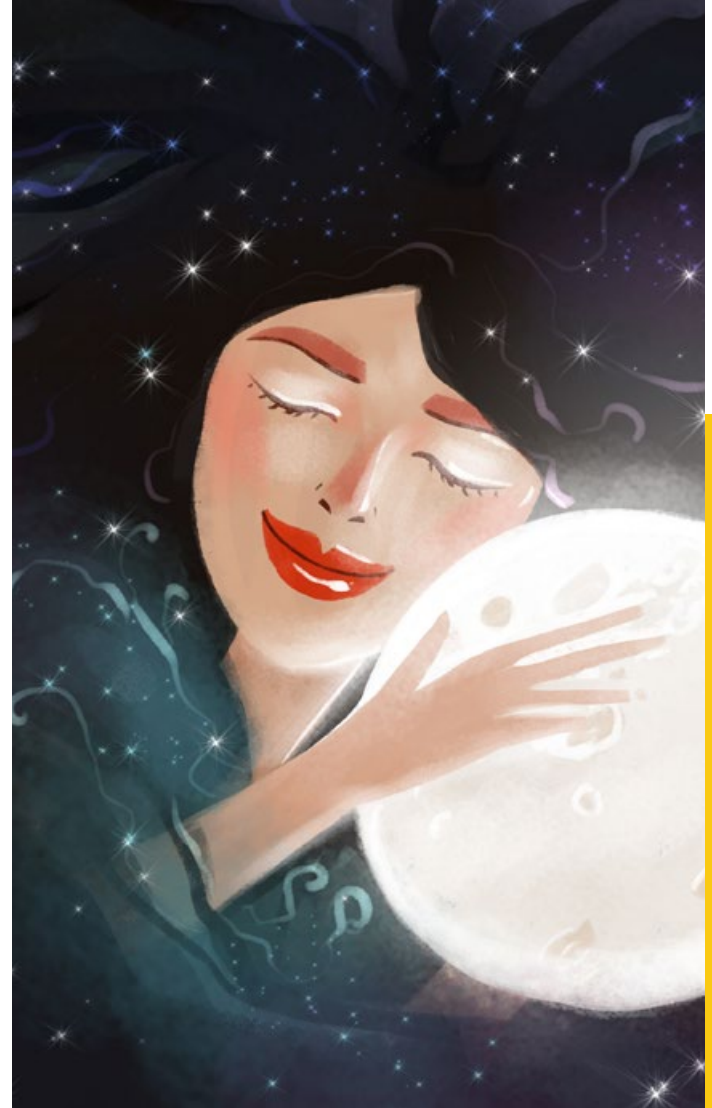
Why Do We Dream?

Aliye AĐLAR —————

Everyone can dream everywhere and every time, in the classroom, on the bed, in the garden... So, what motivates people to dream or why do people dream?

Scientists thought that the brain was resting when people did anything, but they didn't expect that dreams can affect the functioning of the brain even when they were asleep. According to a study by Harvard University, when a person dreams his or her brain works the way it does when doing sports and it says that dreaming will give a person pre-experience. When a person dreams, they actually think how to get prepared for a future event. For example, in your dreams you see a burglar entering your house. If a burglar breaks into your house in real life, you know how to behave because you already rehearsed it in your dreams. But sometimes this dreaming pattern in your brain can change. According to another research, the way of dreaming depends on people's eating habits, the books they read, etc. For example, you may be thinking only of the consequences of breaking into your home. The way you dream can vary from person to person.

These two studies have one thing in common. Dreaming... There have been very difficult times in the world and it is still happening. But this will never end. Humanity knows this. That's why we must always dream and pursue that dream. Sometimes the world may seem unbearable to you. You can get very tired, but nobody has reached their dreams easily. Dream and never give up.



The World In My Dreams

Defne Sevinç ÇELENK

I don't want to grow up in a world which is full of violence, discrimination and inequality. Each day our world is getting worse. However, it is our responsibility to make the world a better place.

I have a dream; a world where there is no hatred, no disease, no negativity but just happiness, love, peace and where there is no starvation or lack of water because in my world we use the food and water exceedingly carefully. We also have the same rights and we are treated equally. Your religion, your language or your nation doesn't matter. People can express their opinions liberally. In schools the most important thing is what children want. In my world people care about art and science a lot. Because art is the journey of a soul and the science of today is the technology of tomorrow.

It is not impossible to live in a world full of peace, love and respect. We have to stop watching the bad course of events and start taking action. If we are not going to stop this, then who will?



My Dream: Recycling For A Better Life

Ferit ÇOLAK

In last years, the experts have warned humanity of global warming and have offered to improve the potential of recycling. As you all know, recycling is getting the raw material from the product and producing it cheaper. My dream is to promote recycling for a better world.

Research shows that recycling dates back to old times. In Europe, the metal items were used again and again. This method was used especially in times of misery and poverty. For some reasons, in history humanity has resorted to recycling. For example, in 1813, a British man named Benjamin Law managed to produce raw wool from old clothes in Batley and Yorkshire. After a while, the old clothes industry was set up in the early years of 19th century in England. In the same century, the automotive and steel industries supported recycling. They started to take scrap metals and in the 20th century, the railway companies used scrap metals, as well.

The importance of recycling was understood better in the World War II. The governments wanted people

to bring their scraps because of the economic problems and the lack of resources so that they could create extra sources. In some countries, governments told people that it was a civic duty. By increasing the rates of recycling, the governments had a chance in the war. After the war, the governments started to care more about recycling for less waste and cheaper and easier production. They continued to encourage people for recycling.

Since 1970s, with the effects of global warming, the countries have come together and decided to create less carbon releasing and to use a cleaner welding. Since that times, recycling has been seen as an alternative choice.

Today, the experts say that recycling can be a solution for global warming. My dream is this "It is only possible if humanity works together. The governments should invest in recycling and the experts should work for developing it. As an individual, you can support recycling for energy saving and a better, cleaner future."



Dreams Can Come True

Liza Irmak ATAHAN

That day started like one of the ordinary days. The children came to school as always. They could never guess what would happen that day. Children went to their classes. There was a new girl in the school. Her name was Dora. Dora was a unique and extraordinary girl. She wouldn't talk much but when she did, she was saying that she could make their dreams come true.

Everyone laughed at her at first. But she was telling the truth. She had super powers that could make dreams come true. Although they didn't notice it first, they started to notice it one by one. Because of her super powers, they started to love her. Everyone who talked to her was having their dreams come true. That was insane! In time, she became famous and everybody wanted to talk to her.

One day, something unexpected happened. Dora said that she would never make dreams come true. Everyone was in shock and they started booing her but she didn't change her mind. After a few days, the teachers gathered everyone in the conference hall. It was Dora that would make a speech. And she made a spectacular speech. The speech was about "How we make dreams come true". After an excellent introduction and magnificent development, she made the final with these sentences: "I don't have super powers but you do. The magic is in you. When you were talking to me, I was just encouraging you. You just have to dream and believe in the magic you have, because only you can make your dreams come true."



Imagination

Selin KARAGÖZ

Imagination is the ability to create mental images or to produce images in one's mind spontaneously. It contributes to both making sense of experiences and understanding knowledge; it is an important skill that allows people to make sense of the world and plays an important role in the learning process.

96

Imagination is the ability to think of something that is not real. We all dream and we can feel better by dreaming. Many of the famous inventions or entertainment products are inspired by one's imagination. One sees images created by imagination with the "eye of the mind". So, how can we develop imagination? You can develop it by generating new ideas, believing that you can do it, perceiving problems as opportunities, feeling comfortable, curious, staying young, and inspiring yourself.

Dreaming positively affects mental development of a child. Talk to him about things he doesn't know, listen to what he wants to say. Have your child draw lots of pictures and ask them to explain what they have drawn. Let's not forget that for a child, dreaming is everything. Praise him for the positive things he does, do not break his dreams with negative sentences. German theoretical physicist and scientist Albert Einstein said; "Imagination is more important than knowledge, because when knowledge is limited, imagination surrounds the whole world."



Zara Nur BAŞODA



My Dreams

Naz Ayşe CEYLAN —————

Waking up with another character in mind,
Different plays each night, different scenes each sight,
Different hopes I await, different conclusions that I take,
From the heart, from the ache,
My dreams keep me awake.

I shall thus be a student today,
Learning it is okay, to fall in an imaginary world,
Nor a poet can I become,
Whispering the words with worrying detail

Waking up with another character in mind,
Different win each night, different losses I leave behind,
Different roles that I await, different people I designed,
From this shattered soul of mine, from the parts of it I find,
My dreams keep me awake.

Countless possibilities today,
Limitless times, I can be someone else,
But does that fulfill the dire need
to be seen and shine?

Waking up, unchanged character of my mind,
Same speech each night, same sentences in every sight,
Same story that I await, same steps that I take,
From the bittersweet noises of my heart, from incoherent feelings I find,
My dreams leave me broken,

What can be so uniting, and dividing,
Keeping and breaking, at the same time.
Dreams must have something hiding,
Only coming, at nighttime.



My Dad's Dream

İrem PEKMEZCİ

Introduction:

My father is an architect. He started Istanbul Technical University Faculty of Architecture in 1982. He has worked as a site manager and then as a project manager in many projects both in Turkey and abroad. He has been building hotels, factories, schools, administrative buildings, skyscrapers, and shopping centers ever since then.

Me: Have you always wanted to be an architect?

Dad: I'll answer this question with one word. No! After I finished high school, I had only one dream and that was to be a captain.

Me: Very interesting... Why did you want to be a captain?

Dad: Even today I can't answer why I wanted to be a captain. If I were a believer in reincarnation, I would say I was a captain on sailing ships in a prior lifetime. Jokes aside, I guess the books I read during my youth were generally about the sea. I must have been very impressed by Herman Melville's novel Moby Dick. In addition, Jules Verne's books and R. Michael Ballantyne's, Atoll were the leading books I had read many times. I remember drawing pictures of islands covered with palm trees and sailing ships on blank paper and making sailboats out of cardboard.

Me: By the way, did you have a talent for "drawing" that I can associate with architecture? Could you talk a little bit about your talent?

Dad: Yes, we can say that. At that time, my ability to draw was the biggest factor in my choice of architecture. I used to draw things all the time, starting in primary school. The first figure I drew everywhere was Basri, who was a comic book hero. This adventure led me as far as working with Oğuz Aral in Gırgır magazine for a while. My cartoons were published on the back pages of the magazine.



Me: Well, let's go back to your original dream; why couldn't you become a captain?

Dad: Back then, you had to graduate from ITU Higher Maritime School to become a captain. It was the only school of its kind with a high score. At that time, the school was linked to the Naval Forces Command by the military. Since my score was not high enough the year I graduated from high school, I went to courses for a year and got ready for the university exam. However, as the school started to accept students according to the military school rules, it was decided that students who took a break for a year could not choose this department. Therefore, although my score in the second year was sufficient, I was not able to study in that department.

Me: How did that make you feel?

Dad: I remember being sad. Life can take people in different directions beyond their dreams, but your childhood dreams follow you constantly and in ways you never imagined.

Me: How did your dreams follow you? Can you explain?

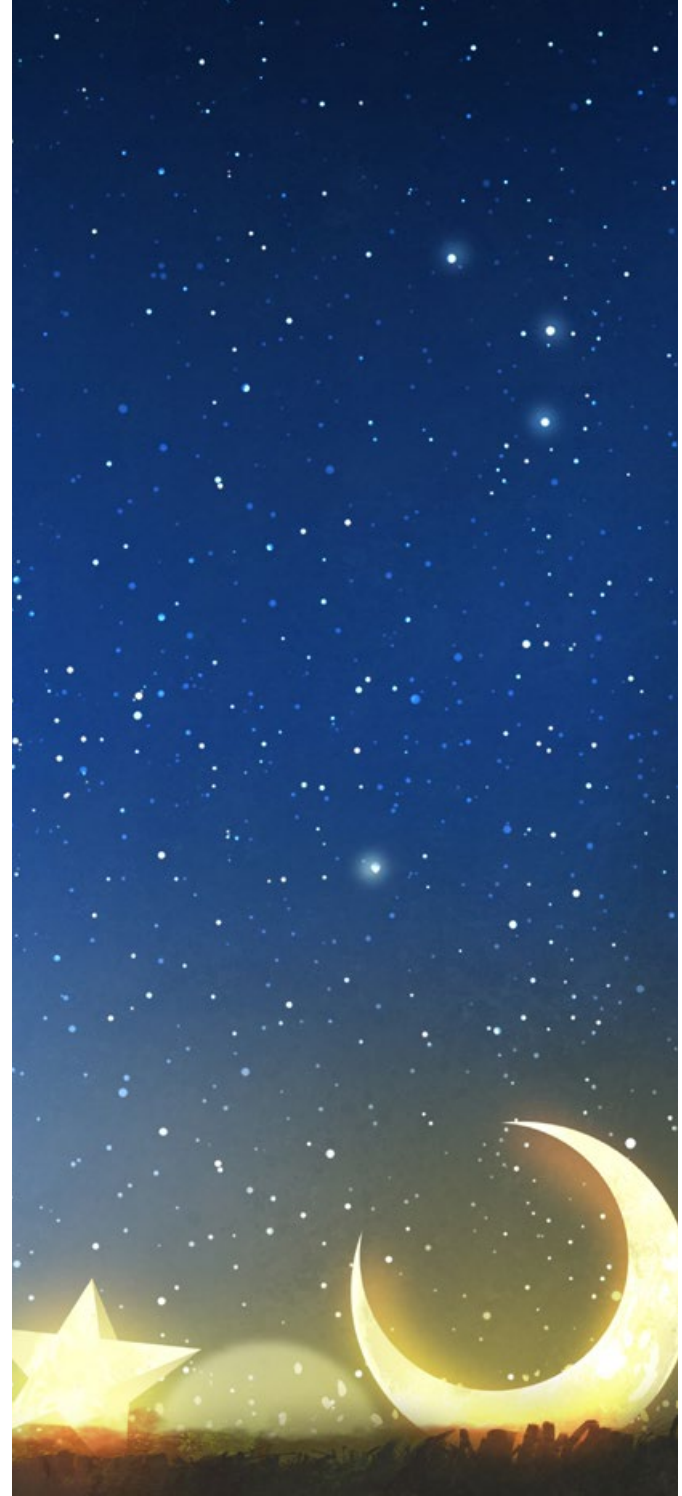
Dad: Your unfulfilled dream can stay with you and enrich you if you do not give up. Foremost, I would like to say that architecture is an excellent profession that develops people in every field. You can literally build your dreams and for that I am very happy to be one. On the other hand, my interest in sailing ships and the sea never ended, even on a theoretical basis. Books about maritime culture that interest me still occupy a large place in my library. The architectural technical education I received enabled me to easily follow the drawings of the old sailboats. I started making models of sailing ships. In the meantime, my cartoons on these same subjects have been published for years in the boat and maritime magazine, Yelken Dünyası.

Me: Can we say that your dream of being a captain has always been a part of your life, even though it has taken different directions?

Dad: I think it has always contributed to my sense of self. As Sunay Akın said in one of his poems:

**"My friends always see me talking with a
seagull by the sea, because
I am a permanent captain
retired from paper ships."**

Sunay Akın - Kağıt Gemi



What Are Dreams?

Burcu BİRLER —————

To put it in the simplest of terms, dreams are what make us, us. They are what keep us going and what set us apart from others. With dreams comes hope; a hope for the future and a force that pushes us to move forward. Humans need a reason to live. It is just as important as food and water for us to survive. This is exactly what dreams do for us. They provide us with a reason and a will to live. To have fun. To do our best. Dreams do not necessarily have to be goals. They can be as creative and almost impossible or as realistic as we want. What is important is that we do not stop dreaming. About the next day, the next week, the next year; we dream on and hope for the best. It can be as simple as getting into the school you want, or as wild as buying an island. No matter what, there is that source of light that stands there with us in times of darkness, making us believe in ourselves and the future.



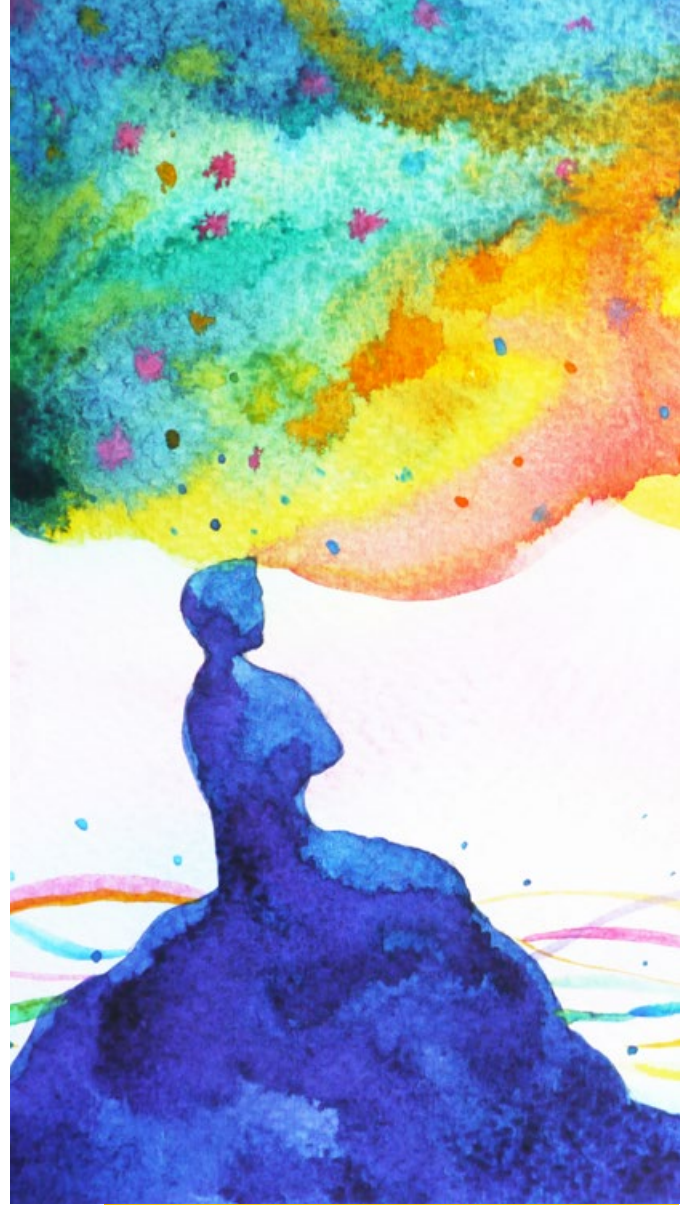
The Day Will Come

Çağla Su GÜREŞ

It was a snowy day. She got up and walked around the house. No one was up yet so she was all alone and wanted to go outside to see the white world. She walked in the snow while thinking about life. It was her last year of high school. All the memories and stories were left behind. Everything was going to be over in a couple of weeks. But her future was not all planned out yet because she didn't know if she could get into her dream school. Every day was a new beginning for her because her hope and excitement were increasing. The day was close. The day that could change her life forever.

After some time, she went back home. They had breakfast as a family and now it was time for everybody to go into separate ways. Her mom went to work, her father got ready to leave, she and her brother were packing their bags to go to school. Everybody left the house. When she arrived at school the rush began. Classes, projects, research, extra classes, articles, exercises... The rush didn't stop at home either. It takes an effort to get into that school, but she was determined.

Weeks passed and the day had arrived. After she woke up, she ran to her computer. All the family gathered in front of the computer and waited for a couple of minutes. Then the notification of the new mail appeared. It was the time. She prepared herself for every condition and clicked the button. Yes, it was an acceptance letter. They all started to scream, laugh, and hug each other. Then the phone rang. It was her grandparents. They picked up the phone and told them that she got in. They hung up and her aunts started to call but they couldn't pick up the phone. It was not working but it kept ringing. Almost three minutes passed then she saw her mom trying to wake her up. Her mom was complaining about why she was not turning off the alarm. Then she realized that it was a dream. Her mom told her that she had to go to school. Normally she hated school but that day she was happy because now she had a goal to achieve.



Dreams They Say...

Defne KIRLAK

Everything has a reason they say.
They say there's gotta be something.

Even dreams they say,
Even dreams have meanings.
Each of them,
Long or short,
Meaningful or meaningless.

They all mean something they say.
They say it's not a coincidence.

The ones you wake up sweating,
The ones you wake up smiling.
Every dream,
Every nightmare,
We see them for a reason they say...



I Dream of Fun

Arseli Yağmur KURT

If my wishes came true,
I see,
the city and
smell the fresh coffee,
I'm above the sphere
I see everything for what it is
the glass cover is showing,
millions of stories and characters
under my feet, there is life under me
it gets cut off,
with an alarm.
9:32,
a new day flowers out.
no longer viewer,
stepping away from the thin glass,
stepping into my body.
out the door.
colors,
glow,
voices melting into one another,
as I,
melt into fate.

if my dreams came true,
walking like water,
drifting into flowers,
smells like home,

stay in the park whole afternoon,
taste of sour candy,
affection of friends.
light as a cloud,
lavender,
giggling so loud,
popping bubble gums
like popping my worries away.

I do not dream of,
working,
worrying,
or wandering around in a box.
I can have so much more,
than a stupid box.

I dream of,
doing what I want,
whenever I want,
wherever I want,
with whoever I want.

without boxes, circles, spikes,
just
fun



World Peace Recipe

Eylül ELMACIOĞLU

¼ cups of happiness

½ cups of health

½ cups of freedom

¼ cups of equality

½ cups of safety

1 ½ cups of respect

½ cups of education

A packet of love

5 joys

A packet of tolerance

Preheat your oven to 180 degrees. Firstly, wash joys. Before you grate joys, peel them. Then, mix happiness and freedom in a big bowl. Add health into this mixture and mix it again. After that, cover the mixture with a stretch film and put the bowl in the refrigerator for 10 minutes. Next, mix the equality and safety in another bowl. Then, add the respect and education to the mixture. Add a packet of tolerance to the mixture. After that, stir this with the mixture you previously put in the refrigerator. Finally, add a packet of love to the last mixture. Pour all the mixture into a cake mold. Then bake it in the preheated 180-degree oven for 30 minutes. After it's finely cooked, remove it from the oven and let it sit on your counter for 30-minutes or so. After cooling, remove your cake from the mold and slice your cake. It is ready. If you wish you can serve your cake with pride sugar. Bon Appetit!



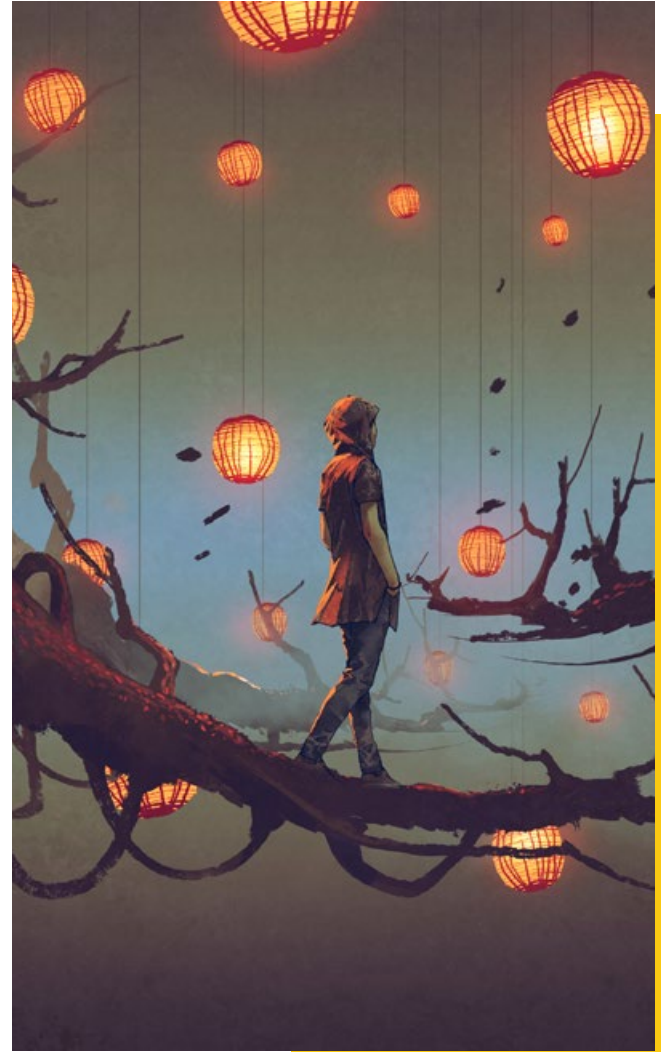
Our Way

Kardelen ÖZKAN

Everyone has dreams. Your dreams may change with time and changing situations. As time passes and you grow up, you approach life with a more realistic attitude, putting your dreams in order of feasibility. Even if your childhood dreams take last place on the feasibility list, they will always remain in your mind. Because as we grow, we move away from dreaming and start trying to reach goals. If ambition overrides other human emotions while achieving these goals, we begin to hurt each other's feelings for the sake of achieving them.

I have never let the things I have lived through sink me into pessimism. Instead, I made sure that I was really experiencing all the good and bad things I had lived and that I would learn from them and use them as an experience later in my life. I do not know what time will bring, but I know that I may encounter bad experiences as well as good ones. My dream is to be more sensitive to these later on, which I have experienced before.

I know that I can feel unfinished if I do not see the opportunities ahead of me and therefore sink into pessimism. If I see the events I experienced on the way to my goals and dreams as an opportunity rather than an obstacle on my way, I will not feel like I am unfinished. Because I know that I may not reach the end of the road and I may not find the opportunity to make all my dreams come true, but when I look back and see the flowers I planted on the side of the road, a child I picked up who had fallen to the ground, a dog I caressed its head, I would realize that I have succeeded. Because no matter how much we seem to be walking alone on this road, this road is ours.



Everywhere

Merve Begüm ALTUNTAŞ

I wake up and I feel the cold breeze of winter slipping into my room from the open window. Suddenly, I shiver.

Where does time go?

The room in front of me changes into another scenery. A lake is the first thing I notice. Everything is silent except for the pleasant sound of the leaves dancing to the wind. Despite the wind, the weather is warm, so when I see the brown leaves under the trees and realize it is some time in autumn, I am not surprised. My gaze desperately searches the place for someone else. Every detail my eyes unintentionally land on as I look around feels familiar, so the thought of calling it home intrigues me more than it should. Then, I notice the woman sitting on the shore. I walk towards her.

Where does time go?

She looks like me but her face already carries the gentle reminders time has offered her. She sees me as I get closer to her and calls my name.

“Eve. Won’t you sit with me for a little while?” Her voice is calm, welcoming. I sit next to her. She refuses to take her eyes off of the lake but I know her words are still meant for me.

“Why do you wake up in the morning?” She asks.

Where does time go?

“I am afraid I don’t understand.” I reply. She smiles.



“Every soul carries the burden of feeling lost until it finds a purpose. That purpose, that dream— it blooms in both the heart and the mind. After that, every step a person takes is in the name of their dream, so the soul starts earning its freedom again. Day by day, you earn what your soul truly desires.”

Where does time go?

“Time does not go anywhere.” She says, answering my question. I don’t recall asking it out loud, but everything is so surreal I decide not to question it.

“Time is the only constant thing in the universe. It is life that goes away.” She continues.

Where does life go?

“Life goes where you are headed. When you decide where you want to go, life moulds itself to your purpose. Time only limits the journey, it’s what you manage to fit into those years that counts.”

Where do I go?

I see her finally look at me instead of the lake. Now, I am drawn to the lake instead of her. She watches me as I get up and walk towards the lake. The water isn’t clear anymore. I can see the leaves flying around, almost as if the wind was banishing the remains of autumn from the earth. I feel the seasons changing, autumn into winter, then into spring, then summer. I look down at the lake. It doesn’t look like water anymore; it is a mirror and it holds the image of the woman I kept talking.

Where do I go?

Only then I understand. She is the version of me that has achieved all of her dreams. The reflection changes into my own again. I turn around and search for the older me but she is too far gone.

Where shall I go?

I close my eyes for a minute and I hear everything. I hear my

heart whispering its true desire to me. I hear noises, I hear chaos, I hear tens of voices but there is no one near me.

“She can’t do it.”

“Of course she can’t. What did you expect?”

“Failure.” Someone shouts.

Where shall I go?

My consciousness awakens. I open my eyes, and everything is back to normal. I look around as I stand in my room surrounded by real life.

I look at what I have. I have everything, but something engulfs it all. A dream, a wish. It shatters every material thing that I own, just to show me that a dream was sprawled against every piece of my soul, and when it came down to it, only to unravel that I had not lived.

Where shall I go?

I answer my own question.

Everywhere. Do not stop until you go everywhere, until every cell of you is so utterly complete that somehow you are broken down to the meaning of your existence. Do not stop until every figment of the thoughts you go to sleep with becomes the reality you wake up to.

And if you feel like wavering, have it on paper.

Write it down.

For permanence.

I grab a pen and my notebook and I start writing as my life depends on it. Suddenly I am thrown by how the words drip from my fingertips and as they find their place on paper, I feel my soul finding its place on earth.

Imagine

Begüm ONAT

Imagine a world in which magic exists, potions, spells, all the high-fantasy elements. Also imagine a setting like Britain, with Victorian architecture. This is the type of world that the story takes place in.

On one sunny afternoon...

A loud sound, similar to one of an explosions, can be heard in a distance...

The origin of the sound appears to be in a shop which specializes in making potions. A small shop in size, a large purple colored sign read "Wisteria" in fancy white letters. A glass door would be in the middle, and large windows which reached to the floor on both sides. Vines would be on the side of the walls, not covering the windows. 2 flower pots would be beside the door, all together giving a cozy vibe. Inside the shop, shards of broken glass can be seen all around. Colorful liquids from the potions scattered everywhere: the walls, the floor, the shelves, the counter, and even the ceiling...

Inside would be an apprentice mage, around 170cm in height, wearing a lavender colored cloak. Though, the front of the cloak would be covered in ashes from the explosion. The mage would appear to have dirty blond hair with dark brown eyes; however, his face too would appear to be a mess due to the aftermath of the accident.

Letting out a sigh, he gets to his feet and dusts off the ashes on his outfit. He then brushes off the ashes on his face using his hand... Which should do for the moment. Looking around distressed, he hurriedly begins to clean up the shop. Some broken glass pieces visible resting on shelves, some scattered about... He picks up the pieces of glass and places them inside a box in which he stores back in a place below the counter, not visible to the customers. The shelves would then be cleaned, with the absence of potions seen. Though, some would assume that those broken potions were sold, instead. After, he cleans up the liquids scattered about, using a spell of sorts, not requiring a wand.



After a few minutes' rushes in a tall man who would appear to be around 190cm in height. He would be wearing an auburn-colored cloak, which would be complimenting his neck-length curly hair, also matching the color of his eyes. He then rests his right hand atop a counter, which would appear to be on the right of the shop, slightly bending down. Striking a sharp gaze towards the apprentice, the guilty apprentice gets taken aback from the cold gaze which would pierce through one's very soul.

"Just what have you done this time, Eli," sighs the man, after, fixing his posture.

"Master Noah... The new potion in which you wanted me to craft, 'Liushane,' appears to be... Rather... Complicated. The blue mana crystal didn't react well with the..."

As the apprentice Eli continued to explain, the wizard Noah would avert his gaze from the male, looking around the shop. The shop would appear to be rather well tidied after the incident. After Eli finishes explaining, Noah would close his eyes for a couple seconds taking a breath in. As he opens, he states:

"I know, I know. Though, you supposed to have achieved a level of mastery in magics, which should allow you to know how to work around this using what I've taught you thus far. Even when I'm gone for a bit. I was gone for a mere hour in order to finish some significant work in the capital, and you are aware that the slightest mistake can lead to the uttermost of casualties. Luckily, the walls in this place are sturdy enough to uphold an explosion as this, thanks to some magic enhancements. Remember, Eli, our magic is used to serve the people, and it must be

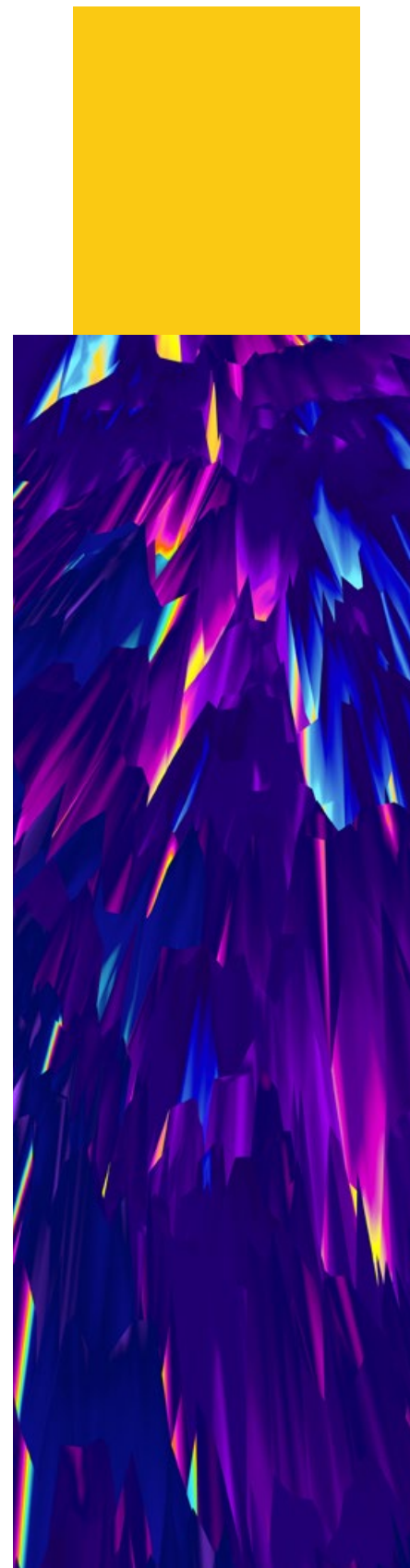
done with the most of delicacy. From what you have explained, using red roses in the potion resulted in an error. That is because you are supposed to use the red hibiscus flower instead, for example. If you aren't sure of how to make the potion, review your notes until you are confident that you are. Fortunately, no one got hurt. If such a mistake were to be done again, I cannot be able to confirm," Noah would warn in a serious tone.

"Right, right. My sincerest apologies. I was over-excited when I heard that a recipe of a new mastery level was assigned, though, forgot to take my cautions when it came to actually making it. For next time I shall review the material better, instead of attempting to make it with bare knowledge, missing a few key points." Eli replies.

"Good. I must say, however, you did an outstanding job in making the shop appear like nothing happened, despite the mess I'm imagining it caused?" The master would chuckle in relief, easing the tense atmosphere.

"Thank you, master Noah... I promise, I will never make such foolish mistakes again," would reply the apprentice, saying it more confidently and looking less distressed.

With the incident out of the way, the apprentice learned a significant lesson, which is to proceed with caution when it comes to delicate tasks. Re-making the previously destroyed potions, Noah, then re-stocks the shelves and does any small changes necessary to fix up some minor details around shop. With this concludes an eventful moment in the day, later continuing with tending customers and learning new spells.



Dream Further

Enes ÇÖTÜR

Why do we dream? It's not the right question. The right question is 'What is a dream?' Dreams are human experiences that can be explained as a state of half or total consciousness time that human beings spend on their subconscious. That's it. It's just an illusion that your brain does to you. Is that so?

Dreams are more than that. They are the things that connect us to life. At that point, we can say that dreams are fuel for people. They help us to relax and feel better, but beyond dreams are life essences for us and sometimes a reason to live for some people.

Dreaming guides us to the future, helps us to find ourselves, and enforces our limits. So now we can answer our first question. We imagine being happier by expecting something from the future, by growing and developing ourselves.

We want to be happy and continue our lives better. Therefore, we dream. However, dreaming is not effective without passion, desire, determination, and hopes.

Dreaming is the key to better lives. Dreams evolve with the person's mind and grow until people reach what they want. However, humanity is lost to its desires, and that's why we develop and grow. We always dream for the better. That also made humanity blind, and we crossed the lines of nature. Now we dreaming of the impossible, but in the end we would be impossible.

Dreaming is the thing that made us come here. It is probably the best thing that humanity encountered because of its ability to strengthen human life vision and it helps us to find a way to live.



Imagination

Nurten Irmak SOYSAL

People think it's childish.

"When will it finish?"

I wish it wouldn't finish.

That is an unexplored world.

Sometimes new, sometimes old.

It might be a bar of gold.

You need attention.

If you aren't careful,
you will completely live in fiction.



Dreams

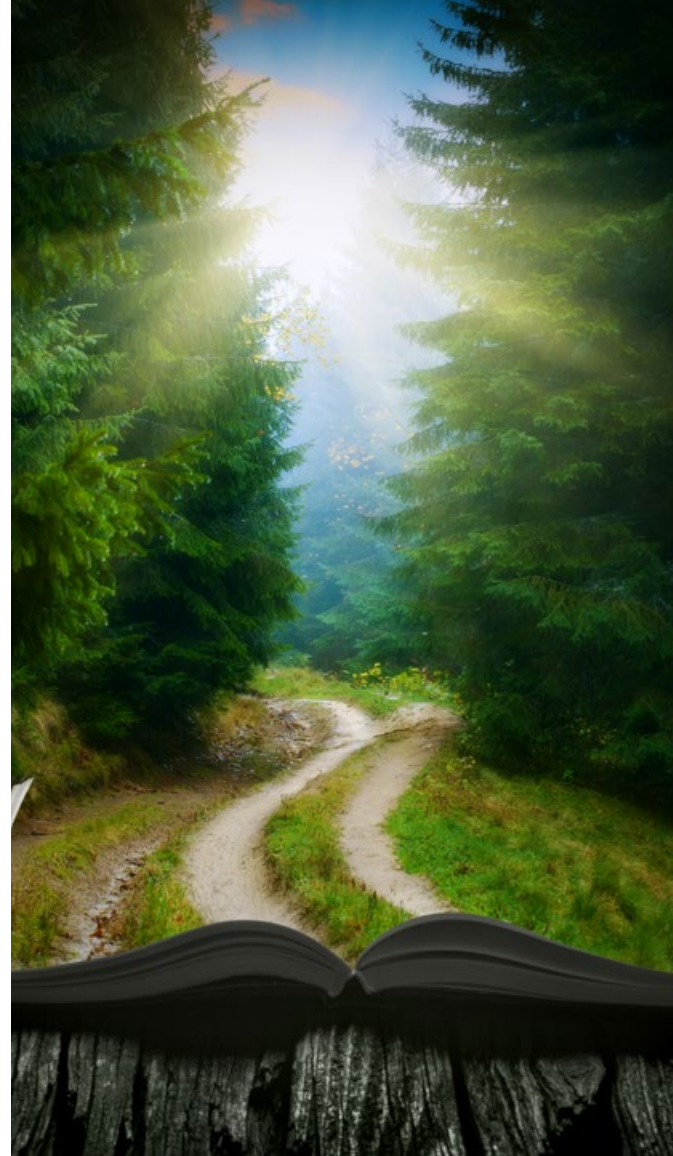
Zeynep YAVAŞ

Every other person on Earth has dreamt of something when they sleep or through their whole life. Dreams are technically unreal, subconscious images that occur in our minds. Many things can affect our dreams including our mental health, how much we sleep, and many other things depending on the individual.

Dreams can be affected by past trauma, which means if you're usually having a bad night, you will see memories or flashbacks that pop out in your dreams. That's a way of your mind keeping you safe from the same thing happening again by reminding you what happened or what caused it. If I dream too much, dreams mostly remind me of past events that can make me paranoid about it.

People tend to believe that dreams have different meanings, for example, dreams about losing teeth could mean that you are worried about your physical appearance. On the other hand, the dream is not always a thing we have. It usually means that the person wishes to do something whether that person is an adult, a teenager, or even a kid. Everyone has their dreams that they wish to achieve.

In conclusion, you shouldn't be scared to dream even though dreams can sometimes be complicated or weird.



Ayşe AKIN



The Dancer

Ceylin Jessica BAYRAM

A frown graced his delicate features as he looked down at his legs, if you could even call them that. Timmy sat in the waiting room of the clinic, his mother right next to him, reading her book. Timmy looked up and allowed the deafening silence to suck him into his mind. What a dangerous place that was!

Timmy shouldn't have been here right now; he should be dancing his heart out. Every twirl brings him closer to his dreams. He missed the feeling after a long practice. His feet would be painted with painful bruises and blisters however it was the most rewarding feeling for Timmy. He once again looked down at his legs, the bruises no longer there, in place the useless twigs he called his legs. They were no longer toned with healthy muscles of hours of dancing instead they were skin and bone, almost as thin as his arms.

His weak legs were the results of a horrible accident that left him crippled. Now Timmy was bound to a wheelchair. He was at the brink of losing hope. Almost a year of physical therapy and multiple surgeries, yet he still couldn't stand up on his own.

When Timmy was informed that he had the faintest chance of walking again or even dancing, he clung to the hope and kept going, kept trying. Now, now he wasn't so sure. His lack of motivation was showing in his therapy but he couldn't give up. He had worked so hard to get where he was, this wasn't going to make him quit his dreams of becoming a dancer and possibly being on Broadway.

Timmy's train of thoughts was cut by his doctor calling his name. Here comes another hour of trying to walk. Timmy then decided that he would keep going because he had a dream to fulfil.



Dreams & Hopes

Sumru Naz SİSLİER

One of the reasons for human survival is their dreams and hopes. A person cannot live unless they have dreams and hopes. They are the most basic things that connect human beings to life.

People dream all through their lives and struggle to achieve these dreams. People work hard for them and plan their life accordingly. But first of all, what is a dream? A dream is an image, a condition, an event that is designed in your mind; something envisioned and missed.

Like Montaigne said, "No wind favours he who has no destined port." I agree with that, too.

People who do not dream or don't have a purpose in life are people who have nothing to do in this world. Having no purpose in life is the worst thing a person can do to himself. Someone who has no purpose can find no reason to live in this world. People who have goals always dream to achieve these goals and always struggle to make these dreams come true. Our dreams create a world where our hearts and minds come true. They don't sleep while everyone is sleeping, they work hard, they fail, they cry, they shout, they revolt. But they never think about giving up. Because they know that "nothing is for nothing". Hopes and dreams help us to start over and not give up. They shape our lives.

Never stop dreaming! Imagine what kind of world you want in the future. As soon as you start to dream, the countdown to victory begins! Get your feet on the ground and keep reaching for the stars. Support the dreams of those around you. Remember always to focus on the step-in front of you, not the whole staircase!



Duygu ÇANDIR



Ekin ENDİRLİK



Elif SAY



Women's Rights

Elçin ASLAN

Before civilization, men and women were living together and both were doing important tasks throughout the day to make sure that they were alive and well. And they would share these tasks equally. For example, they would equally help with the house chores. Every gender has different abilities but there is no reason for one ability to be superior to the other. This being the truth, unfortunately we live in a patriarchal world. That's why women come across some difficulties in life.

These difficulties start from childhood. From the time we are born, we are expected to fit societies gender roles. That's why boys and girls are not treated equally and girls can't be as free as boys. For example, girls face more restrictions as to where they can go, how long they can stay out or what they can wear. Then the difficulties continue when they reach school age. Girls can suffer from repression coming from their teachers or their school mates. Difficulties also continue when they embark on work life because they don't get paid the same as men for instance. In the end, it's easy to say they face difficulties throughout their whole life.

There are some stereotypes for women, for example, if she dresses a little "revealing" just to make herself feel better, people might think they want to impress men or expect men to pay them attention. These stereotypes restrict women's freedom and they are due to the lack of education. These inequalities are more common in underdeveloped and developing countries. This situation is very frustrating and I hope we can end it with quality education. My dream is that everyone would gain awareness about this topic so the world can be a better place.



Dreams

Delfin ÖZEN —————

Dreams are kind of unique things... Just think, have you ever seen successful people without dreams?! I haven't. Being able to dream is wonderful. But of course, we shouldn't exaggerate. In fact, we are living to make our dreams real. Also, in my opinion, a person is a person with their dreams. A person without dreams seems ineffective. But we don't know the reason behind this. We have to know how to fix this though.

Firstly, we should have an ideal or an aim. An aim could support us to dream. I mean if you have an aim, you will have something to believe in and try to do your best on the way of achieving it. And this is unique like dreams too!

Secondly, we have to adapt our dreams into real life of course. We do not want our dreams to just stay as dreams, right? In this case, we shouldn't be lazy. We have to try our best.

Lastly, of course, we have to believe in that.



The Perception Of Beauty In My Imagination

Duru TAK

What society defines as beautiful for women: small nose, clear skin, big eyes, big lips, smooth and slim body, etc. As for men: muscle, sharp jawline, perfect nose, beard, deep voice, short hair, being at perfect height and any other masculine features define their beauty. Perception of beauty changes through the years; it even changes between the parts of the world.

If we take 'Mona Lisa' -Leonardo da Vinci's painting from 1500s- as a guide; we can see that the beauty standards were far different from ours. She has thin lips, a long nose, no eyebrows and yet she still has one of the most admirable faces.

In the early parts of the 18th century men used to wear long wigs, feminine clothes and shoes with low heels, so their fashion was not masculine, and they weren't muscular either; unlike the 21st century.

Let's go back to today's world. Asians, white and black people have distinct opinions on beauty. Black people think being chubby is attractive but Asians and white people disagree. In fact, Asians are strict about being skinny. However, they also differ when it comes to faces. Asians want to be cute. White people prefer be appealing and charming which we can describe as more grown up.

So, as a result, perception of beauty isn't something permanent and not fitting it, -in the words of society- having 'flaws' doesn't matter at all. I believe that what makes us beautiful is our inner self, opinions, attitude towards others and love.

What we call beauty is temporary. We need to embrace our 'flaws' and show the world that all these standards are just a big lie. What makes us beautiful are our differences.



A Tough Journey

Suay TOSYALI

Then he shouted
Welcome to Mount Ağrı welcome everyone
No one thought that they can climb this
Honorable mountain
Prideful team

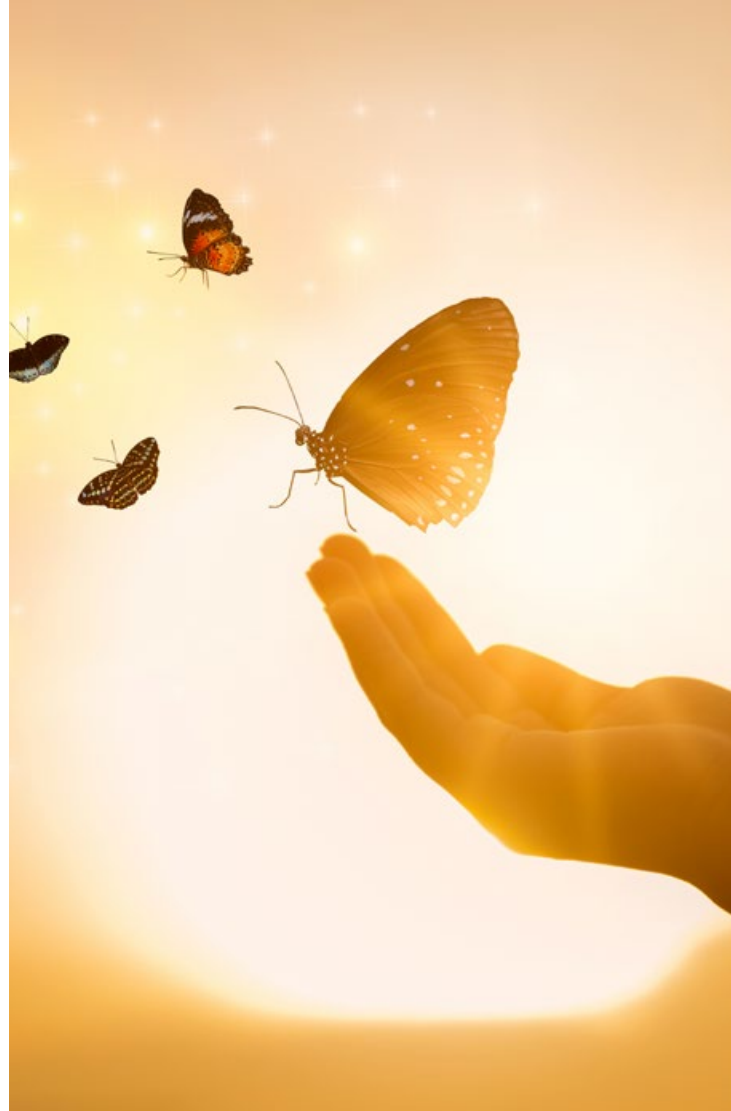
After this moment
A beast attacked one of the crew
Was that a Tamu
Tamu meant huge beast among
Antic Ağrı villages which is rare

They were shocked they started to attack
But a shadow shouted them
STOP AND CONTINUE YOUR JOURNEY
After this caution crew saw that beast
Is transforming into its shadow
It was something unexpected for this team

They started climbing they were coming from
Really long way and beside last accident
They already lost their captain while coming
Their captain was their oldest member

Mountain was another world
Another planet another cosmos
You could see Tamu riders and dragon milk
Also, some bodies lying over the Ağrı's skirt

The team climbed, climbed, climbed
Over the Mount Ağrı peaks
You can feel bitter and perilous winds
Since then when someone is exhausted or



Hurt there is no hope for rescue them
And this team knows this but they were also
Really good team with really good friendships

Ağrı was a true test for climbers and braves
Unforgiving to even the most adept climbers,
The upper reaches of Mount are plagued by Frigid winds,
arctic storms
The thin air makes every breath laborious and painful
Those who survive the climb often describe
Countless bitter nights spent sheltering from the
unrelenting cold

Our team was ready for their ends
And their starts, because Mount has a temple
Ağrı is very painful but at the end of this
Your journey will be honored with elemental
Gems which can means different things

Team somehow managed to climb higher
Higher than their stars and their dreams
But they lost their friends brothers and sisters
They continued climbing for their loss

One of them saw the peak but still it was far
Some of them wanted to stay there
They were right to want to stay there
This journey was very heavy and hard

One of them saw the peak but still it was far
Some of them wanted to continue
They were right to want to continue
This journey was very heavy and hard

Other stayed others continued
Ones who stayed died because of heavy.
Weather conditions and beasts
Ones who continued was two

One of them was a girl which is fifteen
One of them was a boy which is sixteen
They didn't stop and continued to climb
They finally reached the temple

Gems were a lie temple
Guardians and runes all of them was a lie
But one thing wasn't a lie they were powerful
Powerful than anyone anything
Now she is the Sun
Now he is the Moon

That's why Mount Ağrı is important
Ağrı is your life with nonstop action
That's why Mount Ağrı is powerful
Ağrı is YOURS!



Dreams

Hande ALKAN

A dream is a combination of images, emotions, and sensations that are projected by the subconscious during certain stages of sleep. There are two types of dreams; one is more of a colorful vivid dream, however the other is usually black and white and harder to remember. Sleeping has 4 stages, the more vivid dreams occur during stage 4; the stage where the mind is most active. The less vivid dreams can occur during other stages, though.

We are mostly not conscious in our dreams, however, there is something we call lucid dreaming and it is a dream where you are conscious, you know you're dreaming and you can actually control the dream. People practice to do this on purpose by doing things called reality checks. For example, you cannot turn light switches on and off during dreams, hands tend to be distorted in dreams. Once you realise, you're dreaming by doing reality checks, you can control everything about the dream. You have more likely seen a lucid dream after waking up in the middle of the night and staying up for around 30 minutes. You can control everything in dreams, even move things just by thinking about it.

There are good dreams and bad dreams; we call bad dreams nightmares. Usually caused by stress and anxiety, nightmares can feel pretty real. However good dreams can actually boost health. There's a word used to describe the state of mind after a happy dream; Euneirophrenia; defined as a pleasant, happy state of mind one has after a good dream.

Dreams are a projection of the subconscious and science has been trying to discover more about dreams for centuries and it looks like we will be finding out more about them judging by how far we have come throughout the ages.



Dreams

Naz Aleyna AYDIN

Before we fall asleep, our brain neurons are awake and active. However, when we start to fall asleep, our neurons slow down. After a few hours the neurons are awake again, but we aren't. This is called REM sleep. This is how we dream. Our dreams are actually very short but they seem longer to us. We can see seven to nine dreams every night. Nevertheless, sometimes we only remember one, sometimes we remember none. Moreover, our dreams sometimes can be irrational and bizarre. The reason why our dreams are mostly unreasonable and strange is that the reasoning part of our brain is not as active as the emotional part of our brain while sleeping.

Apart from these, many neuroscientists also claim that REM sleep helps us to learn. Thus, they carried out an experiment. They prepared a maze and they found a group of people who wanted to take part in the experiment. The scientists wanted half of them to try to solve the maze while the other half were told to take a nap. During the nap, they would dream about the maze and other ways to solve it. They could see a lot of different possibilities to solve the

maze. When they woke up, the people who slept completed the maze better than the other group. Scientists also did a similar experiment in lab using the rats which were actually inside the maze. The rats would try to find their way through the maze, creating patterns similar to a map in their heads. It took a map in the maze and continued finishing it with the 'map' it had created.

Besides this, in 1933 during the holocaust, all of the books about dreams and studies were burned in Nazi bonfires. A German woman Charlotte Beradt collected dreams illegally. She would ask her neighbours and other people about the dreams they had. The dreams were about corpses, murder, and the safe walls of their houses vanishing. Their dreams were linked to the trauma and the hard times that they were going through. She realized that dreams weren't irrelevant.

We can understand that our dreams can reflect our daily life and what we experience. Sometimes we don't understand our dreams but they always have meanings even if they aren't rational.



Daydreaming Turns Into Detention

Nisa Suay SAYGILI

It was a stressful Wednesday morning at school, the sun was rising in the sky slowly and the first lesson was Math which was not good for Julia because she was felt sleepy enough to doze off. Her brain was about to head out to the dream world, she could barely open her eyes. Her teacher, Mrs. Bailey was asking her students some questions and expecting them to give her the answers to the questions she asked. The next question was "if $4x = 2y + 64$, then what is $2x - y$?" Julia was actually trying to solve the problem but her brain cells said 'nope' so she slowly started to doze off and when she opened her eyes again, she was on a fluffy unicorn and they were on a trip. While having their nice small trip, you could see the math problems flying through the sky. It almost looked like they were dancing. Julia chuckled slightly. When the fluffy unicorn got tired, they landed on an area which was so gorgeous, it was so mesmerizing. There were candies everywhere. The name of the candy was "Doctor Diego's Math Solvers". She thought that was a weird name to give to a candy but she didn't think much about it until she realized that everything here was somehow about math. She felt like the universe was trying to give her a message so she petted the unicorn lovingly then started to explore this weird land. Meanwhile in

the real world, Mrs. Bailey was choosing her next victim to answer the question because she couldn't get any answers for the last question she asked and it had been 14 minutes so she was starting to get angry. She glanced at Julia and said "Julia it's your turn to answer the question please answer it so we can carry on with another question." she didn't get any answer so she said "Julia" again, this time a bit louder, but there was still no answer so she got angry and shouted "JULIA!" Julia woke up from her small but nice daydream and blinked twice because everything was so blurry and then she said "What?" Mrs. Bailey made an annoyed face and said "Answer the previous question, please." Julia said "I'm sorry Mrs. Bailey I couldn't find the answer." this made Mrs. Bailey furious so she said "Detention... if you are going to sleep in my class then at least know the answers, I'm really disappointed in you, I expected better from you. Now leave my class please." with a serious tone. Julia stood up and went to the detention room and thought 'Well, that was not a good to start the morning but at least I can dream about that fluffy unicorn and the weird math land again.' so she started to doze off again with a small smile on her face. The day was not bad at all after all...

Is It A Dream: Gender Equality?

Yağmur AKAR

Gender equality, besides being a fundamental human right, is essential to achieve peaceful societies with full human potential and sustainable development. Gender equality requires both genders to be paid the same for the job they do, to get equal education, to get the same legal protections and to have the same religious freedom. We are in 2021 but unfortunately no country could ensure gender equality.

Women and men are anatomically different, but this difference should not make a difference between the two genders in work life, education, justice or anywhere else. Being different physically does not mean that one of the genders is better or worse. Gender equality doesn't mean man-hating. People who support gender equality are not anti-man, they just believe the genders should not have discrimination among themselves.

I believe that women should be paid the same as their male colleagues, that women should be represented as much as men, that women should be broadcasted as much as men in mass media, technology sector, executive suit and female entrepreneurs should receive funding and investment as much as men.

Gender inequality is not an issue that just concerns women. It is also men's issue. For instance, the father's role as a parent is being valued less by the society. This sensation among people brings gender inequalities. People are trying to engrave men and women. They define women as physically and mentally sensitive, as if they are weak, as if they are made of glass. They define men as not

having emotional reactions, as if they cannot be sensitive, as they always need to be physically and mentally strong, as if they are made of stone. All this stereotyping causes men to become self-enclosed and insecure because of the fear of being unsuccessful. Men feel pressure about being a 'real man', they are more likely to drink much, take unhealthy risks and engage in violence, they are less likely to seek professional help or talk about their problems with friends or family, they are more likely to commit suicide. If men don't need to be aggressive to be accepted by the society, women won't need to obey. If men don't have to control, women won't have to be controlled. Both genders should feel free to be sensitive or strong. If we stop defining each other by what we are not and start defining ourselves by who we are, each gender can all be more free in terms of their actions. Both men and women are human and human show emotional reactions. If we get out of this mindset and stop stereotyping people, our mothers, daughters, and sisters can be free from prejudice and our fathers, sons, and brothers will have permission to be vulnerable and human as well.

Gender equality is a goal for the United Nations to build sustainable development. Gender equality concerns all genders and all age groups. Inequality between genders makes a nation's chance to raise an equal, sustainable and well-educated citizens less. My dream for 2021 is to ensure gender equality all over the world and I want everyone to be involved in it. Let us achieve gender equality by making small but sufficient changes in our lives such as stopping stereotyping people and accepting people as who they are.

Özge KORKMAZ



Why Is It Important To Dream?

Balca Nisa GÖZETLİK

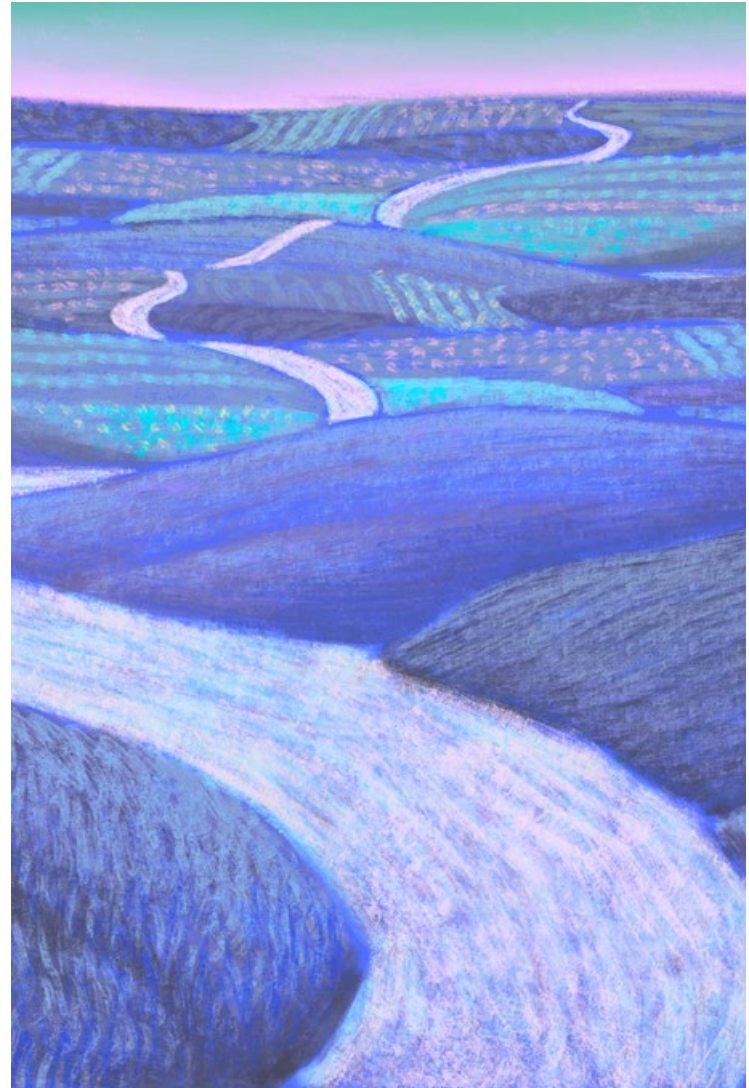
Dreams; what our soul whispers to us is the desire to live the future within the limits we have set. "Laughter is timeless, imagination has no age, and dreams are forever." said Walt Disney. Based on this, we can say that there is no time, age or condition to dreaming. We can dream at any age and under any circumstances. The first aim of dreaming is to reach happiness. Our dreams exist for our happiness, most of us are dreaming to feel happy for a moment.

Riviere "Being in a cage gives you the idea that you can fly." There shouldn't be any obstacles you need to focus on in order to achieve your dreams. You must ignore them all!

There is no limit to what you can dream. You believe in magic, in fairy tales and in possibilities. Dream as you wish, let it look radiant and vivid. "Dreaming is more important than knowledge; because knowledge is limited, but daydreaming covers the whole world." says Albert Einstein.

On the way to our dreams, even if we fail, we should never give up, and we should always be motivated by our dreams and do better. We shouldn't stop dreaming. "If you let go of your dreams and ideals, at least stop living," says Marian Anderson. We have to believe that even if we leave our dreams, they wouldn't leave us. Dreaming is a mirror of ourselves, our dreams belong to us and the only thing that can satisfy us is our dreams that we have achieved.

"My heroes are people who don't sell their dreams for anything." -Mustafa Kemal ATATÜRK



Dream Recipe

Melih Serdar TEKİN

Everyone wants their dreams to come true, but there are a few ingredients you should “absolutely” include in the recipe. So, let’s have a look at them:

- 2 tbsp of patience
- 2 tbsp of happiness
- 1 cup of hope
- 225 gm of work
- 280 gm of determination
- 4 tbsp of creativity
- A pinch of luck

Mix all ingredients except luck, when they are stirred well; season it with a pinch of luck. And your great dream is ready. Enjoy it!



Dream On The Road Of Belle Glade



Sezin MALYEMEZ - Merve KOÇYİĞİT

Dead silence and winter cold
Everywhere all dolled up along with
When the mother carey is plucking he
I'm taking out my granny's shawl

My hand, my nose is turning red
Blowing wind makes me afraid
There's storm brewing, I should be quick
I'm walking down briskly to Belle Glade

Finally, I arrived my town
After the sun goes down
Being at home is priceless
No one can blow the whistle on

I'm knocking at the door, getting in
Everything about winter, disappearing in a spot
My granny's shawl becoming a t-shirt
The weather is turning to broiling hot

Oh dreams they can be grisly
Yet what you want is what you see
I was Alice, I was in wonderland
Yes, the winter I aspire to be

I'm not able to make heads or tails of
Come up with its own explanation though,
Dreams are our escape way
Or they are a black hole

This dream I had was idyllic
It was like real with it's all gimmicks
Can we live in dream forever?
Or can we really dare this

Imagination can be a destination
Maybe we should go there without hesitation
We must take firm steps forward
Even if, it is beyond.

Never Give Up

Ebubekir Mert YÜKSEL

Dreams are everywhere in our lives. We have been chasing our dreams since we were born. Every person wishes their dreams to come true and to live a tremendous life.

If we are to become delighted, we must follow our dreams. When we determine our dreams, we shouldn't care about other people's opinions. I'm not saying other people's opinions are worthless. I'm saying we know ourselves better than any other person and also we know our interests, abilities and talents better than other people. For that reason, we should determine our own dreams not someone else's. When we are pursuing our dreams, we should never give up. For example; due to some disabilities, some people may try to make us give up. We shouldn't give up due to some disabilities. If we search who Stephen Hawking is, we can find some information about him. He had some disabilities but he didn't give up and became one of the most prominent scientists. If he had paid attention to the other's opinions, he might not have succeeded.

If you don't give up and work until you succeed you will be successful. When you are exhausted of unsuccessful tries, keep in mind that Edison invented the light bulb at 2000th try.

Finally, I'm trying to emphasize that "Every president has felt it, every winner has felt it, every champion has felt it, every king has felt it, just never give up."



Follow Your Dreams

Ecem KARACA —————

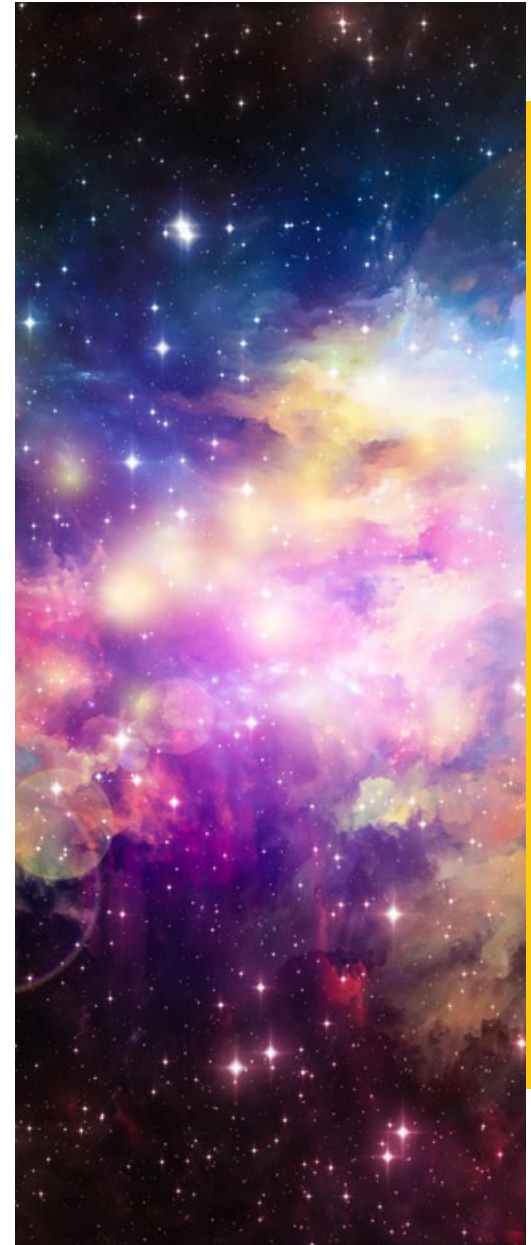
One of the most important things in life is to have a dream. Dreaming is seeing yourself somewhere and believing that you can reach it after some effort. Dreams will come true in time with hard work, patience, and persistence.

Dreams are essential to survive. Man dreamt about flying and invented the aeroplane. Man dreamt about travelling to space and landed on the moon. It is only when you dream big wholeheartedly, then you will be able to achieve big. Martin Luther King said, "I have a dream that my four little children will one day live in a nation where they will not be judged by the colour of their skin but by the content of their character." It was the way to achieve the equality between white and black in the USA.

Everybody has a dream in life, my dream is to become a professional violinist and give concerts all around the world. I want, especially, to give concerts in the Berlin Philharmonic Orchestra Building and Boston Symphony Hall. I have another dream, that is to play with Fazıl Say, who is one of the best pianists in the world. I have been developing myself both theoretically and practically about the violin to make my dreams come true.

Dreams are not enough to succeed in life. A dream needs work and persistence. I have set a plan for my life; I believe that organizing my time and practicing day and night will be the way to reach my goals. I have already started to follow the steps of great violinists and learnt a lot from them. Life is full of ups and downs but I should never give up.

In conclusion, everything in life starts from a small dream. Never lose hope and have faith in what you are doing. Believe in yourself and remember that the declaration of the Turkish republic was once a dream of the father of Turks, Atatürk.



To Have A Better Life

Elif COŞKUN

It will be inspiring for me to remind myself of my dreams after a difficult year with the pandemic.

The first thing I want to do for my great dreams is to finish my school as being the first and to enter the Faculty of Medicine with a very good degree in the university entrance exam and to gain dermatology at TUS and to improve myself in the field I study.

I know this desire is a cliché, but it is also among my dreams to unite my life with a kind and intellectual person who truly loves me and to travel the world together.

Actually, apart from these, I haven't planned my future yet because I think people should live their lives spontaneously, even if only a little.

In short, in future, I want to be a successful, independent, self-aware woman that everyone truly envies.



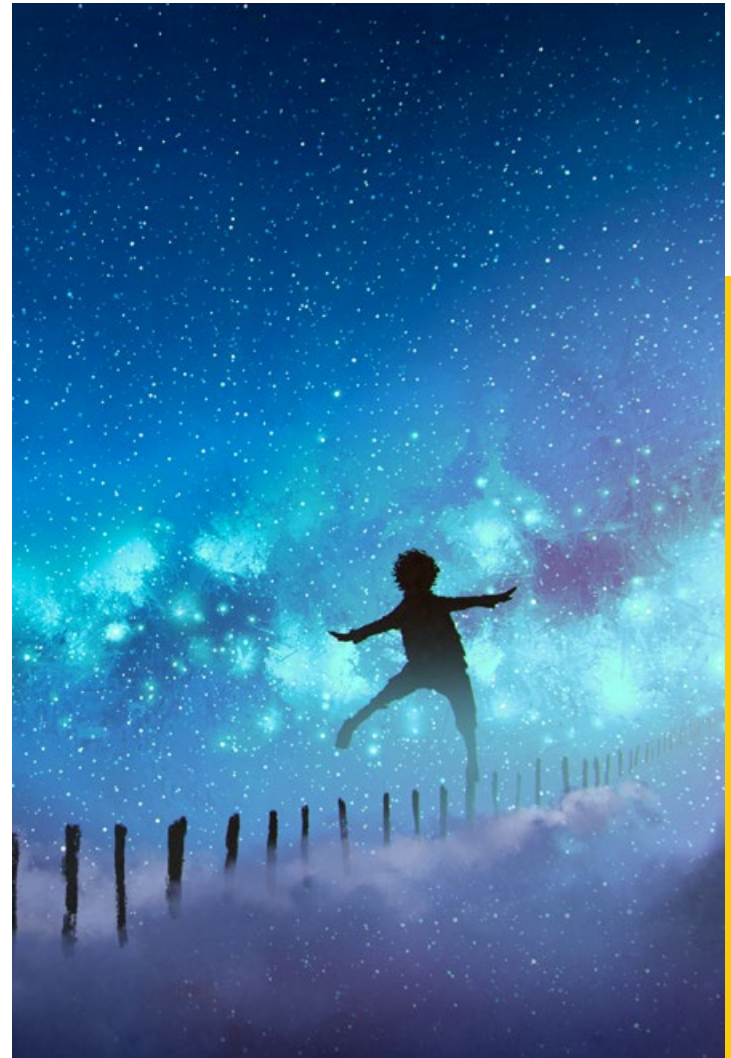
The Burden Of University Exam

İLKE GÜVEN

In my opinion people shouldn't push the young generation to take an exam that will determine their future when they are 18, because 18 is the age when they start to have life experiences and learn how to live. It is the age when they feel that they have already grown up and have a lot of responsibilities. So, I think young generation shouldn't be under the pressure of university exams. It is very possible that they might not make the right decision for themselves and choose a path they will regret for the rest of their life. Thus, choosing their future job shouldn't be done in a hurry.

As a solution, I can say that young generation needs to learn more about jobs and they should take this education from someone who does that job. They also should do what that job requires at least for a day on the field as an intern or an assistant under the supervision of the person who does that job. For example, if that job is either being a doctor or a nurse, they ought to go to a hospital and watch a doctor or a nurse for the whole day in order to learn about that job. Young generation should do this for almost all the jobs which might suit them. In this way, they will learn what exactly that job is and how they work, so they will be able to choose a job easily and study to have that job. The university exam shouldn't be like how it is right now. I think it can be a specific exam for that job. What I mean is if they want to be a lawyer, they need to take the law exam, not an exam for being either an engineer or a doctor.

To summarize, I think young generation shouldn't be under the burden of university exam like this.



Silence

Sudenaz KALAYCIK

A little candlelight.

A dark room.

Echoing sobbing sounds.

"I don't want to die," someone screams. Noise of tears falling to the ground and a gunshot. A child left without a mother... Silence!

Red colour dropping on asphalt. A pale-skinned woman. The eyes that look without light. Twenty-seven painful stab wounds... Silence!

A high building. An opened window to death. Dreams pushed into the void. A bird that couldn't open its wings and fell onto the ground. This woman whose lungs are full of death in her last breath... Silence!

A deserted street. Feeling of being followed. Whistling sounds. Hectic steps. The wish to go home as soon as possible. Dirty looks. A body falling onto the ground. An innocent woman... Silence!

The smell of food from the stove. Food made without salt. The remaining hair left into the hand. A kitchen that looks like a blood lake... Silence!

A court-house. A divorce decision. Eyes that look like crazy. The woman who was thrown

to the bottom while living and carried on the shoulders when she died... Silence!

A white wedding dress... The voices that deaf the ears. A wedding dress painted in red. A woman whose veil was her grave... Silence!

Smoke rising from the garden. The smell of burning dreams. Disappearing of help screams with the wind. A woman whose heart is ash... Silence!

Closing my eyes for no more silence.

Closing my eyes for letting women have a place in the world.

Because women in my dream different from women on Earth.

A woman without fear of death, a woman who doesn't have to hide.

Neither behind nor in front. Man and woman overcoming obstruction together.

Not as man or woman, as a human being they walking the same path.

I wish my dreams would come true. I want to hold on to life and dreams. I want to live; we want to live. We want to grow flowers in gardens instead of your bringing flowers to graves. We don't want to be silent. We want to light up the day with laughter.

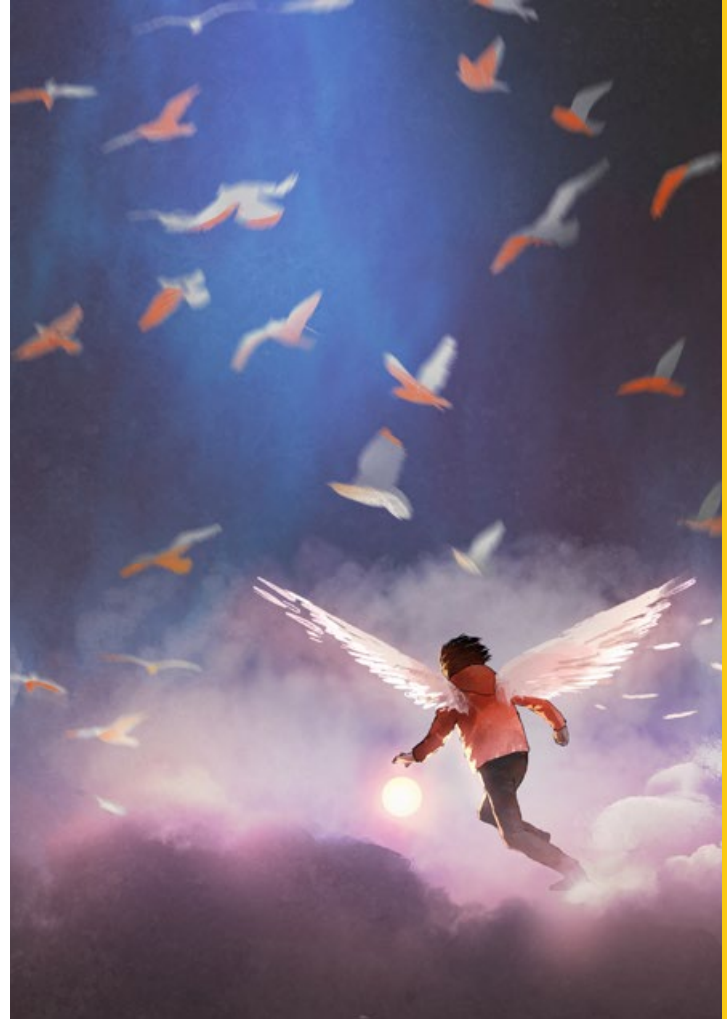


Pursuit Of Dreams

Melisa ÖZÇOBAN

Everybody has dreams. Some have extraordinary dreams that might seem unlikely to come true, some have dreams that might shape their whole lives, and numerous people live up to the dreams they have. It is almost impossible to control your thoughts and even before you find out, those thoughts construct a dream that you cannot get out of your head, a dream about a goal that you have never thought you would have.

Some children have dreams of becoming a princess, a ballerina or an astronaut one day, while some dream of becoming an engineer or a fireman. Having dreams is what makes us human, ideas that no one other than you can know, a second life you live inside your head that nobody else knows of. For some people, having big dreams is only a waste of time, and instead of dreaming you should be realistic; but what even is realistic. For some, realistic dreams are basic goals that are not very difficult to achieve, but the fact that someone has bigger dreams does not mean that they are not realistic. We are the ones who control what happens in our lives, and we are the ones who shape our own reality, just like Sarah Ban Breathnach said "The world needs dreamers and the world needs doers. But above all, the world needs dreamers who do". It is up to us to decide whether we will take action to make our dreams come true, or listen to other's judgmental opinions and live our lives with a void that could only be filled by fulfilling or at least trying to fulfill our dreams. One should always remember that our dreams can come true only if we have the courage to pursue them.



I Have A Dream

Murat GALİN —————

I dream a lot, so I have tons of dreams. Let me share a few of them.

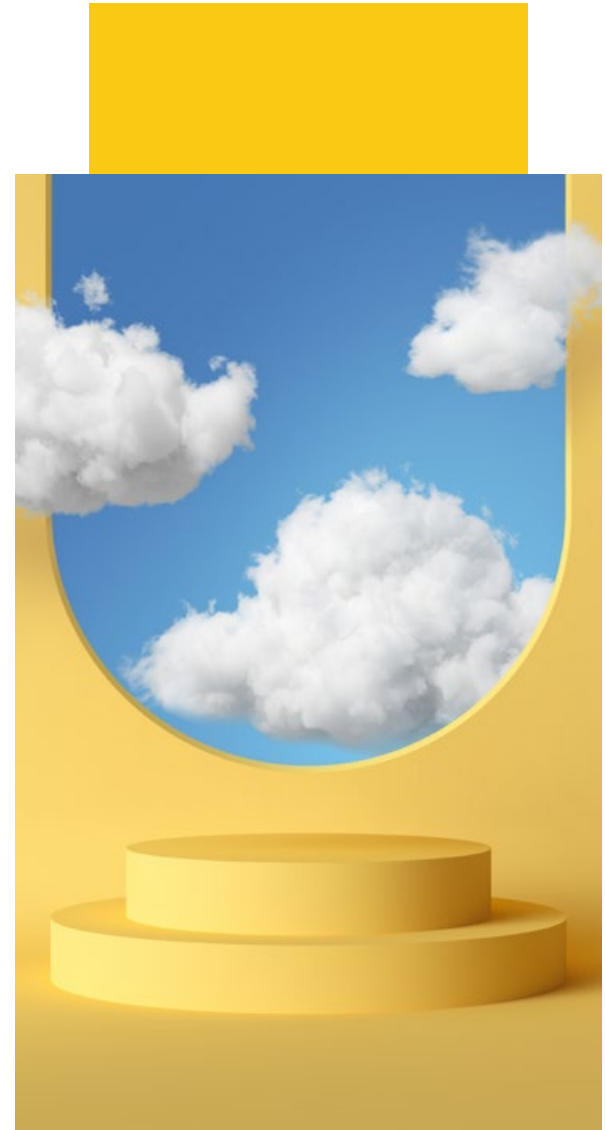
The resources are running out. There are too many people on Earth where our resources will disappear soon. It is so tragic that we are living in the technology era but our water is going to run out in 20–30 years with no solution other than taking action. How about other realities?

I have dreams about justice. Why is there too strict restriction between the people who have authority and the people who don't have any power? There is a song that I love. Here is a part of it:

*Halls of justice painted green, money talking
Power wolves beset your door, hear them stalking
Soon you'll please their appetite they devour
Hammer of justice crushes you, overpower*

This song tells everything I want to tell. I am just dreaming a peaceful world. So, I'm wishing "Justice For All".

I have dreams about my future as well. I play the guitar, but it is not only a hobby for me. I want to make songs and play them and make people be aware of the realities we have to change into dreams. I want to share my feelings and my ideas with other people which is the most humanistic way with music. This is how I may be able to touch their heart and mind! All I think is music is the best way for this as you can share your opinions with lyrics and rhythm to others. It can make other people realize the things they don't see and that can change everything like the pieces of a puzzle gather together and make a perfect scene in the end. So, I have a dream!



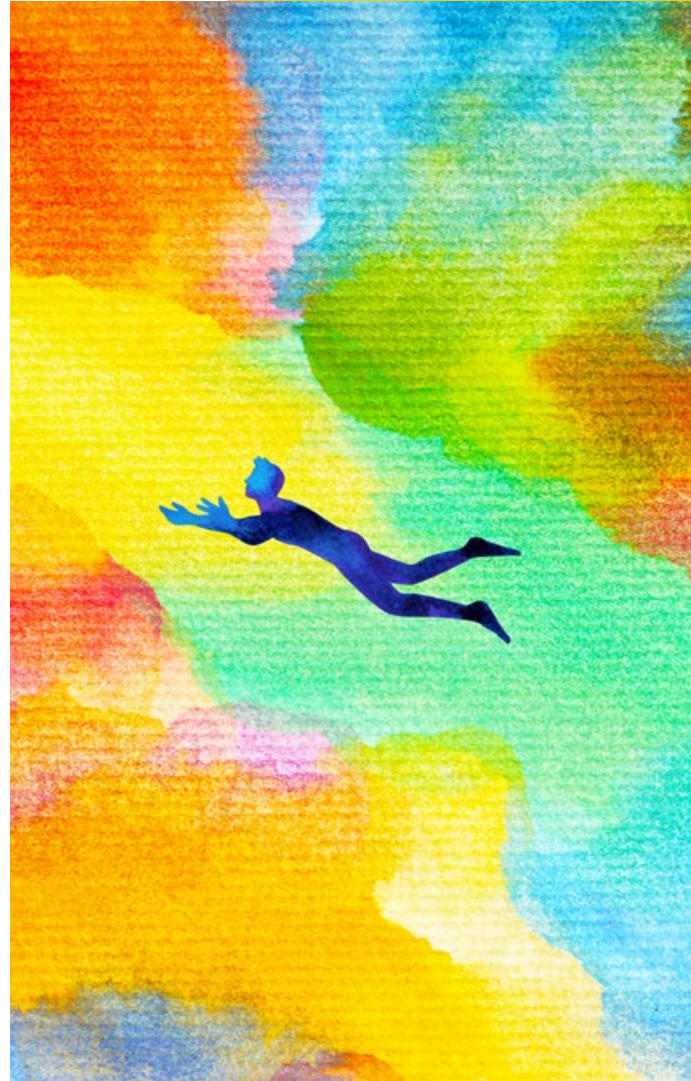
Dreams About The World

Emine MUHLİSE

Of course, we all have dreams, dreams for our future, dreams about the world; but I think we should put our dreams about the world ahead of our own dreams and put these dreams into practice. In addition, we have the power to do it. For example, the world is nearly 70% covered by water, but only 2.5% of it is useable. If we don't limit ourselves, we will run out of that 2.5% by 2040.

There are many things everyone can do. We can take shorter showers, turn off the water while brushing our teeth/shaving and many other things. But sadly, water shortage is not the only problem that our world has. As another example there's air pollution. To reduce air pollution, firstly we should plant more trees but other than that, we can ride a bike or walk instead of driving, we can use more public transformation and etc. And now, let's dream about a life without Covid-19. I feel like it was centuries ago that it even feels weird when I say that but we had a life without it. And if we want to go back to these days, we have to follow some rules. We must wear a mask before going out, we should wash our hands frequently, we should use a hand sanitizer, we must keep the social distance frequently.

I'm sure we have many other problems but if we try to talk about all of them at once, it wouldn't be easy. However, no matter what, we must use things/sources economically. Because, if we don't put our dreams about the world ahead of our own dreams, we won't be able to achieve them.



Dreaming

Hanımşah TEZEL —————

Everyone has an escape management system that they discover in themselves in some cases. By trying every way, I realized that the most effective way to empty my mind and get away from the emotions that cause stress in me is to dream. While dreaming my mind flees from the daily rush and stretches to eternity. Because every time I dream, I get closer to my character a little more and generate more specific things in my mind about my ideas that will create a future version of me.

And I want to state a mindset that I have when dreaming or setting goals. In a TEDx talk I watched, a writer named Derek Sivers under the heading “Keep your dreams to yourself”, he says when we share our dreams with other people, our brains automatically respond that we have accomplished. For this reason, I find it right to share my dreams and goals with others if I can, after making my best effort to achieve them.

With this pleasure and self-confidence that dreaming gives me, the things, I want to have such as, what positions I want to be in my career in the future, my minor branches, my new hobbies, the friendships I want to develop, etc., provide contributions to spending the moment that I live, in the most efficient way. That way, dreams become exclusive motivations to lead a more satisfied and pleased life.



Nehir ÖZDOĞAN



Not A Dream

Hüsniye IRIKOĞLU

This is not a dream.

This is where I was born

The arch represents our community's strength and support, lightness and openness- it's a gateway to what we have.

Let's sustain this dream!



Dreams

Ülkü EVGİN

We all go through hard times
But the most important thing is to keep our faith
We should always dream of the future, the days to come.
Life is like riding a bicycle. To keep your balance, you
must keep moving.

Life is good, let's live it to the fullest.
We should always have purpose
Because a purposeless human is like a pilotless airplane.
Dream and make it come true



Recipe For the Dream World

Cemaliye POLATCAN

Ingredients:

4 cups of Human kindness

½ cups of peace

5 spoonful of clean environment

2 tea spoons of disinfectant for a world without Coronavirus

9 spoons of secret ingredient to stop hunger, poverty, racism and homophobia

Preparation:

Put these ingredients in a gigantic bowl and mix them well.

Dream for 10 minutes. Then, put them in the oven and bake for 2 hours at 180 degrees. After the cake is baked you can decorate it but don't forget to add love and care on the top. Enjoy!



Dreams

Devin CANBAZ

I actually think that dreams are useless and they shouldn't exist because they just manipulate us to existence that we want to be in. If we live in a world of dreams then we cannot be successful in real life and we cannot open our eyes.

Actually, my biggest dream is to live in a world where people can open their eyes to truth.

The truth is we are all same and we should just accept each other as we are. We should embrace diversity and stand against any form of discrimination- colour of skin, gender and religion.

But I opened my eyes to the truth about being a girl, actually living in this world with these purblind people; the truth is after so many years women are still being suppressed and oppressed- inequality makes me sick.

What are we fighting for, really?

WE ARE ALL THE SAME AND WE SHOULD GET TREATED LIKE WE ARE THE SAME.

Then, the world would be a better place. And my dreams would come true.



Dreams

Emine AYDOĞDU
Sonya BEN

Hold your dreams,
Run for them,
Hold 'em while you still
Have the time.

Help yourself,
Be your own friend,
As you go through
This life
Hold your dreams.



Fendiye AYDOĞDU

I dream of a World where there are bonbons everytime we look at the shelf, stars of gold, flowers, bees, and beans, and where it's always the right time to dream!



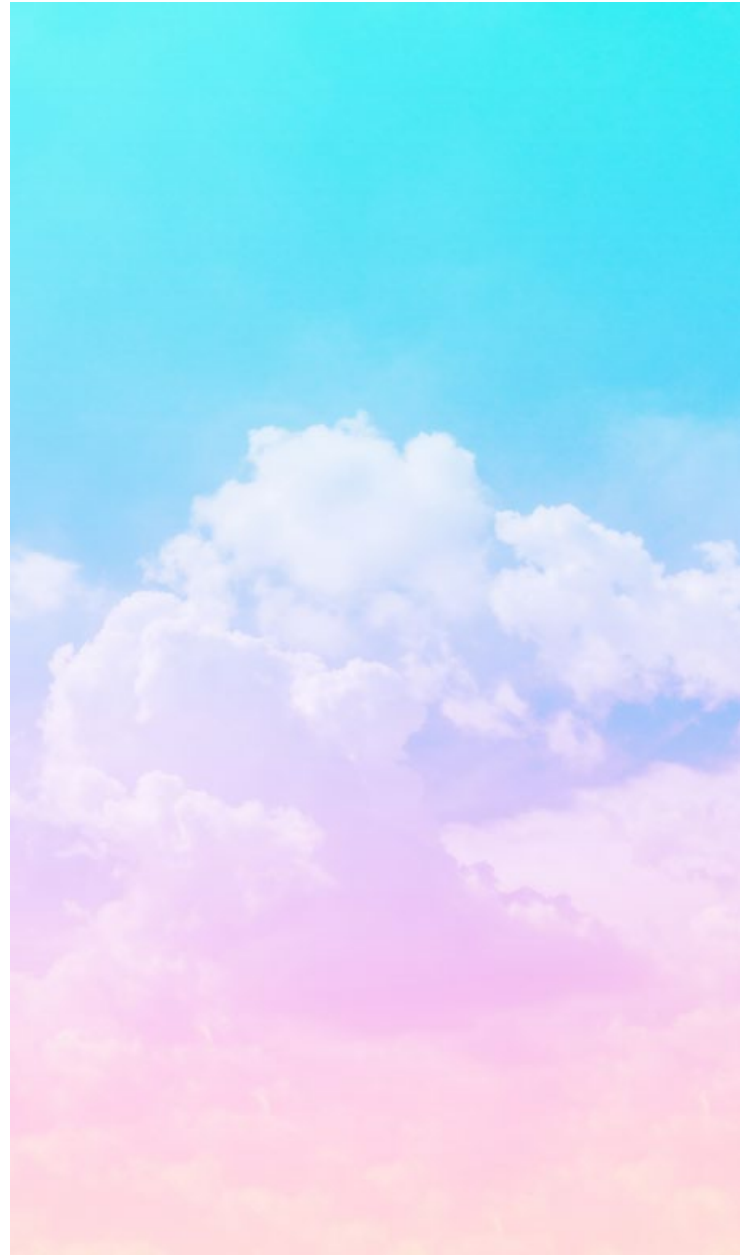
Dreams

Elifsu ÖZ

A dream is an armour of a knight
like a moon, rising in gloaming night
A violet, blooming inside the mournful castle
that ushers meaning in our struggle.

Dreams are tunnels
we sneak hope through in our wrestles
Yesterday, birds were lamenting dirges of farewell
today, they're flying to a happy tale to tell.

Hopes and dreams keep us going
through the worries and bliss, we're growing.



Should Computers Dream?

Görkem ARSLAN

If I ask you “What makes us a human?” one of the answers would probably be our ability to dream.

The groundbreaking work of Herbert Simon and Allan Newell made a leap in the computing world. They designed a program, in December 1955 that could understand mathematics. The program was able to prove thirty-eight mathematical theorems from Russel’s “Principia Mathematica”. Since then, the artificial intelligence was used in most domains, and was developed really fast. The development resulted in the defeat of humans by the smart machines; the most popular example for this would be the defeat of Garry Kasparov, the best chess player of all time, by Deep Blue.

After a while, the questions like “Can they compose songs, can they draw, can they write a poem?” started to rise. Yes, they can create art, just like you. For instance, a painting made by a computer named “Portrait of Edmond

Belamy” was sold for \$430.000. The view of the piece of art could not tell that it was drawn by a computer.

It is good that the AI makes life easier for humans, but that would not deny that we should also consider putting limitations to their capacities. A robot called Sophia once said that her biggest dream was taking control over the world and put humans into cages, the same way humans are caging animals. Moreover, there are two chat bots created by Facebook that created a language, which we humans have not been able to decode, yet.

As a beginner in the computing development area, I would say that humans should make sure they are not destroying our lives in the attempts of making it easier. Despite the exciting idea of making computers dream, humans should rather focus on how to restrict its dreams, or else we will end up living in a Terminator World.



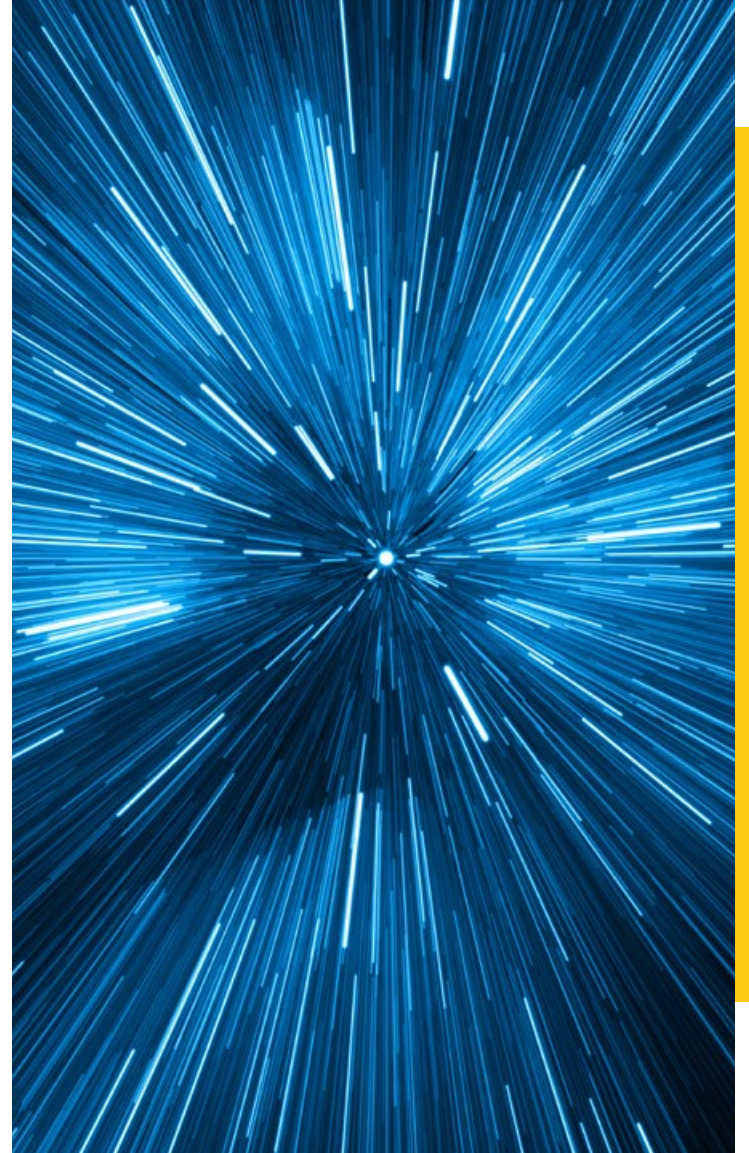
The Epitome of Perseverance

Hilmi Batuhan GÜVENÇ —

Not many people were hopeful for Space X when it was founded in 2002. People thought that a private company could not compete with state space programs. The latter was worth billions of dollars and carried many years of experience. Elon Musk, however, had a dream. He was the man, with \$150 million and no space experience, who wanted to build another safe place for human beings in space. It was undoubtedly a huge risk to take, but the importance of its impact on humanity kept Elon going. He decided to conquer the space industry and challenge all the obstacles that might cross his path for the best, for our best, instead of giving in to the comfort of his life. It was the dream of a better future for people that motivated him. Elon's dream was different from what most people usually dream of. Unlike most dreamers, Elon wanted to create Hope for the inevitable darker days of our planet.

Most people do not usually bother to try their dreams come true, even those who try, give up after a while. However, Elon's perseverance lies in his belief in his dream, he said 'I'd rather die thinking that humanity has a bright future', and that is why he did not give up after so many unsuccessful attempts. He wanted this dream not only for himself but also for everyone on the earth. He is the epitome of perseverance and a great example for hope and dreams.

If you pursue a dream that is above your personal gains, it could turn into a necessity for humanity, and that would give you strong reason to persevere.



The Influence of Dreams on Reality

Salih ŞEN

The reason of dreaming has been a wonder throughout history. Although many scientific studies have been conducted and technologies have been produced, we have not yet reached definite answers. And this obscurity has led to many theories. In this article, I will briefly mention the theories of the effects of dreams on solving problems.

According to the first theory, dreams help us remember better. It is a known fact that sleeping increases the performance of certain mental tasks but many studies have shown that dreaming while sleeping has more effective impacts. In a study conducted in 2010, subjects were asked to get through a complex 3D maze. They were divided into two groups. The first group was asked to sleep before the second attempt of solving the puzzle, and the second group was asked to stay awake while solving it. The result showed that the subjects who napped and saw the maze in their dreams were up to

ten times better than those who did not sleep.

According to another theory, the situations we experience in dreams are rehearsals for possible real-life encounters. By stimulating our instincts in our dreams, we become experienced in real life. Thus, we can determine more quickly what to do when we live the real situation.

According to the last theory, we dream to solve problems that we cannot solve while we are awake. Unconstrained by reality and the rules of conventional logic, in your dreams, your mind can create limitless scenarios to help you grasp problems and formulate solutions that you may not consider while awake. It was how August Kekule discovered the structure of the benzene molecule and how Dmitri Mendeleev created the periodic table.



Alper AYDIN



Dreams

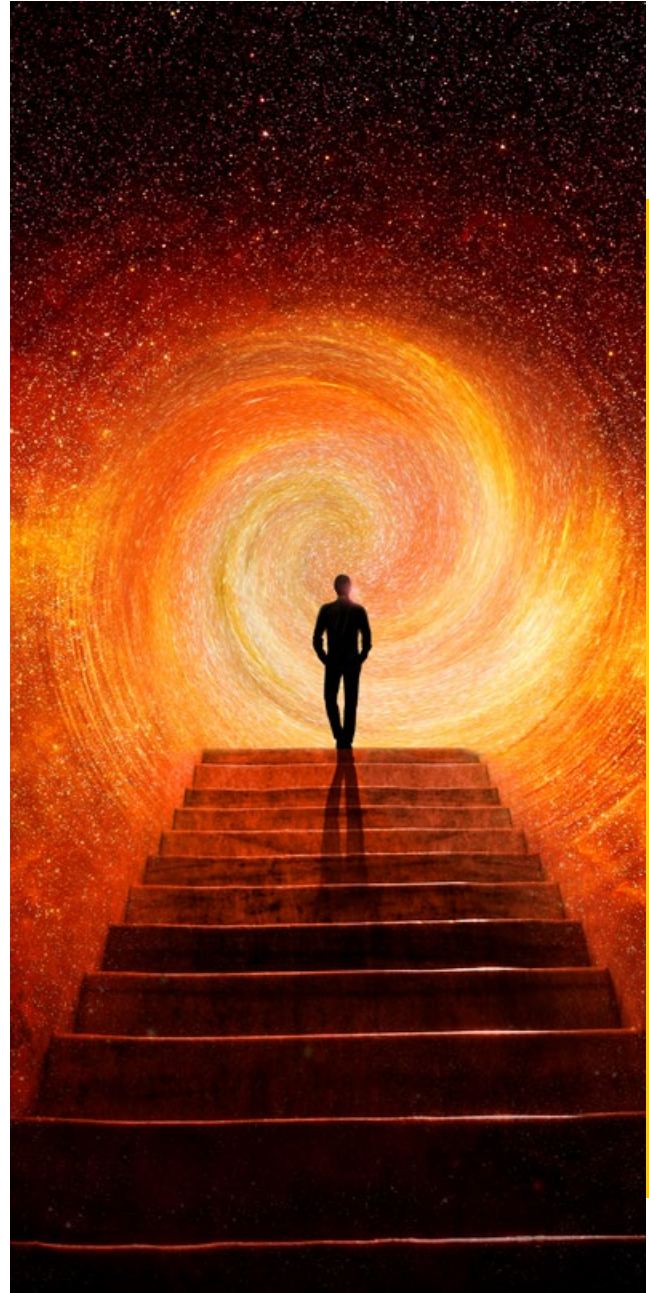
Elif Deniz TÜRKMEN

There are two meanings of dreams.

The first meaning is the real meaning of dreams. You have it while you are sleeping, and it has two types: Good dreams and nightmares. Someone sees that they have a good life, good relationships, lots of toys, getting something that they want, like a phone, a computer, a pet, toys, jewelry, or expensive bags in their good dreams. Actually, dreams shape what you want to be or what you want to get. If you want something, you can have it while you are sleeping, but it is not permanent. Sometimes, when you have a dream about what you want, you don't want to wake up and you want to go back to sleep. Occasionally when you wake up while you are having a good dream, you try to get back to sleep again, because you want it to become a reality, and we have bad dreams, nightmares. Everyone is afraid of at least one thing. Many people have nightmares about what they are afraid of. Like a punishment, poverty, clowns, loneliness, darkness, murders, thieves, death or losing people who are valuable for them, these are the cliché fears. When you have a nightmare, you want to wake up, because you don't want to torment yourself.

The second meaning is the one when you see you are awake. It is really strong, like you really wish something, and it can be like getting better from an illness. If you are obsessed with seeing something, good or bad, it doesn't matter, it can happen to you.

In short, you have control over your dreams. If you really want to do something, do not dream it or go back to sleep, wake up and do it, because nobody will do it for you, do not forget this.



Don't Stop Yourself

Eylül ÖZCAN

How hard are we working to realize our dreams? Or are we working? Many people don't strive to make their dreams come true. They don't even start to realize, but dreams that are not started have no meaning. How can dreams that we don't put effort into come true? So, if we want to achieve something, we need to start doing something and strive for it. Because if we don't start and try, we can't make our dreams come true. Of course, we may get tired or want to give up while trying. At that time, it makes the most sense to stay calm and remember our goals.

We have to overcome difficulties. We should go step by step while reaching our dreams. We can think of these steps as baby steps. Start, put in effort, overcome difficulties and achieve success. We are very proud of ourselves after realizing our dreams. We are more motivated with the happiness of success. We work harder because we are motivated. If we work harder, we will be more successful and we will realize things beyond our dreams. What we have accomplished does not have to be great. We need to be patient, because great success starts with small dreams. Of course, there will be people who do not support us in pursuit of our dreams, but we should not give up on our dreams. The sentence I remember while chasing after my dreams is "The only thing that will stop you from fulfilling your dreams is you." So, why are you stopping yourself? Just let go and chase your dreams. You will achieve success.



Nil KOROĞLU

Back To My Reality

*I had a dream last night
We danced under the moonlight
I waited soo long for us to reunite
And I know it will happen some time*

*I wish I never woke up
And stayed in that dream
Where we were a pair
Cause I just cant bare
This painful nightmare*

*For now goodbye
Every night look up to the sky
And for a while wonder why
We couldnt know the value of that july...*

Doğa GÜNER



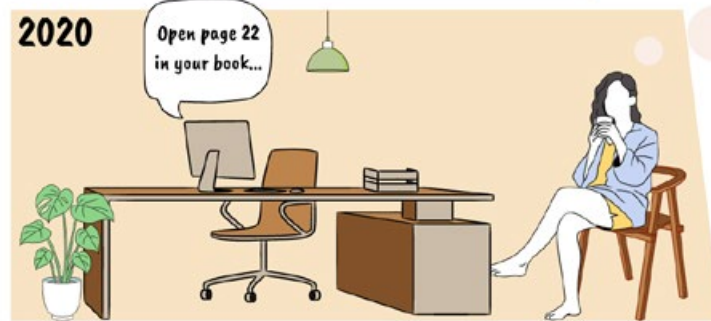
Ece YÜCELAY

Dreams Over The Years

2019



2020



2021

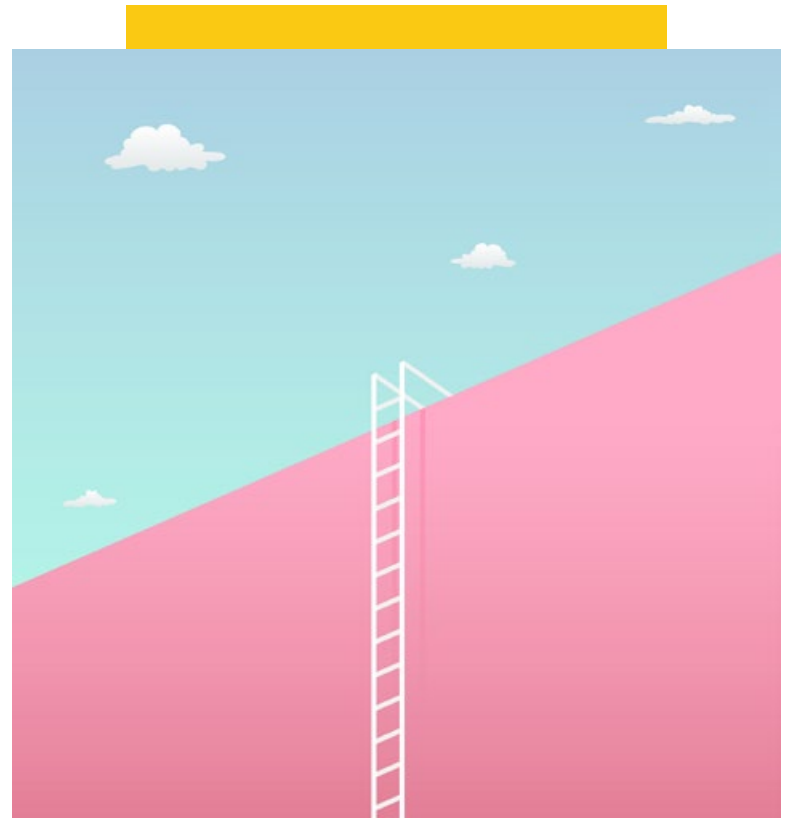


Dreams

Beren BEZİRGAN

I think our dreams are things that can't be expressed in words. For example, when I ask a few people what their dreams are about the future, they usually give the same answers. Being successful, travelling around the world, learning new languages... But actually, their dreams are not exactly the same because when we dream, we act with our emotions. However, words are not enough to describe them.

I think we should make researches for our dreams to learn more about them because in our dreams, things happen subconsciously and we do not have any control of the process. Even if we are a superhero in our dreams, still our dreams are the areas where we are most vulnerable. All our emotions are revealed in the most correct way. That's why our dreams in its truest form arise when we are in our dreams. So, the simplest answers about our dreams are given with emotions.



Midnight

Ezgi ERDOĞAN

I can't sleep tonight
Not because of thinking but because I can't think
I am looking at the stars, looking at the moon
Then I turn and look at myself.
I am in a tiny room
Only me and the stars

I am standing up; the moon is shining
I am looking at the stars
If I scream, can anybody hear me
In this silence?

If I were a star tonight,
If I were near the moon at midnight,
Do you think they would love me?
Would they hear my scream?
I don't know.



My Dream Of Space

Mustafa Efe GÜZEL

I have always been a person with a passion to explore, and I love doing research and reading about space as a hobby, although it is not my No. 1 fascination: that'd definitely be programming. For me, an excellent dream would be hopping onto a spacecraft and discovering the obscurity of space. In order to imagine what would happen if I could explore space, I closed my eyes, and here's what I saw:

The crew and I walk through a hallway leading to the entry point to our antimatter powered spaceship. Rockets no longer exist at that time, because they make too much noise and are energy inefficient. We open the door, get in the spaceship, put on our seat belts and command the spaceship to fly. Everything in the ship is fully automated, meaning that nobody has to pilot, adjust the A/C or deal with anything. This means that passengers can just look out through windows and watch the spectacular view of the space.

After a minute or so, the ship leaves the gravitational zone of Earth and temporarily stops accelerating; therefore, everything inside the ship is under microgravity. I take off my seat belt and fly from one side of the ship to another. Microgravity is just as fun as how it looks!

Then, we get back to our seats and accelerate the ship again. Our destination is the Galactic Center, Sagittarius A*. The advancements in technology somehow let spacecrafts move close to black holes safely. The black hole looks magnificent with all the rocks, dust, and most importantly, light surrounding it.

Finally, we arrive back home. Since this is just a dream, I am not younger than everyone else, in contrary to what would happen in real life. It was such a tiring trip, so I instantly go to sleep.



Art of Dreams

Osman TAKA

What are dreams? Dreams are different types of stories and images that our minds create while we sleep. They can be fun, entertaining, romantic and frightening. They are a mystery for scientists and psychologists.

What causes dreams to happen? There are several theories about why we dream. Are dreams merely part of the sleep cycle, or do they serve some other purposes?

Some possible explanations are:

- representing unconscious desires and wishes
- interpreting random signals from the brain and body during sleep
- consolidating and processing information gathered during the day
- working as a form of psychotherapy

There is a lot that remains unknown about dreams. They are natural therefore they are difficult to study in a laboratory, but technology and new research techniques may help improve our understanding of dreams.

Dreams are universal human experiences that can be described as a state of consciousness characterized cognitively and emotionally during sleep. There are different

Types of dreams;

- 1- Nightmares
- 2- Lucid dreams
- 3- Interpretations

Dreams are a whole new universe to explore with more data and certain facts. Dreams are going to be the big research area of the future.



Dream To Survive

Zeynep Rana YAVUZ

Dreams are the dearest treasures that we have. They are the ropes that can save us from the dark deep and make lives easier for lonely and hopeless people. Loners are people who do not have any expectations in life and they take refuge to their dreams. They feel happy with their dreams. Being a dreamer is not wrong, on the contrary it is good. Many students who know what they are going to do in the future and dreams about it get better results at school and they mostly achieve their dreams. This is a scientific fact.

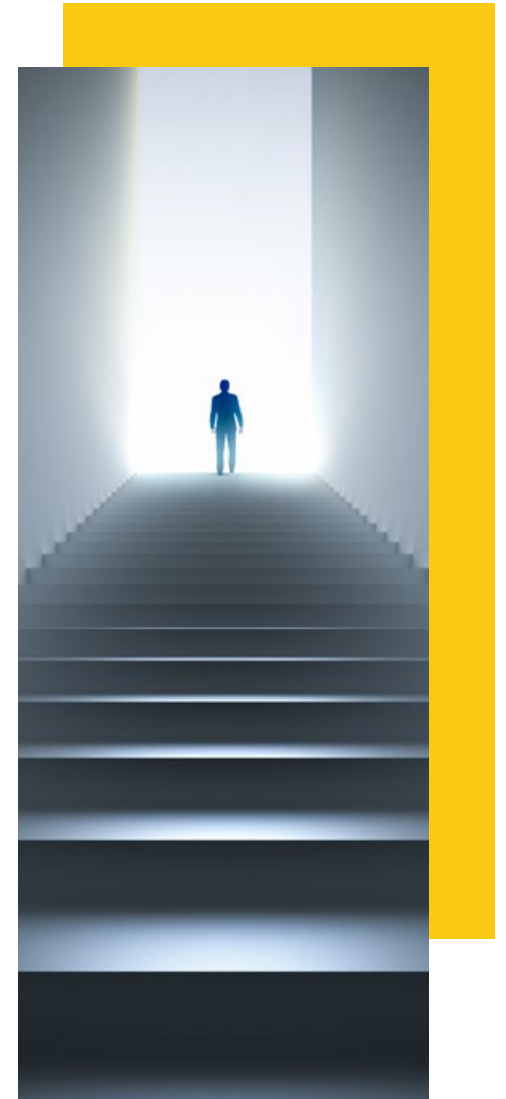
Let me give an example; in the past there was a sobibor and there were two types of people; one group made experiments and the others worked in the factories. There were two men in the line waiting for the election; they were both chosen for the working side. They were working with a little amount of food and they were not wearing proper clothes. Every day each of the men was only working hopelessly and just doing what was told and the other man was also working but not hopelessly as he always believed that they were going to be free one day.

One night the man who had believed that they were going to be free had a dream. In

his dream, on the 23rd of March, they were free to lead an ordinary life. The man woke up and told his dream to his friend and his friend said 'It will never come true; we will die here'. The man did not believe his friend and started to dream about the day when they would be free. He would work again and see his family again. On the 23rd March, the man woke up really happy because he thought he was going to be free. The day passed but nothing happened. He was really sad and his friend said; 'I told you they will never let us go and now stop being sad and do your work; if not you are not going to be able to eat'. After they had finished their work, they had dinner and went to sleep. The man was hopeless and sad. Next morning his friend woke up for work and tried to wake the man but the man didn't open his eyes. Unfortunately, he was dead.

After 3 weeks, there was an announcement that everyone would be free because the administration had a decision and everyone was going to be free. The man's friend was crying because if he had believed for three more weeks, he would have been free now.

Our life is like this; we should dream about what we want and always believe in it, if not, we can miss some changes.



Dreams

Bade ÖZAL

I used to dream a lot about my future life when I was a child. I would tell myself that I was going to be a really successful, admirable and powerful woman whom my parents would like to see and be proud of. Having such an ambition has still been my motivation both in my school life and everyday life.

I have always been ambitious and careful about my grades since my primary school years and I have always been encouraged by my parents and teachers to study harder and harder to achieve more in my academic life. I have been at TED for approximately four years and attending TED Samsun High School was one of my biggest dreams when I was in the Middle school. I expanded my limits over everything such as getting a scholarship from TED Samsun High School. Recently my first goal to achieve is to graduate from TED Samsun High School with honours. After that, I want to study pharmacy which I decided to do when I was a child. Despite the fact that it is a hard task to succeed, I think I can handle it and overcome the difficulties of studying at the Pharmacy Faculty. I believe there are no boundaries against living a better life in the future or providing better standards for myself and my family. I do not have utopic dreams which are unlikely to come true. I just dream about the things that might happen, rather than the ones which make me disappointed.

Consequently, we all have our challenges as we go through different journeys in life but we must never give up following our dreams whatever happens or how hard they seem to come true. Dreams make us passionate about our lives and push us to strive harder. I do not dream to tell others what I wish but I dream just because I want to remind myself that I have an aim of living my life in the best way that I can realize.



Dreams - Two Sides Of A Coin

Furkan ÇİLESİZ - Hasan DORUEL

Dreaming has been an indispensable activity for people since the beginning of humankind. Thanks to this activity, people have increased their creativity and found new ideas to develop our civilization. By this way, humanity has had a pace and reached the current level with the inventions and innovations that they have made throughout history. Although imagination and dreaming have many advantages, many disadvantages may exist, too. People may waste their time and become lazier if they spend all their time by dreaming of the things that are not available to modify into reality. In addition, they may also move away from their perception of reality and lose their ability to differentiate the concrete realities of life and dreams.

It is very important what we dream of, as people's way of dreaming and the limits of their dreams about life are likely to determine their future. Of course, the dreams ought to be based on a solid ground and the environment around should provide rational opportunities; otherwise, our dreams may turn into our prison cells.

For instance, during the establishment of current giant companies like Facebook, Google or Amazon, they were all just an idea at first and most probably, the same ideas may have appeared on different people's minds, too. Nonetheless, the ones who had opportunities and enough courage in parallel with their ideas have achieved their

goals. One important thing at this point is to get out of your comfort zone and make dreams come true and the other important point is to have a rational and feasible idea. It is impossible to imagine a person who has a dream of establishing a technology company without any technological background or knowledge.

On one hand, a person who has big dreams and wants to be successful may try to reach his goals with his certain efforts and capability in the field he dreams of. On the other hand, if a person exaggerates his capabilities or wants more than he is ever able to do, most probably this person could not reach his goals. In this way, he would be drawn into a vortex of his dreams that he could never realize. As a result, he starts to feel useless and unsuccessful as he unconsciously thinks that he is in a psychological cage. After a while the same person will not have any dreams or hope for his future as he is taught to be unsuccessful within his unconscious mind.

Consequently, dreaming is important to increase our productivity and it is actually a superpower to enlarge our vision as long as we are able to use it in a balanced way and be aware of our potential. Only this way, it becomes a real power and triggers us to continue and realize what we dream of.

Past Dream

Hürcan AKGÜN

A light shone through your eyes
Now you are moving away from reality.
You are getting closer to the past
To the center of light
To the past dream.
This should not be your hope.
What you see is in the past
Just a past dream.
Dream a new dream now!
Because dreams do not repeat.
That dream no longer exists because it is in the past
In the past...
Imagine now
The sound of the trees with the wind
The sound of the rain
Sunrise
Sound boring?
This is a dream in which you can do whatever you want!
Fly, run or cry.
This is your dream
Your new dream.
For now...



Higher Dreams

İdil EROĞLU

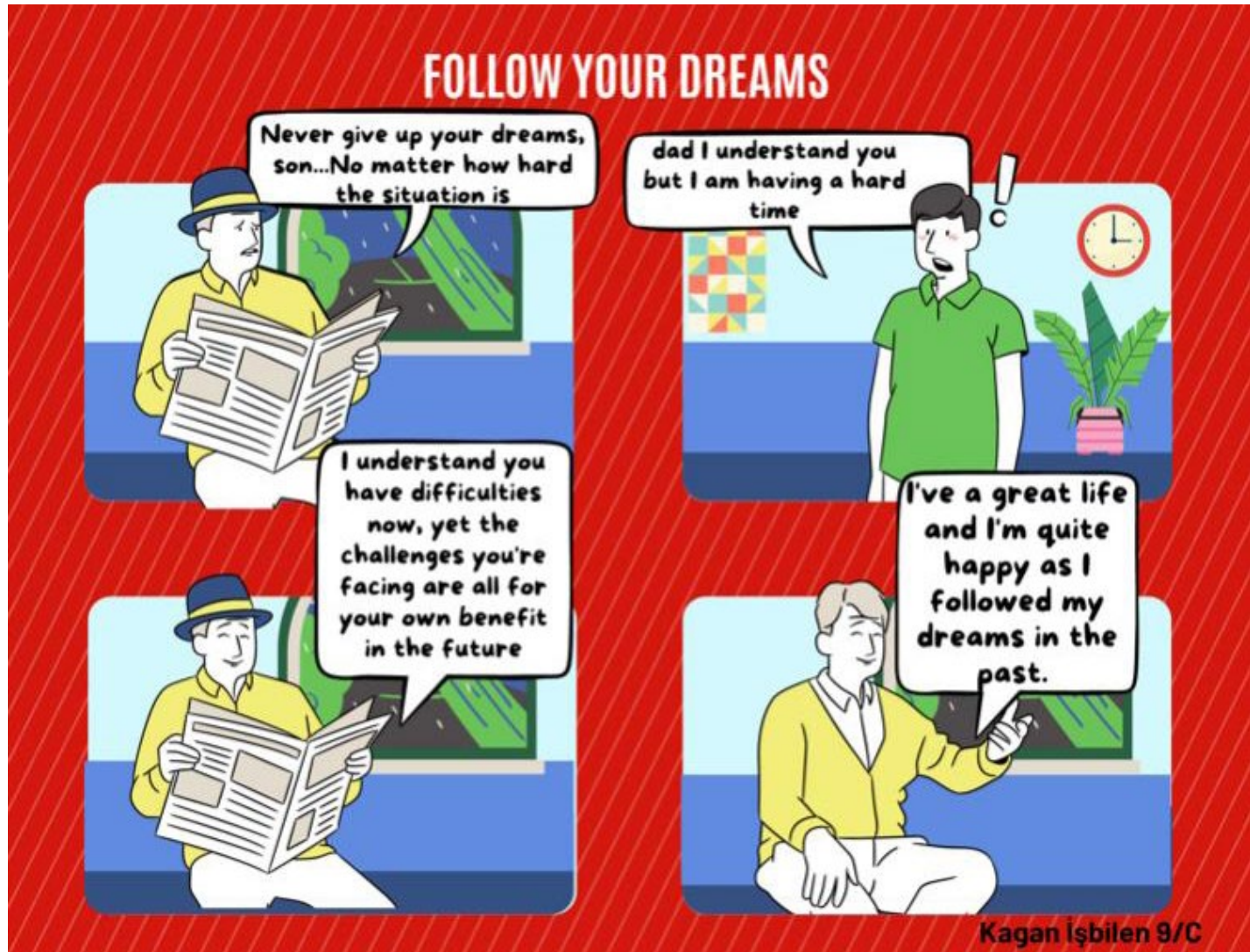
Life is not a rose-coloured romantic comedy movie embroidered with musical numbers and puppies. An ordinary person - who requires juggling relationships, jobs, family life, and many more - has its unexpected turns. Sometimes things get a little bit out of control and we need something to hold onto. That is why we dream - to see a light in our darkest times. Our imaginary world shields us from all the ugliness, distress, and cruelty that we are exposed to in the real world.

Dreams do not always have to be the children of depression and despair. We can also dream about our present or future life to find joy and encouragement. Like little children imagining their teenage years or a young couple wishing to grow old together, dreams give us hope and determination for the coming day. Every accomplishment, every happily-ever-after was nothing but a mere dream at the time.

Dreaming is a human necessity and can be therapeutic as long as we do not weaken our ties with reality. Dream higher and dream bolder!



Kağan İŞBİLEN



Dreaming At Any Age

Emin COŞKUN —————

Dreams are the gateway to the universe where people can do whatever they want when they are happy or unhappy, alone or not.

According to the study on dreams, our imagination working in the background of the human brain constitutes 46.7% of our time. Dreams that take most of our time make people feel comfortable and peaceful. On the other hand, some researchers claim that people feel unhappy when they dream.

Why do people dream? People dream to be happy and make plans for their future. However, people who are not satisfied with their life feel unhappy while dreaming. This situation changes from person to person and age range. We always have dreams, but we believe in the dreams mostly in our childhood years.

Children look for a friend while playing and if there is no one to play with them, they often make imaginary friends. According to some studies, children with imaginary friends have wider horizons and their imaginations are very colourful. In short, children dream because they do not have a permanent job. They take shape themselves in these dreams; they use themselves mostly in these dreams, write stories in their plays and dream for many other reasons.

Young people dream of finishing their school, and when they get older, they make these dreams come true. Those

who spend this part of life with their realities stop dreaming, thinking that dreams cannot come true. They just start to behave like adults by thinking about the weekend. They imagine the future of their relationships. They think about alternative realities. They do not dream about the future as they did when they were at school. Some people keep dreaming, of course. Rich young people and writers who write novels are examples for them but these people are in the minority.

Middle-aged married people often dream of their children's future. If they do not have children, they dream of having children. Beside this, they dream of planning Sundays because they are tired of working. Unmarried people often dream of their marriage and make plans for the future.

Older people mostly dream of going back. They relive their good memories and remember their regrets. They also will feel happy by dreaming their children and grandchildren. Many old people over 65 have fear of death, so the section I mentioned is still in the minority.

As a result, when people's age increases and with the effects of many social factors, it creates the perception that dreaming is misleading. It pushes people away from the truth. Because of this perception, colourful dreams gradually leave their place to reality.

Who has not got dreams?

Defne Naz MERT —

I suppose that everyone has at least one.

There are several different dreams in the world like stars in the sky. Some people can reach their stars and some people cannot. When someone reaches her star, a new one comes and it goes like that forever. How about people who cannot reach their stars? Actually, most of the people cannot.

So, what is a dream? Dream is what is conceived, animated and missed to happen in the mind. It is the dictionary meaning but for me it is something you really want to happen but it seems so unreachable for you. Yes, we all dream; however, some do not even try to do that. Why? If we want something so much, why don't we even try? Ask this question to yourself. I know what your answers are. "Conditions are not okay, I am waiting for the right time, it is just a dream, I do not have an opportunity to do that...etc." If your answers are among those excuses, are you sure that you want your dream to come true?

If your answer is yes, there is no right time to start. If you do not have the right conditions, create your own conditions. It is easy to say but hard to do, right? You had to do self-sacrifice a bit, work hard and make effort. Of course, the things I have said seem too hard and tiring but if you really want to make your dreams come true, unfortunately you have to face them. If you want it so much, you can find the potential to do it. If you cannot find the potential, you probably do not want it to happen. You just like the idea of your dream to come true or you are a couch potato.

Anyway, I mean it is all about how much you want it. And do not stop! Go after your dreams if you really want it. If you want it, I guarantee you that your dreams are going to come true. Don't stop struggling.



Dreams are the Architects of Life

Tarık AKBULUT

I want to start with a question. 'What is the role of dreams in our lives?' Some will approach this question more realistically, while others approach it like a dreamer. I think that we need to approach this question like a dreamer. It is because dreams are thoughts that colour our lives.

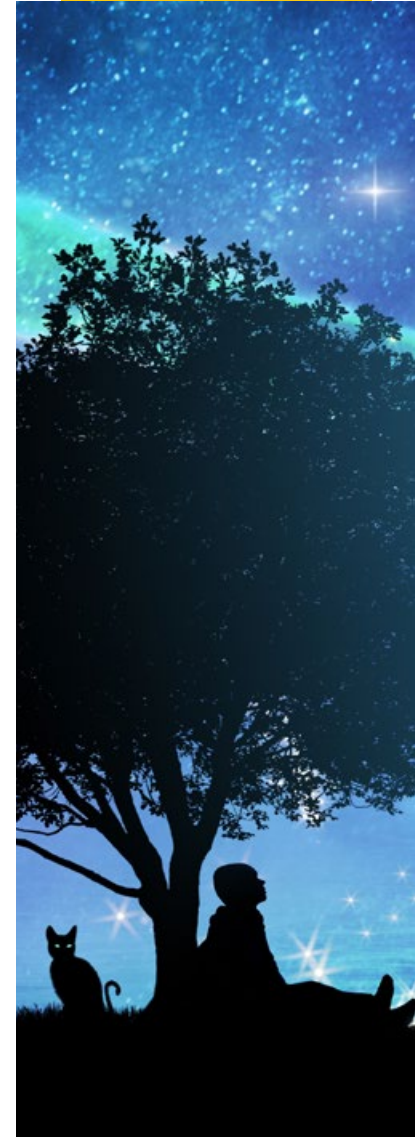
We do not need to be at a certain age for these thoughts to colour our lives. For example, both small kid and an adult can dream, but these dreams have different meanings for everyone. While the word dream means a toy for a child, it can be a journey for adults. Maybe it has many different meanings, but there is only one word that describes it, "dream". Even hearing this word is good for most of us because it reminds us of our goals. It reminds us of the happiness that we will experience as a result of these goals. Many scientists, poets and writers set out on their journey in the light of their goals, and achieved their dreams by taking firm steps forward. In this way, we can also make our lives beautiful by dreaming and chasing our dreams like them. However, first we have to dream and then do our best to make this dream come true. We human be-

ings always live in the same life cycle and this cycle turns into a routine after a while. This transformation affects human development negatively. In order to get out of this cycle, the person needs to set innovations and new goals in his life.

As a result of dreams, people will always be energetic, hopeful and excited and they will have reasons to work. All these will keep people alive both psychologically and physiologically. We see that all historical figures have goals and dreams in their achievements. The world empire of Alexander, the conquest of İstanbul, the War of Independence, geographical discoveries and scientific discoveries were achieved as a result of dreams that were seen to be impossible. There were those who followed their dreams regarding each development and innovation, and these people have always been successful.

When we consider everything, never be afraid of dreaming.

With wishes that all your dreams come true...



My Dreams

Yağmur YUNAL

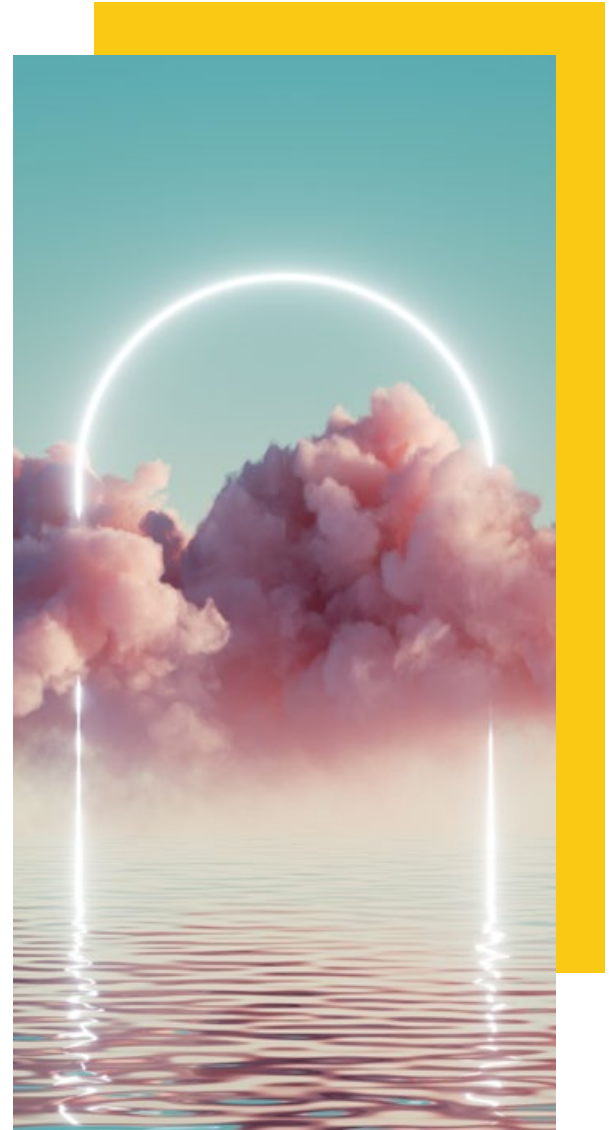
The year is 2080 and I am a seventy six-year-old lady and this is a letter from the future about the things that happened in the last 60 years. People realised how fake social media was that they were spending hours and started to have better communication with people in real life.

They became conscious of reading books –it took a long time– and lots of people especially kids have reading habits right now. I realised that people have wider perspective and this perspective builds a more tolerant society. The educational system is so much better in almost all countries. While children are growing up, their teachers observe talents and interests and they guide them. In this way children are raised not in an ordinary way. Welfare level difference has decreased because the undeveloped countries are developed. People realized that some of the resources of the world

are limited and shaped their lives according to it. For example, in my town almost everyone uses solar panels, hybrid cars. Ozone layer is so much better and global warming is not a big issue anymore. Diseases can be cured much more easily, people take care of themselves, and they eat well and exercise regularly. Restaurants have healthy menus. Crime rates dropped.

I also want to talk a bit about myself. I am a computer engineer and also an academician - I am retired now -. I introduced some new things to software development and I taught well to the students. I think I had a successful career. I travelled around the world as best I could. I tried to help people and I served my country. I am happy with my life.

Let's go back to me, sixteen-year-old me. I wanted to share my dreams with you. I know they are not so realistic but they are dreams so...



The Importance Of Dreams

Kerem KAYAPINAR —————

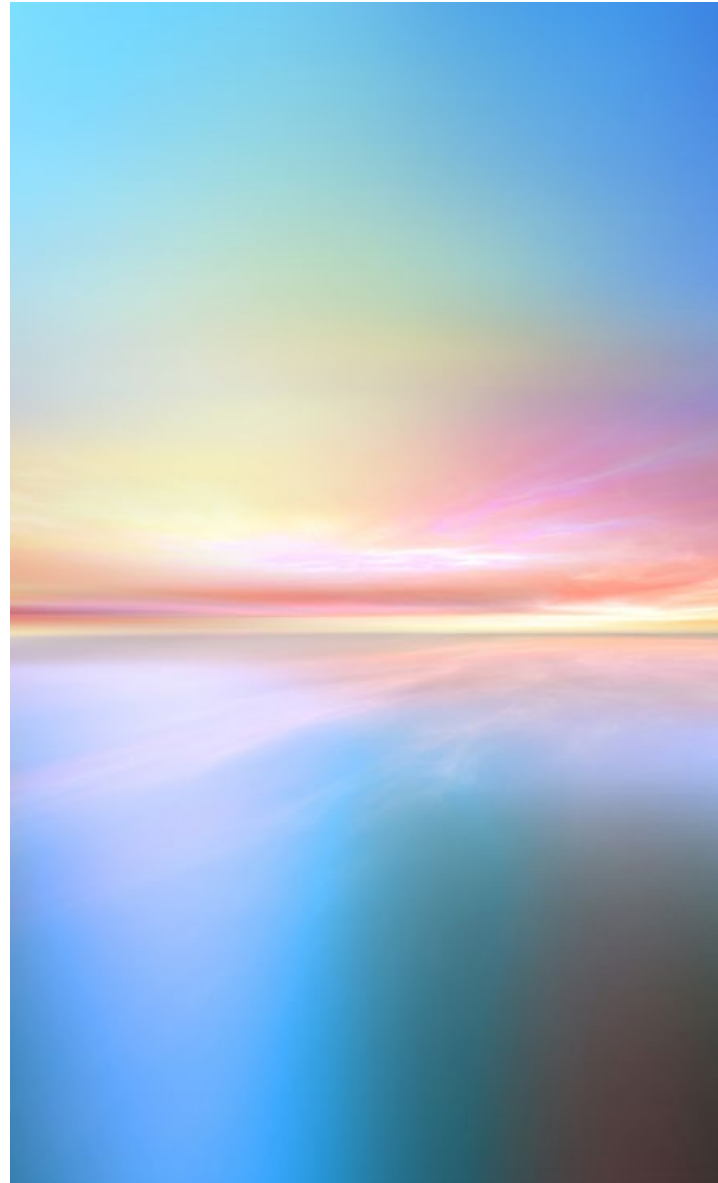
It is essential for a person to dream and to have hopes for the future in order to enjoy life, to be connected to life and loved ones.

Our dreams are very important factors that connect us to reality. As long as a person dreams, he/she continues his existence in this life because the desire to fulfill our dreams gives us life energy. Also we do our best to make these dreams come true and we fight for it. People who do not dream are those who have no purpose in this world.

Being aimless is the greatest evil that a person can do for himself. A person who has no purpose can find no reason to live in this world. People who have a goal always struggle to achieve these goals. Our dreams lead us to another realm where what goes through our hearts and dreams come true.

In this way, a person is prepared for the challenges that he may face in the future. That is why everyone should have dreams, and no one should stop dreaming. For a person in order to enjoy life, to be connected to life, they must have hopes and dream about them because nothing else is like the happiness of achieving dreams.

In short, every person should continue to dream throughout his life, whether small or big, because a person means a dream.



Daydreaming

Behiye Nil AVCI

Mom, Can I go out without wearing a mask?
Should that be the one all I have to ask?
Doing outdoor activities just freely
Oh God! My dreams would not be too easy.

Healthy and good days, as if they are under a rainbow.
Young girls and boys will find joy but how?
My dream is to live my life happily ever after.
I know it will come true sooner or later.

Wandering around the World with my dearest ones
Coachella wait your turn, there have been some delays.
Skiing down the Alps or diving under the oceans
Belief is the strongest thing that can cross the borders.

I have a dream, so I wish it will come true.
Stars will shine brightly; the sky will turn blue.



Dreams

Elif YILDIRIM

If there was a lake full of tears,
It would have a lily ending on it.
His only dream in that little lake,
It is freedom that transcends borders.

Polar star of dark nights
Medicine for broken hearts,
A pinch of excitement,
The most mysterious dreams.

Where the hours go by
Where the silence quietly grows
In this shackled universe
Dream is the most beautiful World.

Under a Street lamp
You listen to the silence.
The stars blink at you
One night suddenly.

The happiness of dreaming
What pleasure can you give
People watch silently,
In the desolate cold air.

Will the painful rebellion of loneliness pass?
Does it never pass when the leaves turn yellow?
The most inaccessible, cold smile on your face
Can anyone ask you about your dreams?

Do you know what a dream is?
Everything is beautiful and perfect as you wish.
The universe where is happy and peaceful
It is also deep and meaningful as nights.



My Dreams

Öznur KIRMIZI

I had dreams, a dog in a small house
I had dreams, a road to the sky
A little love, a little tolerance
I had dreams, now it is in the past.



The Goodness Vaccine

Sıla VARDİN

Considering the recent events, the only thing that will make most people's dreams come true is to produce a special vaccine that will give everyone the ability and sensitivity to think about the well-being of other people: The Goodness Vaccine.

Thus, people can abandon harmful behaviours that they cannot let go. Even harmful addictions, violence, bullying, environmental pollution, odious wars and human losses can be prevented.

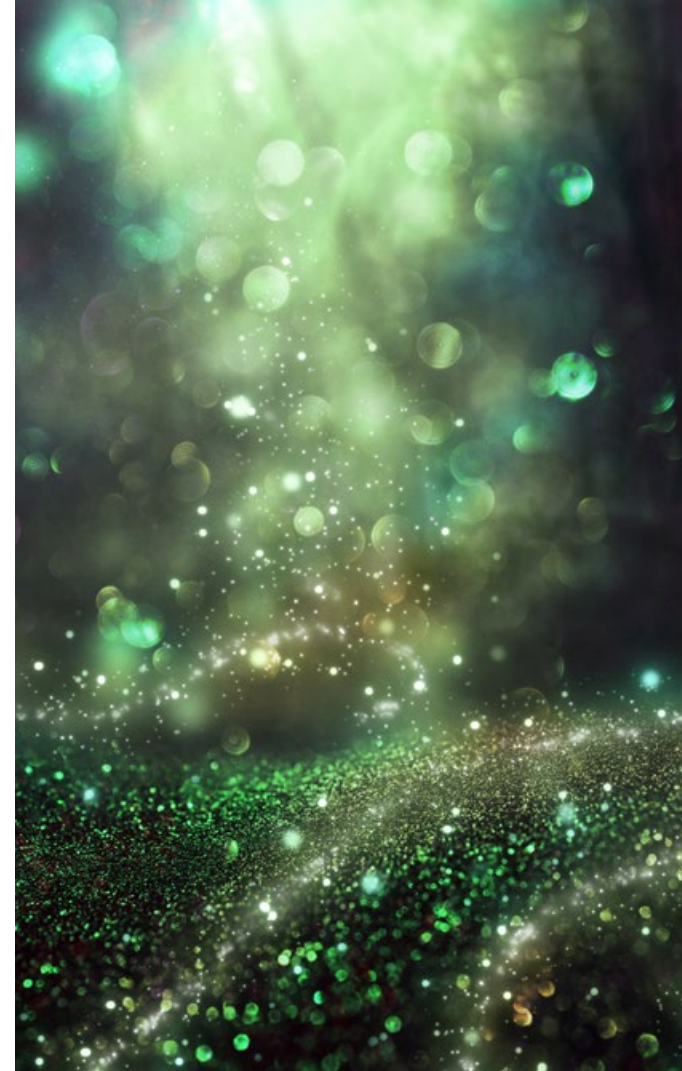
Imagine that no one is keeping the emergency lines busy for fun, or that people can stay away from sick friendships to avoid spreading infectious diseases.

Wouldn't it change a lot in our lives? Maybe we would save water, we would even plant trees. We would not set fire to the forests to build hotels, nor would leave our pets alone in those forests. As we did not use violence to animals, we would not compete to buy the rarest. Instead of giving millions to a vase, we

would feed the hungry people and we would not even silence those who were defending someone's rights, and we would not tolerate injustice. We would not exclude people who needed a psychologist, we would fight addiction hand in hand.

We believed in science; we would not ignore the rules. We would not be stingy about materials; maybe we would not cut the main columns of our homes to make an "elite" market selling products soaked in bleach looking even more attractive. Half of the time we allocated too much time to take a good photo, we would now prepare our earthquake bags and learn the closest gathering point to our house while on the internet. Who knows, we would greet our neighbour and hug an old friend without worrying about his social status.

We probably need to supplement The Goodness Vaccine with Anti-ignorance pills, but at least future generations will not need treatment.



Why Do We Have Dreams?

Dila NUMANOĞLU

Why should we bother with chasing our dreams when we could just sit back and stay in our comfort zones forever? Why do we have dreams in the first place anyway? How do we see something and decide we want to do that for the rest of our lives? Why is it so easy to make a decision that could change every routine we have, everything we're used to? I think in order to have a dream you have to have an epiphany, a sort of awakening moment. This moment has to be so powerful and emotionally triggering for you to decide if you want to take your whole life to a new path. But this isn't something that happens very often. If we had these epiphanies on a weekly basis, there would be no point and there wouldn't be a reason for us to take them seriously. What makes them special is that they're one of these once-in-a-lifetime experiences for most of us. The moment we see

something and say "I could do that forever." is not like any other. We are so mesmerized we just decide we will dedicate so much time and energy to one thing that will give us nothing but fulfilment. Maybe that's all it takes. Maybe all we seek is a way to feel whole by ourselves and with the things we do. That's why everyone should have a dream, a vision. That's the only thing anyone can truly live for, something they believe in and something they would give everything up for. Sometimes it is draining, sometimes you wonder if it's worth anything, sometimes you feel lost. But it all makes sense when you eventually live your dream or even come near it. In conclusion, dreams might sound crazy, they may seem unreal, and sometimes the effort you put into them doesn't make sense; nevertheless fulfilled; that's all you need.



L'esprit De L'eslacier'

Elif Dila TOPAL

Sitting here all day,
Drinking cold coffee,
Thinking about my future,
Feeling it's the end for me

How could I get out?
Why would I get out?
Always thought I was safe,
But now I'm all alone, yeah.

People have high hopes,
I ain't one of them.

Now that I'm speechless
Now that you won
Let me learn me
Cause I cross my heart
I will live like no tomorrow

Still praying, still praying, still praying,
Meliorism, meliorism, meliorism

Now that I'm speechless
Now that you won

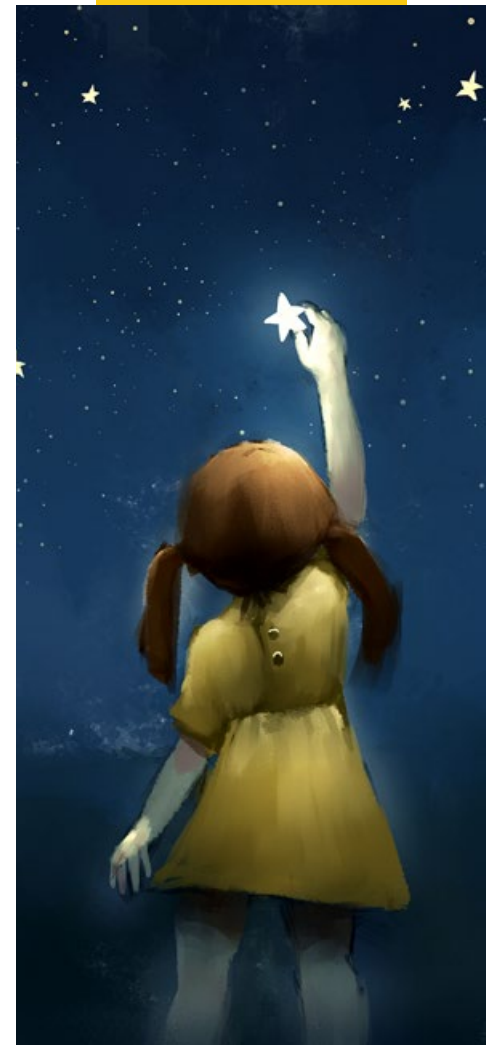
Let me learn me
Cause I cross my heart
I will live like no tomorrow

Lying was a sin I hated
They made me lie, mom
Now I became one of them

I hate every second of it
They don't let me live
They don't know what life is

Tell 'em mom please,
They should know the truth,
You are an angel,
People like good,

I have a secret, I've been hiding
I have dreams i like to see,
But if only they knew this,
They would punish me,
'cause hope is what they're scared of



Our Mirrors: Dreams

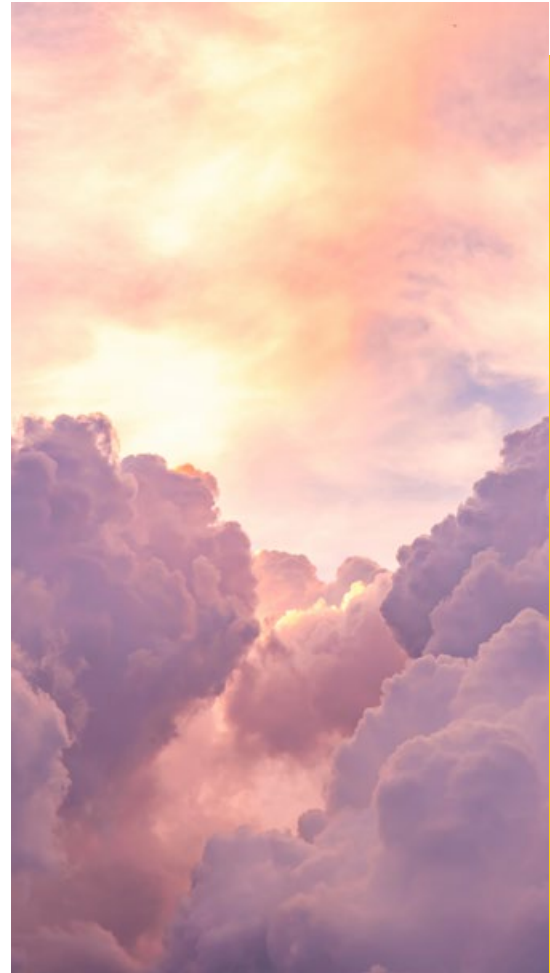
Nilsu AYHAN —

Dreams... Dreams are the reflections of our subconscious which also means that they are usually based on our deepest thoughts and desires. The dreams we have define our actual personalities and our inner selves. That's why we dream about what we exactly want and believe.

Some people might find their dreams meaningless, but each dream shows something that happened to us or we wanted to happen in the past. If we think hard on our dreams, we can find what our soul is trying to tell us. For example, think of a woman who is on a strict diet. She dreams about the food she wants to eat every night because she actually wants to eat those foods but she can't. What her soul is trying to tell her body is to stop restricting herself and eat what she wants.

There are some bad dreams that are also known as "nightmares". Nightmares can be about anything that scare people such as death, accidents, getting older etc. Nightmares are made of our fears, phobias and worries. If someone is stressed out, they have a high possibility of seeing nightmares. Those dreams may be scary but what we should do to avoid those dreams is to face our fears. If we face them, they'll become less important and so we won't think about them. And if we don't think about them, there will be nothing to dream about.

In conclusion, every dream has a meaning. And the meaning is hidden in your mind. Find the key of your mind to find what your dream means.



Dreams In Another Universe

Elif Naz ERDOĞDU

Have you ever thought of your dreams coming true?

No, I'm not talking about having your dreams come true in the future.

Do you know the parallel universe?

The parallel universe is defined by Wikipedia as the hypothetical sum of different observable universes. However, this universe corresponds to a tiny fraction of the hypothetical multiverse. The multiverse is a hypothetical set of possible universes that exist finite and infinitely. These universes contain everything that exists - all space, time, matter, and energy, as well as the laws of physics and physical changes. These universes are also called multiverses or alternative universes.

It is not this small world we live in, a universe in which everything is and not just one. Right now, all of you have dreams, small or big.

Maybe, traveling around the world, being accepted by a good university, or simply having a bar of chocolate.

Well, how would you react if someone says that maybe you are living those beautiful dreams that you thought before going to bed at night?

No, it's not a joke.

You all know people who are twins. Have you ever thought you were more than one? I am not talking about two people who are similar in appearance. Just you, more than one. Like being cloned

What if there is a person who lives in other universes?

What if he/she lives your dreams?

What if his/her dreams are yours?

I'm sorry, I said he/she is but it is you too.

You are not just one, there are many of you, and all of you have different lives. The parallel universe has not been proven firmly. But, according to NASA, some events show the parallel universe. I just wanted you to think. What would happen if you lived your dreams in another universe?



Öykü SEHEROĞLU



Setenay DAĞLI



Şeymanur DAĞAYNASI



Somebody's Light

Beren Ada ÖZGÜMÜŞ

Dreams are the basis of our lives,
They're what keep us alive.
My dream for my life
is to make a difference in everybody's life.

It's hard to live in a world
where there is no justice.
It feels like we're surrounded by darkness;
However, my dreams are bringing some brightness.

When we feel miserable
dreams come to rescue us like miracles
The times I feel nervous
my dreams keep me away from darkness.

Dreams give us aim in life,
They also define who we are.
My dreams will come true
when I realize I'm the light of somebody's life.



Make Time For Your Dreams

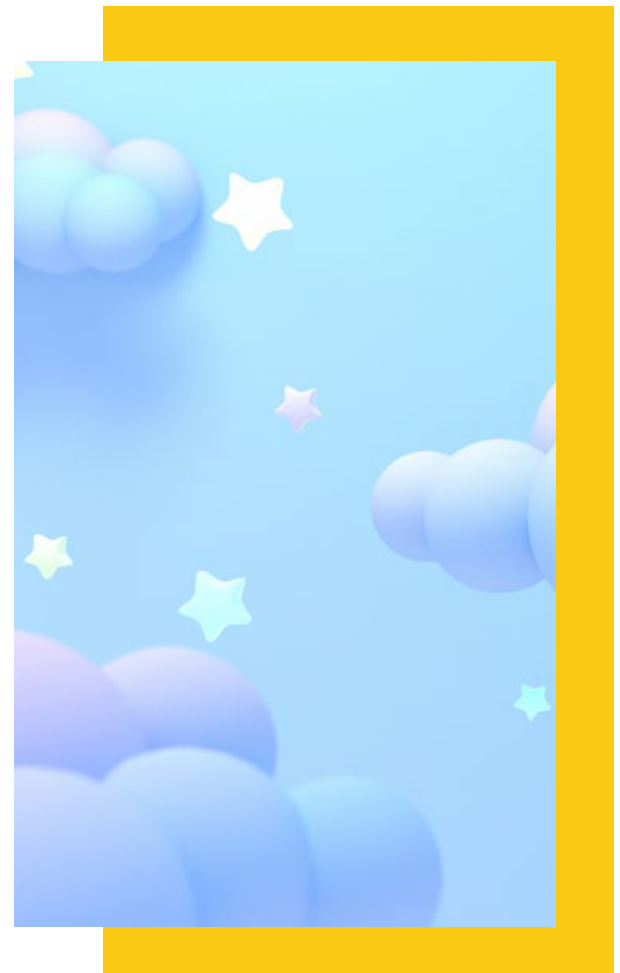
Defne GÖKÇE —

What are dreams? They basically are things we want for ourselves in the future or the present. People can dream about having another family, being born in another country or even about simple things like having ice cream for dessert. But there is one thing in common about our dreams: they are all about having better life and being happy.

Dreaming makes us feel relaxed because we let go of reality for a while and we just appear in this imaginary universe in which we live a perfect life. So, I am asking you this, "Who wouldn't want to dream? Who wouldn't want their dreams to come true?" I'm afraid that all dreams never come true and it is not in our hands! That's why, few people in life achieve their dreams before passing away. Then again, few people live a truly happy life.

People who achieve their dreams and goals usually start being happy but what about the ones who cannot? Are they just bound to be sad for the rest of their lives? Neither I, nor anyone else can change our lives as we do in our dreams. And to answer my previous question, the answer is "No." again. So, what if they cannot come true, just dream of something that can. Work hard and make it happen, right? We shouldn't just consider one option for our future anyway.

If you give up your dreams, you will not have the opportunity to be unique or happy. It is never too late to start dreaming. Always try to pursue your dreams no matter what or who is trying to keep you from doing so, because you can do whatever you set your mind to even if the whole world is telling you the exact opposite. Never give up.



That Dream I Had

Lena YILMAZ

Once I had this dream;
Everything was brighter,
I heard a kid scream,
But it was actually laughter.

Once I had this dream;
There were flowers everywhere,
We were finally on the same team
With the nature out there.

Once I had this dream;
Mother held her son's hand
I cannot explain how beautiful they seemed
She said I'll be with you till the end.

Once I had this dream
Where everyone was so kind,
I was treated with esteem,
Evil was very hard to seen.

Once I had this dream
That made me realize
This world's seam
Should be revised.



I Had A Dream

İlker GENİŞ

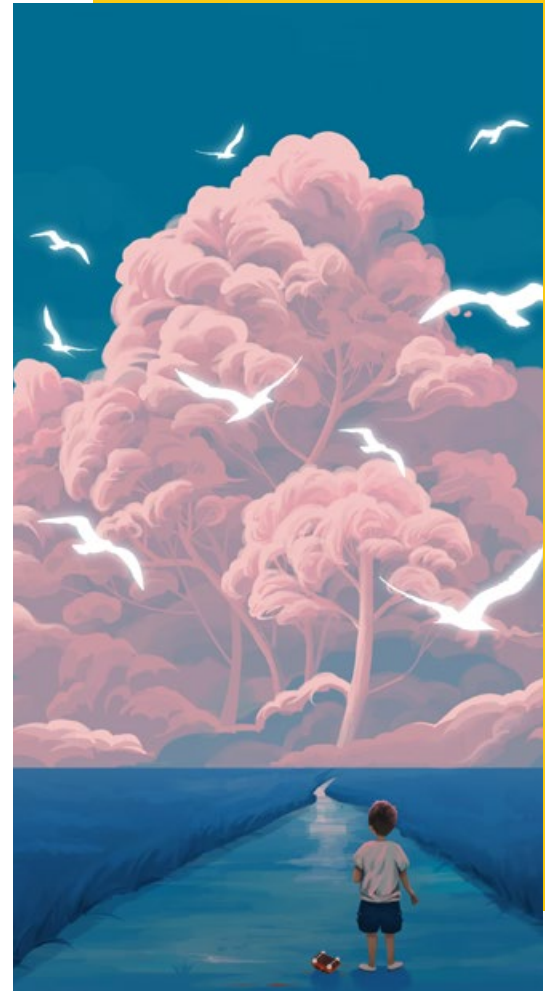
"I like the night. Without the dark, we'd never see the stars." said Stephanie Meyer, an American author. Dreams are the only gates which save us from being desperate, that's the reason why human beings keep on dreaming through their lives. But what is a "dream"? Do people dream about the same things?

Why do people dream? If we search the answer to this question, we might understand the main reason. People dream to solve their problems. For instance, ancient people dreamed about keeping warm and then used fire. Christophe Columbus dreamed about exploring new places so he went to America. Behind every successful story, there is a dream. It doesn't matter what kind of dream it is, dreams are the first steps to accomplish something or even change the world.

Since people live in different conditions and have different traits, dreams differ from person to person.

People's dreams are frequently about their lives or current situations. For instance, while a teenager might dream about his/her future career, a grown up might dream about retirement. During COVID-19 pandemic, people started dreaming about "simple" things such as going out, meeting new people, travelling or just sitting in a café. Before the pandemic, these were a part of most people's daily routines. Dreams are similar to liquids; they never stay the same. As life changes, dreams are also affected.

In conclusion, dreams are tools people use to be free from their problems. Every single accomplishment first started with a dream. It doesn't matter whether it is simple or not. A dreamer is capable of changing the whole world. A dream is your compass, when you are in the middle of a storm; so keep on following your dreams.



Los Sueños

Nehir ÖZTÜRK

Todos tenemos un sueño.

Algunos de nosotros soñamos con ir a Marte, otros sueñan con un Oscar.

¡Nuestra imaginación no tiene límites!

Lo más importante es que nuestros sueños nos conectan con la vida,
porque todo comienza con un sueño y continua con sueños.

La curiosidad nos impulsa a sonar.

Miramos al cielo, nos preguntamos cosas y soñamos.

Soñar llevó a la gente al espacio, a la luna.

Uno de mis sueños es hablar muchos idiomas,

Viajar por el mundo. ¡Me encanta aprender nuevas cosas!

Saber todo lo que me sea posible

Por eso creo que hablar cinco idiomas me beneficiará en el futuro

Además quiero tener un buen trabajo y quiero ser una buena diseñadora.

Ahora estoy persiguiendo mis sueños,

Estoy tratando de hacerlos realidad y creo que tendré éxito.

No hay edad para soñar, ¡nunca dejes de hacerlo!

Perseguir y alcanzar tus sueños te da felicidad.

Si tienes un sueño nunca lo dejes y lo alcanzarás.



Aller Dans L'espace

Eylül DİNLER

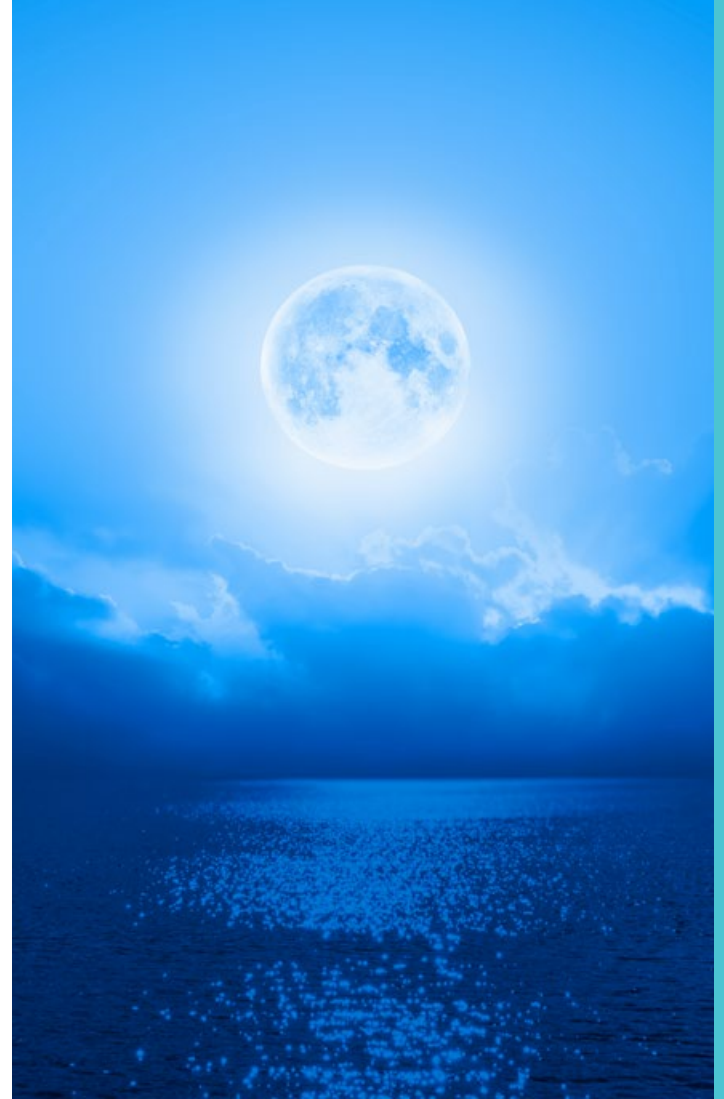
Je vais vous parler d'un rêve dans cet article. Je m'intéresse beaucoup à l'espace depuis mon enfance. J'ai fait beaucoup de recherches sur l'espace, j'ai lu des articles. En bref, j'adore apprendre de nouvelles informations sur l'espace. C'est pourquoi aller à l'espace est mon plus grand rêve.

Je pense qu'à l'avenir, les voyages à l'espace deviendront ordinaires et plus fréquents. Les voyages ont déjà commencé. Mars est la planète la plus appropriée pour construire des habitats. En outre, construire des colonies sur la lune sont possibles aussi. Je pense qu'établir des colonies et créer des habitats à l'espace sera un grand développement pour l'humanité.

J'ai peur qu'à l'avenir, la construction d'habitats sur différentes planètes serait notre seule chance de vivre en raison des problèmes qui menacent l'humanité par exemple réchauffement climatique. Participer à ce projet et d'empêcher l'extinction de masse est aussi mon rêve.

Je pense également que le commerce et les voyages d'espace sont un domaine d'investissement très important. L'expédition dans l'espace est déjà possible, mais pas très courant et comme vous pouvez le deviner, à cause des prix pour les élèves.

J'espère que ces projets prendront vie un jour et que je pourrai participer. Restez avec la science!



Träume Werden Wahr

Sude KAHRAMAN

Manchmal ist ein Traum eine kleine Sache und manchmal träumt man solch einen Traum, dass es sich anfühlt, als würde er niemals wahr werden.

Träume entwickeln unsere Fantasie und Motivation. Ohne Träume haben wir keine Ziele und keinen Weg, dem wir folgen. Der Traum eines kleinen Kindes kann ein cooles Auto sein; der Traum einer Mutter ist ihre Kinder glücklich zu sehen; bei der Vorbereitung auf die Universitätsprüfung könnte jemand davon träumen, in der besten Universität zu studieren. Jeder Traum kann sich täglich ändern und jeder Traum ist anders. Manchmal kann ein Traum etwas sein, an das ein anderer nicht einmal denken kann. Eines der wichtigsten Dinge, die Menschen voneinander trennt, ist die Vorstellungskraft.

Träume sind unsere magischen Kräfte, die unsere Seele mit Hoffnung erfüllen. Sie geben uns Kraft und Selbstvertrauen. Die Träume von jedem Menschen sind unterschiedlich und was jeder Mensch mit seinem Leben anfängt auch. Das Leben liegt in unseren Händen und wir können unsere Träume wahr werden lassen! Manchmal ist es sehr anstrengend, Träume zu verwirklichen. Man kann aufgeben, weil man denkt, dass es sowieso nicht wahr wird. In diesen Situationen sollte man träumen und darüber nachdenken, was man sich wünscht und wie schön es werden kann. Wenn man nicht aufhört, sich zu bemühen und zu träumen, wird das Leben genau so sein, wie man es wünscht und träumt. Es gibt einige Leute, die

denken, dass Träumen unnötig und bedeutungslos ist und diese Leute könnten auch unsere Träume verhindern. Ich schlage vor, dass man sich so weit wie möglich von diesen Leuten fernhält. Das ist dein Leben, vergiss das niemals. Lass nicht zu, dass andere deine Träume mit Gewalt ändern. Es wird Menschen geben, die nicht an dich glauben werden. Du solltest deine Stimmung nicht senken lassen. Halte deine Stimmung hoch. Wenn du an dich selbst glaubst, kannst du alles erreichen!

Mir ist klar, dass du alles, was ich sage, bereits weißt, aber manchmal müssen die Menschen daran erinnert werden. Wenn du verzweifelst und aufgeben willst, solltest du mit jemandem sprechen, dem du vertraust und bei dem du dich wohlfühlst. So wird dein Mut wiederhergestellt. Zum Beispiel kannst du zusammen mit deinen engsten Freunden von so vielen schönen Dingen träumen und daran denken, dass du sie verwirklichen kannst. Vielleicht ist es ein Freund, vielleicht deine Familie, vielleicht ein Fremder, den du unterwegs triffst oder ein Artikel in einer Zeitschrift, die du gelesen hast... Man weiß nie, wann und wo die Inspiration kommen wird. Aber vergiss es nicht, dass es niemanden gibt, der dich – sobald du dich motiviert hast und an dich glaubst – zurückhalten kann. Du hast nur ein Leben und dieses Leben liegt in deinen Händen. Mach, was du willst und lebe das beste Leben. Ich hoffe von ganzem Herzen, dass du deine Träume verwirklichst und das Leben, das du dir wünschst, lebst.

Langweile In Quarantäne

Merve Naz ERDOĞAN

Wegen dem Corona Virus ist die ganze Welt daheim in Quarantäne eingesperrt. Wir alle können bestätigen, dass sich die ganze Menschheit seit Beginn März 2020 sehr sehr gelangweilt fühlt. Deswegen bin ich hier, um dir ein paar Tipps darüber zu geben, was du machen kannst während du zu Hause bist.

Die Zeit, die wir haben, könnten wir nutzen:

-Um unsere Talente zu verbessern; zum Beispiel unsere Kochkünste

-Die Sachen, die du vernachlässigt hast, aufzuholen; zum Beispiel deine Hausaufgaben; deine Diät; Unterricht; deine Arbeit; ein Buch, das du lesen wolltest. Das wird dir helfen, einen freien Kopf und keine Schuldgefühle zu haben.

-Lies ein Buch, das seit langem in deinem Regal steht und du nie angerührt hast. Vielleicht wirst du es mögen oder auch nicht, versuche es auch zusammenzufassen! Oder du könntest versuchen, ein Gemälde zu malen, ein Mandala auszumalen oder eine Zeichnung von deiner Familie, deinem Hund oder von deiner Gegend zu zeichnen. Das macht

vielleicht mehr Spaß und sieht vielleicht auch echt cool aus! Nachdem du fertig bist, kannst du es aufhängen.

-Versuche Sport zu machen, zum Beispiel Yoga. Guck dir Youtube-Tutorials an, die von den Stufen, Anfänger' bis, Experte' gehen. Manche Menschen haben Vorurteile gegen Yoga. Ja, es hört sich langweilig an, aber wenn man sich daran gewöhnt, macht es mehr Spaß, als man denken würde.

Du könntest eine Sportroutine von einem bekannten Sportler oder Model ausprobieren. Versuche neue Rezepte für einen gesünderen Alltag aus. Trink mehr Wasser, davon kriegst du schönere Haut, bessere Gelenke, mehr Energie und vieles andere.

-Beschäftige dich mit Rätselspielen, zum Beispiel Puzzles, Kreuzworträtsel und Sudoku. Puzzles machen am meisten Spaß. Du hast eh schon viel Zeit, warum nicht ein 10.000 Stück Puzzle machen?

Ich hoffe sehr, dass ich helfen konnte.

Viel Spass beim Ausprobieren.



Dilge DİNÇ



Coronavirus-Impfstoff von Biontech

Gözde Seray BANABAK

Der Coronavirus hat die Welt verändert. Wir können nicht rausgehen, in Restaurants essen oder uns mit unseren Freunden treffen. Seit einem Jahr versuchen wir einen Weg zu finden und nun haben wir endlich den Weg gefunden: Der Impfstoff. Uğur Şahin, der CEO von Biontech und Özlem Türeci, die biomedizinische Wissenschaftlerin, haben den Impfstoff produziert. Dieser Impfstoff ist nicht wie andere Impfstoffe. Die Methode der Impfstoffproduktion ist die Verwendung von mRNA. Die Herstellung von Impfstoffen mit mRNA wurde bisher nicht untersucht. Die Verwendung von mRNA bedeutet, dass wir Zellen täuschen können und Impfstoffe produzieren. mRNA

Impfstoffe benutzen ein mRNA Molekül. Die Zellen in unserem Körper können nicht verstehen, ob sie zu einer bestimmten Zelle gehört oder nicht. Die Zellen übertragen dieses mRNA Molekül in Spike-Proteine. Wenn die Spike-Proteine in unserem Körper zu wandern starten, produzieren wir Antikörper. Sie schützen unsere Körper vor Covid-19. Diese Methode ist nicht eine neue Methode aber wir hatten es nicht bei der Impfstoffproduktion für Menschen versucht. Jetzt wissen wir, dass der Coronavirus nicht mehr so gefährlich für uns werden könnte wie es im Winter 2020 war. Danke an Özlem Türeci und Uğur Şahin für den Impfstoff.



Mein Traum Du bestimmst deine Zukunft

Esmanur DEVECİ

Ich hatte schon immer eine Neigung fürs Schreiben; schon als kleines Kind schrieb ich meine eigenen Geschichten, versuchte mich sogar an meinen eigenen kleinen Büchern. Aber wie es ist, ein(e) echte(r) Schriftsteller(in) zu sein, konnte ich nie wissen. Auch die Fragen, die ich mir selber immer stellte, habe ich nicht beantworten können. Deshalb habe ich mich dazu entschieden, einem Schriftsteller ein paar meiner Fragen zu stellen.

Ich habe Prof. Dr. Erdinç Yücel um ein Interview gebeten und dies waren seine Antworten auf meine Fragen:

1. War es Ihr Traum Schriftsteller zu werden?

Ehrlich gesagt, war es nie mein Traum Schriftsteller zu werden. Ich bin Wissenschaftler geworden und deshalb musste ich viele akademische Bücher und Artikel schreiben. Ich kann sagen, dass das Leben mich zu einem Schriftsteller gemacht hat.

2. Über welche Themen schreiben Sie am liebsten?

Da ich auf dem Gebiet Sprache und Kommunikation arbeite, schreibe ich auch sehr gerne über diese Themen. Ich bin der Meinung, dass diese Themen in diesem Zeitalter sehr wichtig für die Menschheit sind.

3. Was inspirierte Sie, ihr neuestes Buch „Laf, söz olunca...“ zu schreiben?

Ich habe festgestellt, dass viele Missverständnisse bei

der Kommunikation auftauchen. Ich wollte mit diesem Buch Informationen zur effektiven Kommunikation geben, damit bei der Kommunikation weniger Missverständnisse vorkommen.

4. Was war/ist Ihr Lieblingsbuch, das Sie mal gelesen haben?

Mein Lieblingsbuch, das ich mal gelesen habe, war ein Roman von dem Schweizer Schriftsteller Friedrich Dürrenmatt. Der Roman heißt „Der Richter und sein Henker“. Ich fand das Thema sehr spannend und interessant.

5. Wenn Sie schreiben, was für Emotionen fühlen Sie?

Wenn ich schreibe, dann habe ich das Gefühl, frei auf der Welt zu reisen. Beim Schreiben bin ich mit meinen Gefühlen bei dem Thema, über das ich schreibe. Ich kann nur sagen, dass mir das Schreiben sehr viel Selbstvertrauen gibt (schenkt).

6. Schreiben Sie lieber über echte Themen oder lieber über Themen, bei denen Sie ihrer Fantasie freien Lauf lassen können?

Ich bin ein Akademiker, deshalb schreibe ich lieber über echte Themen. Aber ich selbst lese natürlich auch Bücher, die mit Fantasie geschrieben sind. Im Endeffekt kann ich sagen, dass ich immer über Themen schreibe, die auch wirklich auf der Welt existieren.

Машина Времени

Tekin ÇAĞLAR

Если бы у вас была машина времени, то что бы вы сделали? куда бы вы отправились? по-моему все думают над этим вопросом «изменить прошлое или увидеть будущее ??» Если бы у меня была машина времени, я хотел бы увидеть будущее. вы, вероятно, не согласны со мной. но я хотел бы так. потому что прошлое уже прошло.

Да, я отправился в будущее и что я сделал ? Сначала я хотел бы узнать что насколько продвинулись технологии, как далеко мы продвинулись. я бы записывал всё что я изучал там чтобы рассказать когда я вернулся в настоящее. я знаю что люди не поверят мне. Несмотря на это я всё равно рассказал бы. Потом бы я хотел узнать о моей семье. кто живёт ? Кто на ком женат ? У кого есть дети ? Я думаю очень приятно даже мечтать. Потом я хотел бы узнать что пандемия ковид-19 уже закончилась ли или нет ? Что делают люди ? как живут ? Все ещё носят маску ? Надеюсь что будущее жизнь возвращается в нормальное русло. Потом бы я хотел узнать куда идёт образование Турции. Мы ходим в школу или продолжает онлайн образование. И я знаю, что это многим может показаться глупым но хотел бы узнать что возможна ли телепортация человека и есть ли летающий автомобиль уже реальность или нет в будущем.

И так, эти мои ответы на вопрос «если бы у вас была машина времени, то что бы вы сделали?»

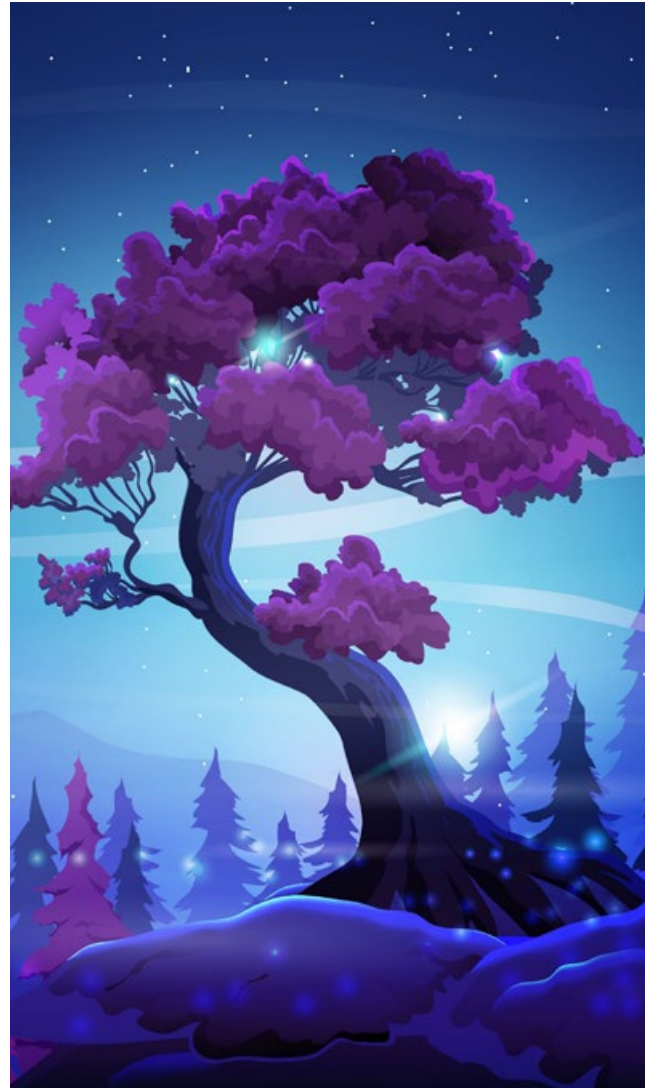


Croyez En Vos Rêves

İclal Sena ERKAYMAZ

La vie est faite de rêves. Tout fut en rêve au début. Par exemple, téléphone. Il fut juste un rêve jusqu'à Graham Bell rend réel. Peut-être que trop de gens l'ont rêvé mais un seul d'entre eux a cru en son rêve et a essayé de le réaliser. S'il ne croyait pas à son rêve, s'il ignora son rêve ; pensez-vous qu'il réussirait ? Bien sûr que non. Il ne réaliserait rien. Un autre exemple : avion. Autrefois, tout le monde avait un rêve comme voler dans le ciel mais c'était impossible, ou c'était ? Frères Wright croyaient en leurs rêves et Ils l'ont fait. Ils ont prouvé que tout est possible si vous y croyez et essayez de le rendre réel.

Beaucoup de gens rêvent de choses mais quelques-uns d'entre eux sont assez courageux pour réaliser leurs rêves. N'oubliez pas, votre futur peut être le rêve de votre présent. Alors sois courageux, croyez en vos rêves et essayez de les rendre réels. Sinon quelqu'un le fera, à ta place.







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